

2021 CHNA Implementation Plan - Nemaha County (KS)

Wave #4 2021 CHNA Health Needs Tactics - Year 1 of 3 (NVCH 7/1/21 to 6/30/22) OR (SCH 1/1/22 to 12/31/22)

| n | CHNA Health Areas of Need | "Specific Actions" to Address Community Health Need or "Reasons Why Hospital Will Not" Address Need | Identified "Lead" | Identified Partners | Timeframe | Labor (Hours) | Direct Expense \$\$ |
|---|---|--|-------------------|--|-----------|---------------|---------------------|
| 1 | Access to Mental Health (Diagnosis, Placement, Aftercare & Public Education) | a Continue to educate ER staff regarding mental health delivery issues. Specifically share available resources, offer education courses to keep staff current in terms of treating mental health. | NVCH & SCH | Stormont Vail, Nemaha Health Dept., Children's Mercy, United 4 Youth | | | |
| 1 | This health need is not part of hospital Mission of Critical Operations. Will partner with others as appropriate. | b Recruit / Maintain Mental Health provider(s) to meet specific MH inventory needs as identified. Potentially expand telepsych delivery options by working closely with potential partners & staff physicians. | | | | | |
| 1 | | c Explore potential space for additional MH services within the hospital. . | | | | | |
| 1 | | d Collaborate with community elementary, middle, and high schools to educate students on mental health to begin designating mental health conditions. Continue to recruit onsite therapist and additional hrs. of service for MH | | | | | |
| 1 | | e Continue to explore / develop relationships with key community partners in the area of mental health for collective impact. Maintain additional mental health support groups @ DOH at 4 PSA Health Depts. Look into partnering with local churches for additional support. | | | | | |
| 1 | | f Continue to improve Mental Health prevention and awareness through training in Mental Health First Aid. (for Adults and Youth). Provide mental health service "first aid" training for law enforcement, schools, and other first responders in the community. | | | | | |
| 1 | | g Continue with education campaigns in schools in an effort to de-stigmatize mental health conditions and inform the community about the importance of behavioral health screenings, etc. (School training, Suicide Prevention, Webinars) | | | | | |
| 1 | | h Develop a community recruitment steering committee. Investigate use of a national recruiter to find qualified candidates | | | | | |
| 1 | | i Research / Investigate grants and grant writing to fund mental health. Use grant funding to support mental health care and mental health prevention. | | | | | |
| 1 | | j Maintain a 24-hour crisis hotline. Explore the addition of a hotline in addition to Kansa (Research the Federal hotline option). | | | | | |
| 1 | | k Secure community resources to increase awareness for mental health services in the community. Support mental health awareness through local media resources. Investigate KC Royals / BCBS programming to reduce / eliminate MH stigma. | | | | | |
| 2 | Suicide Prevention | a Continue Suicide prevention training at schools. Develop and sponsor an anti-suicide campaign for local community members. Initiate implementing an anti-bullying program at the local schools for support / prevention for the youth. | | | | | |
| 2 | This health need is not part of hospital Mission of Critical Operations. Will partner with others as appropriate. | b Develop and sponsor anti-suicide campaign in partnership with local communities. | | | | | |
| 2 | | c Continue to educate public on suicide preventions. Conduct a NEW onsite Mental Health class for those 62+ that builds awareness of services and resources. | | | | | |
| 2 | | d Provide financial support as requested for specific Suicide prevention efforts related to activities in local schools. | | | | | |

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| 3 | Affordable Housing | a Investigate grant writing to fund public / safe housing. If available, designate community lead to work to attain the necessary grant. | Nemaha Co & PSA Cities | State of KS / Federal Gov | | | |
| | This health need is not part of hospital Mission of Critical Operations. Will partner with others as appropriate. | b Create a County Housing Development Plan that would address affordable and safe housing for community residents. | | | | | |
| | | c Encourage banks to offer mortgage loans to first time home buyers or aid in improving existing homes. | | | | | |
| | | d Establish re-home store for low cost renovation items. Partner with local businesses for appliance donation options (if someone buys a new appliance, donate the old one to those who need it). | | | | | |
| | | e Explore the area and process of building a new apartment complex for young families and potentially the elderly as two separate developments. | | | | | |
| 4 | Child Care Options | a Research current area Child Care capacity with the idea of growth in mind. Report area vital statistics regarding child care providers to community. Recruit child care providers to fulfill need at those facilities. | Nemaha Co & PSA Cities | North Ridge Family Dev Ctr, PSA Employers | | | |
| 4 | This health need is not part of hospital Mission of Critical Operations. Will partner with others as appropriate. | b Collaborate with local schools, Wellness Center, churches, etc. to provide child care services for community. Include before and after-school programming. | | | | | |
| 4 | | c Conduct Child Care Support education i.e., teen babysitting classes etc. Continue to provide support for licensure i.e., CPR classes. | | | | | |
| 4 | | d Educate young families on child care community options / resources. Utilize advertising and media outlets to keep the community aware of childcare available. | | | | | |
| 4 | | e Enhance partnerships among the parents and school districts for additional child care programs. | | | | | |
| 4 | | f Explore additional support for working parents (especially single) on making enough \$\$ for child care so they can continue to work or provide available resources for assistance. | | | | | |
| 4 | | g Investigate adding autistic/special needs child care services. | | | | | |
| 4 | | h Launch AD campaign to recruit Child Care firms to county to serve PSA. | | | | | |
| 4 | | i Provide training opportunities (work shop) for local firms to start child care services. | | | | | |
| 5 | Drug & Alcohol Abuse | a Continue to expand & develop meaningful community youth activities. Continue to explore prevalent issues leading to adolescent drug abuse. Expand Drug Education Programming at local Schools focusing on alcohol/tobacco/drug education (i.e.SADD). Apply for grants to help assist with growing these resources. | United 4 Youth | Nemaha Co, PSA Schools / Cities / Liquor Stores / Law Enforcement & Clergy, NVCH, SCH, | | | |
| 5 | This health need is not part of hospital Mission of Critical Operations. Will partner with others as appropriate. | b Continue to fulfill Opioid GRANT secured for Community Planning. Pursue Opioid Implementation Grant refunding for late 2021 decision. Collaborate with law enforcement and medical providers on grant request. | | | | | |

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| 5 | | c Continue to support community substance abuse counseling. Establish / maintain a resource list for addiction treatment. (Adult & Youth). Communicate Recovery support system partners. Create or refer programs to help addicts and their families. | | | | | |
| 5 | | d Continue to offer Prescriptions Takeback Service at local police departments. Continue hospital parking lot Takeback service. | | | | | |
| 5 | | e Continue with hospital Pain Clinic services; offering homeopathic and alternative treatment options. Encourage the use of alternative therapies to reduce prescriptions of opioids. If needed. maintained up to date provider education/training. | | | | | |
| 5 | | f Explore starting a local advertisement / social media campaign to combat drug abuse and educate on the ramifications. Understand prevalent issues leading to drug abuse in the community. | | | | | |
| 5 | | g Continue to monitor prescription drug abuse (Utilizing KTRACS). Create an alert system between physicians and pharmacies for drug abuse. | | | | | |
| 5 | | h Explore options for recruiting additional substance abuse professionals to deliver care in PSA. | | | | | |
| 6 | Exercise / Fitness Options | a Maintain inventory (hours / programs) of fitness centers in Nemaha County. Continue to promote "free" fitness activities within the community - Zumba, water aerobics, family swim, etc. utilizing the community calendar and DOH social media page. | NVCH & SCH | Nemaha Dept. of Hlth, K-State Extension, PSA Nutr Ctr / Schools / 4H / Hlth Wellness Ctr / Rec Dept. / Parents as Teachers & Food Stores | | | |
| 6 | This health need is not part of hospital Mission of Critical Operations. Will partner with others as appropriate. | b Grow & expand youth physical activity programs. Create after school programs to keep youth active through Parks and Rec. | | | | | |
| 6 | | c Continue expansion for Parks & Rec to get full utilization of this new available resource. Spread awareness of this new service coming and/or create a social media page for updates, events, or classes the community can engage in. | | | | | |
| 6 | | d Explore PSA launch of new "Cheap Days" exercise program. Partner with fitness providers to reduce membership prices to community members. | | | | | |
| 6 | | e Promote current features and upcoming features to encourage community participation and usage (Walking trails, indoor and outdoor facilities). Continue cost-assistance programs to increase accessibility for community members. | | | | | |
| 6 | | f Continue to promote / provide "free and/or low cost" sports physicals / wellness examinations with school parents. | | | | | |
| 7 | Lack of "Owning Your Own Health" | a Promote Health Ed Activities using both traditional & social media to reach all populations. Use PSA websites - Continue to support nutrition / wellness education in the schools | Nemaha Dept. of Hlth, | NVCH & SCH, PSA Schools Nutr Ctr / 4H / Hlth & Wellness Ctr, K-State Extension and Highland College. | | | |
| 7 | | b Continue / restart back to school Carnival. Partner with Rec and Parks to promote these activities. Continue Health Fair activities with fair booths (& topics) etc. | | | | | |
| 7 | | c Continue with DCH screenings during "Hospital Week" and research offering private wellness testing at the hospital. | | | | | |

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| 7 | | d Cooperate with community health entities, such as County Health Department, to promote early detection and treatment for cancer, heart disease and diabetes. | | | | | |
| 7 | | e Create a Reminder Program to encourage residents to visit their providers regularly for preventative screenings. Utilize HRHS Annual House Visits through Medicare. | | | | | \$1 |
| 7 | | f Host Lunch & Learns (monthly) to educate community on Health & Wellness practices / Social Service Programs. Promote community health programs and create an effective media campaign. Consider a health articles is local readings or launch a health magazine | | | | | |
| 7 | | g Continue/ Launch County Health Department Monthly Wellness Challenge to bring people together to participate in wellness/exercise activities. | | | | | |
| 7 | | h Partner with area Fitness & Wellness Centers to promote community wellness. | | | | | |
| 8 | Youth Health Education | a Emphasize health education with focus on chronic health, smoking/tobacco/vaping, increased seat belt usage, exercise, nutrition, and sex education. | Nemaha Dept. of Hlth, | NVCH & SCH, PSA Schools Nutr Ctr / 4H / Hlth & Wellness Ctr, K-State Extension and Highland College. | | | |
| 8 | | b Continue to conduct or be involved with local "health fairs" to educate local community members on the healthcare services offered in the community. Partner with fitness and wellness centers to support, provide education, and promote community wellness | | | | | |
| 8 | | c Host learning sessions (monthly) to educate community on Health & Wellness practices / Social Service Programs. Collaborate with schools, churches, and DOH to offer health education opportunities, programs and/or health fairs. | | | | | |
| 8 | | d Partner with DOH, schools, and EMS for local CPR education/certification for adults and infants along with babysitting courses/classes. | | | | | |
| | | e Create a new community educational series focusing on cooking demos, food labels, grocery store tours, restaurants healthy meals / portions options, health fairs, classes, speakers etc. | | | | | |
| 9 | Cancer | a Collaborate with local chapters of American Cancer Society. Provide cancer screenings and awareness activities. Utilize health portals to notify patients about appropriate screenings and reminders of upcoming screenings due based on age and/or history. Collaborate with PC providers to keep them engaged with their patients on the screening upkeeps. | NVCH & SCH | Amer Cancer Soc, PSA Visiting Specialists, , Home Health, Hospice, KU Med | | | |
| | | b Increase education on importance of preventive health care visits in early cancer detection and successful treatments. Collaborate with women's health providers to ensure female population is receiving yearly mammograms. | | | | | |
| | | c Develop campaign to education community of ways to protect themselves from different forms of cancer such as proper sun screen usage to prevent skin cancer, smoking cessation to prevent lung cancer, etc. Collaborate with schools for youth education on these topics. | | | | | |
| | | d Explore opportunity for local chemotherapy services. Strengthen relationship with oncology providers to expand out patient clinics. | | | | | |
| | | e Develop best practice workflow to ensure patients get referred to the appropriate end of life care service in a timely manner. | | | | | |