

# Nemaha County Community Health Needs Assessment

## Nemaha Valley Community Hospital

### Executive Summary

July 2018

The Patient Protection and Affordable Care Act (PPACA) created an IRS Code in 2010 which imposes additional requirements on tax-exempt hospitals. Specifically, hospitals must complete a Community Health Needs Assessment (CHNA) at least once every three years. The CHNA must include input from persons who represent the broad interest of the community with input from persons having public health knowledge or expertise. They then must make the assessment widely available to the public and adopt a written implementation strategy to address identified community needs.

As in previous years, Sabetha Community Hospital and Nemaha Valley Community Hospital worked together to conduct the CHNA. A diverse group of Nemaha County leaders met to identify priorities and devise action strategies to best meet the needs identified. After careful consideration, local health-related priorities were established.

#### Priorities for Nemaha County

The top seven priorities identified are listed below. Specific actions and partnerships were identified and developed to address each need. This information can be found

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#### Priority #1: Mental Health (Diagnosis, Placement, Aftercare & Public Education)

*This health need is not part of hospital Mission of Critical Operations. Will partner with others as appropriate.*

- Support/ Educate hospital ER staff regarding mental health issues and available resources.
- Support mental health awareness through local media resources.
- Offer tele psych services with Free State and Stormont Vail Health.
- Promote existing mental health services, facilities, and providers.

#### Priority #2: Alcohol Abuse (focus on underage / driving)

*This health need is not part of hospital Mission of Critical Operations. Will partner with others as appropriate.*

- Provide Board member for organization.
- Provide financial support as requested for specific efforts related to activities in local schools.

### Priority #3: Cancer Care

- Collaborate with local chapters of American Cancer Society. Provide cancer screenings and awareness activities.
- Request State of Kansas Health Department to validate cancer incidences' rates. Write request letter to KS officials.
- Increase education on importance of preventive health care visits in early cancer detection and successful treatments. Collaborate with women's health providers to ensure female population is receiving yearly mammograms.
- Develop campaign to education community of ways to protect themselves from different forms of cancer such as proper sun screen usage to prevent skin cancer, smoking cessation to prevent lung cancer, etc.
- Support via education, explore opportunity for local chemotherapy. Strengthen relationship with oncology providers to expand outpatient clinics.
- Initiate initial diagnosis counseling to refer patients to resources, provide education, and serve as resource for patients.
- Participate in KU SURVIVE CANCER SURVIVORSHIP PROJECT

### Priority #4: Obesity (Healthy Foods / Exercise)

- Sponsor community activities that promote nutrition, physical fitness, outdoor activities /exercise for the entire family.
- Collaborate with local restaurants to include carb and calorie counts on their menu.
- Support current farmer's market. Encourage local produce, healthy food choices, and distribute healthy information.
- Continue to educate business and industry on the benefits of offering wellness programs for their employees.
- Continuing to develop processes which support primary care and other providers in efforts to refer patients to nutritionists and diabetic educators.

### Priority #5: Health Education (Public)

- Emphasize health education with focus on hypertension, diabetes, smoking cessation, and increased seat belt usage.
- Provide care seat safety education

### Priority #6: Substance Abuse (Meth, Marijuana, Opioids, etc.)

*This health need is not part of hospital Mission of Critical Operations. Will partner with others as appropriate.*

- Continue to monitor prescription drug abuse. Support area physicians in discouraging prescription drug abuse. Create alert system between physicians and pharmacies for drug abuse.
- Promote disregarding old prescriptions at local police departments especially opioids.
- Continue participation in Ktracks to identify abuse.
- Participate in regional efforts for opioid management.

Complete information regarding demographic data evaluated and the results of the survey initiated before participant meetings can be found in the bulk of the CHNA reports.

For more information on the 2018 Nemaha County Community Health Needs Assessment and resulting priorities established for Nemaha Valley Community Hospital please contact Kiley Floyd, CEO, Nemaha Valley Community Hospital at 785-336-6181.

#### Priority #7: Child Care

*This health need is not part of hospital Mission of Critical Operations. Will partner with others as appropriate.*

- Conduct Child Care Support education i.e., teen babysitting classes etc.
- Continue to provide support for licensure i.e., CPR classes.
- Provide education on infection prevention and child immunizations.