



**NEMAHA VALLEY
COMMUNITY HOSPITAL**
1600 Community Drive • Seneca, Kansas 66538
785-336-6181

Community Health Needs Implementation Strategy

Priority #1: Promote health, wellness, and chronic disease prevention.

- Emphasize Health education from cradle to grave
- Focus on healthy lifestyle behaviors that can be carried throughout life. For example hygiene, nutrition, exercise, ect.
- Help adults achieve a healthier lifestyle, e.g. weight loss, tobacco cessation, responsible alcohol use.

Nemaha Valley Community Hospital intends to meet the need of this priority in the following ways:

1. Form an Education Committee that's goal is to educate the community on physical and mental health issues as well as prevention methods from newborn to the elderly.
2. The committee will meet and discuss the current educational pieces that the hospital and clinic already provide and talk about potential ways to enhance them to meet the needs identified.
3. The committee will focus on new methods of reaching citizens by looking at more electronic methods specifically social media.
4. The committee will review the existing and newly developed practices on a yearly basis.

Priority #2: Improve access to mental health assistance.

- Emphasize social, emotional, and spiritual wellness in addition to physical wellness.
- Improve personal need recognition, provider response.
- Enhance access to a range of mental health services and providers.

The Nemaha Valley Community Hospital intends to meet the need of this priority in the following ways:

1. Focus on educating the public about mental health issues and available resources. Education will be provided by the hospital's Education Committee.
2. Look into the possibility and feasibility of finding additional mental health agencies or individuals to provide psychological services in our area.

Priority #3: Improve access to information and assistance across multiple needs and populations.

- Enhance follow-up case management assistance.
- Facilitate elder assistance program access.
- Facilitate family assistance program access.
- Enhance citizen awareness of existing local programs, providers, and services.

The Nemaha Valley Community Hospital is unable to meet the need of this priority due to the following reasons:

1. The scope of this priority is very large and is beyond the resources of the facility.
2. Due to the amount of work that this priority would take it would not be financially feasible nor do we have the staffing available to meet the needs.

Kathleen M O'Brien

Board Chairperson

[Signature]

CEO Nemaha Valley Community Hospital