

## **2015 CHNA End of Assessment Summary**

Priority 1: To promote health, wellness, and chronic disease prevention.

The hospital regularly provided health and wellness education to the public through in-person talks and through social media posts to educate on health and mental health issues. NVCH also has a diabetic support group and a grief support group. NVCH has car seat technician which regularly educates the public on proper car seat usage. NVCH also plays a slide show in multiple waiting rooms and on local television which highlighted the Hospital's services and informed viewers about health-related issues. NVCH regularly conducted newspaper articles, radio ads, and a newsletter to highlight health related topics. Finally, the hospital provided education to the public through our annual Health Fair.

Priority 2: Improve access to mental health assistance.

NVCH has continued to have tele-health mental health clinics that provide psychiatry and therapy. Our current services provide psychiatry for ages 15 and up and Psychotherapy for ages 17 and up. We previously had services for younger children and are working with another group to try and get that service back to our community. The hospital has partnered with United 4 Youth and has a hospital employee serving on its board. This organization's primary focus is underage drinking, but also supports topics such as suicide awareness, distracted driving and drug use. The hospital continues to educate the public about mental health issues through social media and its newsletter.