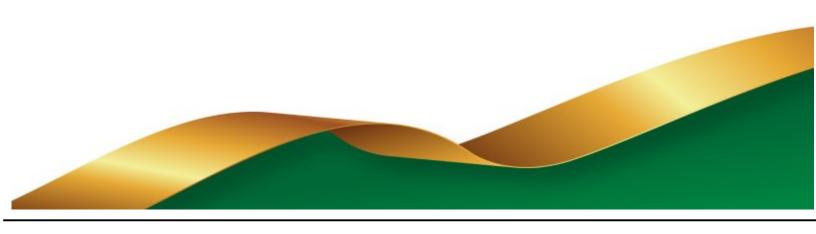


# Community Health Needs Assessment Nemaha County, KS

On Behalf of Nemaha Valley Community Hospital



**June 2024** 

VVV Consultants LLC Olathe, KS

## I. Executive Summary

[VVV Consultants LLC]

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## I. Executive Summary

[VVV Consultants LLC]

### I. Executive Summary

### Nemaha Valley Community Hospital & Sabetha Community Hospital – Nemaha County, KS - 2024 Community Health Needs Assessment (CHNA)

The previous Community Health Needs Assessment for Nemaha County, KS (on behalf of Nemaha Valley Community Hospital & Sabetha Community Hospital) was completed in 2021. (Note: The Patient Protection and Affordable Care Act (ACA) requires non-profit hospitals to conduct a CHNA every three years and adopt an implementation strategy to meet the unmet needs identified by the CHNA.

Creating healthy communities requires a high level of mutual understanding and collaboration among community leaders. The development of this assessment brings together community health leaders, providers, and other residents to research and prioritize county health needs while documenting community health delivery success. Nemaha County, KS Round #5 CHNA work began in early January of 2024 by VVV Consultants, LLC (Olathe, KS) under the direction of Vince Vandehaar, MBA. This health assessment will serve as the foundation for community health improvement efforts for the next three years.

Important community CHNA benefits for all providers are as follows: 1.) Increases knowledge of community health needs and resources 2.) Creates a common understanding of the priorities of the community's health needs 3.) Enhances relationships and mutual understanding between and among stakeholders 4.) Provides a basis upon which community stakeholders can make decisions about how they can contribute to improving the health of the community 5.) Provides rationale for current and potential funders to support efforts to improve the health of the community 6.) Creates opportunities for collaboration in the delivery of services to the community and 7.) Guides the hospital and local health department on how they can align their services and community benefit programs to best meet needs, and 8.) fulfills the Hospital's "Mission" to deliver.

### **County Health Area Summary of Future Unmet Needs**

Area Stakeholders held a community conversation to review, discuss, and prioritize health delivery. Below are two tables reflecting community views and findings:

	2024 CHNA Priorities							
	Unmet Health Needs - Nemaha Co, KS							
	on behalf of NVCH and SCH hospitals Town Hall - 04/09/24 (Attendees 44 / 163 Total Votes)							
#	Community Health Needs to Change and/or Improve	Votes	%	Accum				
1	Child Care (Affordable & Accessible)	30	18.4%	18.4%				
2	Mental Health (Diagnosis, Placement, Aftercare, Access to Providers)	23	14.1%	32.5%				
3	Housing (Affordable & Accessible)	22	13.5%	46.0%				
4	4 Substance Abuse (Drugs & Alcohol) 20 12							
5	Chronic Disease Management (Cancer, Diabetes)	17	10.4%	68.7%				
6	Obesity (Access to Healthy Foods / Exercise)	14	8.6%	77.3%				
7	Uninsured/ Underinsured 8 4.9% 82.2%							
	Total Votes 163 100%							
Other needs receiving votes: Youth Health Education, WiFi Service (increase in rural community), Health Apathy, In-home Care, Veteran & Military Care (Tri-Care), Dental Providers Accepting Medicaid, Senior Health (Geriatric), Domestic Violence.								

### **Town Hall CHNA Findings: Areas of Strengths**

	Nemaha Co, KS - Community Health Strengths								
#	Topic	#	Topic						
1	Assess to Care - Health Equity	6	Quality Hospitals (Sabetha & Seneca)						
2	Full-time EMS (Seneca) and Part-time (Sabetha)	7	Elder care: assisted living community						
3	Collaborative Industry HC support (both communities)	8	Community involvement: fundraising, etc.						
4	Self-help groups / Education Opportunites	9	Strong families						
5	Hospitals Upgrading Facilities	10	Local Employ / Strong Economic Engine						

### **Key CHNA Wave #5 Secondary Research Conclusions found:**

**KANSAS HEALTH RANKINGS:** According to the 2023 Robert Woods Johnson County Health Rankings, Nemaha Co, KS, on average was ranked 3<sup>rd</sup> in Health Outcomes, 6<sup>th</sup> in Health Factors, and 46<sup>th</sup> in Physical Environmental Quality out of the 105 Counties.

**TAB 1.** Nemaha County's population is 10,115 (based on 2023 findings). About seven percent (7.1%) of the population is under the age of 5, while the population that is over 65 years old is 19.7%. Children in single parent households make up a total of 11.6% compared to the rural norm of 15%, and 93.1% are living in the same house as one year ago.

**TAB 2.** In Nemaha County, the average per capita income is \$36,959 while 8.8% of the population is in poverty. The severe housing problem was recorded at 8% compared to the rural norm of 8%. Those with food insecurity in Nemaha County is 8.8%, and those having limited access to healthy foods (store) is 8.9%. Individuals recorded as having a long commute while driving alone is 11.5% compared to the norm of 17%.

**TAB 3.** Children eligible for a free or reduced-price lunch in Nemaha County is 29.7%. Findings found that 93.2% of Nemaha County ages 25 and above graduated from high school while 28.3% has a bachelor's degree or higher (2022).

**TAB 4.** The percentage of births where prenatal care began in the first trimester was recorded at 83% compared to the rural norm of 82.8%. Additionally, the percentage of births with low birth weight was 4.3%. Nemaha Counts recorded 2.5% of births occurring to teens between ages 15-19. The percent of births where mother smoked during pregnancy was 8.1% compared to the rural norm of 11%.

**TAB 5.** The Nemaha County primary care service coverage ratio is 1 provider (county based officed physician who is a MD and/or DO) to 779 residents. There were 2,722 preventable hospital stays in compared to the rural norm of 3,017. Patients who gave their hospital a rating of 9 or 10 (scale 0-10) was 87% while the average median time patients spent in the emergency department before leaving was 110 minutes.

### **Secondary Research Continued**

**TAB 6.** In Nemaha County, adults ever diagnosed with depression as of 2021 was 18.1%. The Mental Behavioral hospital admissions rate per 100k was 41.8 compared to the rural norm of 56.5.

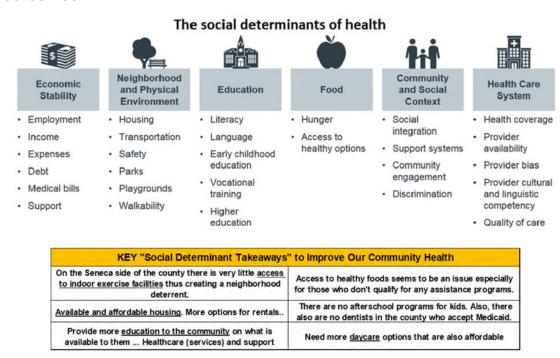
**TAB 7a – 7b.** Nemaha County has an obesity percentage of 35.1% and a physical inactivity percentage is 20.9%. The percentage of adults who smoke is 17.6%, while the excessive drinking percentage is 20.4%. The percentage of adults who have taken medication for high blood pressure is 81.2%, while their heart failure admissions rate was recorded at 18%. Those with kidney disease is 3.2% compared to the rural norm of 3.3%. The percentage of adult individuals who were recorded with cancer was 8.4% while adults recorded with diabetes (20+) is 6% compared to the rural norm of 8.2%.

**TAB 8.** The adult uninsured rate for Nemaha County is 7.8% compared to the rural norm of only 10%.

**TAB 9.** The life expectancy rate in Nemaha County for males and females is roughly 79 years of age (79.1). Alcohol-impaired driving deaths for Nemaha County is 42.9% while age-adjusted Cancer Mortality rate per 100,000 is 166.1. The age-adjusted heart disease mortality rate per 100,000 is at 122.8.

**TAB 10.** A recorded 65.4% of Nemaha County has access to exercise opportunities. Continually, 44% of women have done a mammography screening compared to the rural norm of 43.2%. Adults recorded in Nemaha County who have had a regular routine check-up is 73%.

Social Determinants Views Driving Community. From CHNA community conversation local HC Systems, Economy, and Education are driving health outcomes.



### **Key CHNA Wave #4 Primary Research Conclusions found:**

Community Feedback from residents, community leaders, and providers (N=343) provided the following community insights via an online perception survey:

- Using a Likert scale, the average between Nemaha County stakeholders and residents that would rate the overall quality of healthcare delivery in their community as either Very Good or Good; is 76%.
- Nemaha County stakeholders are very satisfied with some of the following services: Ambulance Services, Chiropractic, Dentists, Optometry, Inpatient Services, Nursing Home, Pharmacy, School Health, and Visiting Specialists.
- When considering past CHNA needs, the following topics came up as the most pressing: Child Care Options, Mental Health Services, Affordable Housing, Drug / Alcohol Abuse, Suicide Prevention, Care After Hours, Exercise / Fitness Services, Lack of "Owning Your Own Health", Cancer Care, and Youth Health Education.

	Nemaha County, KS - CHNA YR	202	4 N=3	343	
	Past CHNA Unmet Needs Identified	Ongoing Problem			Pressing
Rank	Ongoing Problem	Votes	%	Trend	Rank
1	Child Care Options	190	18.6%		1
2	Mental Health Services (Provider, Treatment, Aftercare)	174	17.0%		2
3	Affordable Housing	149	14.6%		3
4	Drug / Alcohol Abuse	81	7.9%		4
5	Suicide Prevention	63	6.2%		5
6	Care After Hours	58	5.7%		6
7	Exercise / Fitness Services	57	5.6%		7
8	Cancer Care	47	4.6%		9
9	Youth Health Education	41	4.0%		10
10	Lack of "Owning Your Own Health"	39	3.8%		8
11	Senior Housing / Activities	29	2.8%		11
12	Telehealth	24	2.3%		12
13	Transportation	22	2.2%		14
14	Dental / Optometry Access	21	2.1%		15
15	Chronic Disease Management	13	1.3%		13
16	Access to Specialists	8	0.8%		16
17	EMS	7	0.7%		17
	Totals	1432	100.0%		

# II. Methodology

[VVV Consultants LLC]

### II. Methodology

### a) CHNA Scope and Purpose

The federal Patient Protection and Affordable Care Act (ACA) requires that each registered 501(c)3 hospital conduct a Community Health Needs Assessment (CHNA) at least once every three years and adopt a strategy to meet community health needs. Any hospital that has filed a 990 is required to conduct a CHNA. IRS Notice 2011-52 was released in late fall of 2011 to give notice and request comments.

### JOB #1: Meet/Report IRS 990 Required Documentation

- 1. A <u>description of the community served</u> by the facility and how the community was determined:
- 2. A <u>description of the process</u> and methods used to conduct the CHNA;
- 3. The <u>identity of any and all organizations</u> with which the organization collaborated and third parties that it engaged to assist with the CHNA;
- **4.** A <u>description of how</u> the organization considered the input of persons representing the community (e.g., through meetings, focus groups, interviews, etc.), who those persons are, and their qualifications;
- **5.** A <u>prioritized description of all of the community needs</u> identified by the CHNA and an explanation of the process and criteria used in prioritizing such needs; and
- **6.** A <u>description of the existing health care facilities and other resources within the community available to meet the needs identified through the CHNA.</u>

Section 501(r) provides that a CHNA must take into account input from persons who represent the broad interests of the community served by the hospital facility, including individuals with special knowledge of or expertise in public health. Under the Notice, the persons consulted must also include: Government agencies with current information relevant to the health needs of the community and representatives or members in the community who are medically underserved, low-income, minority populations, and populations with chronic disease needs. In addition, a hospital organization may seek input from other individuals and organizations located in or serving the hospital facility's defined community (e.g., health care consumer advocates, academic experts, private businesses, health insurance and managed care organizations, etc.).

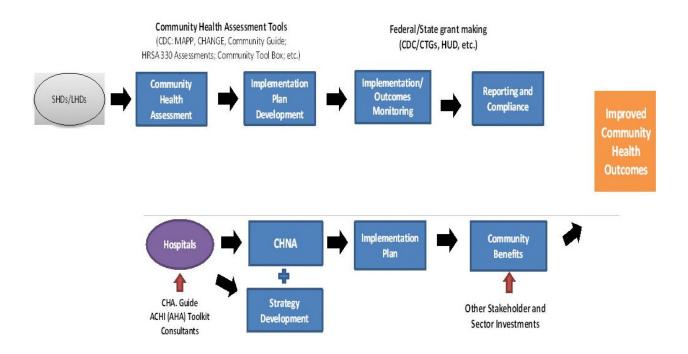
### JOB #2: Making a CHNA Widely Available to the Public

The Notice provides that a CHNA will be considered to be "conducted" in the taxable year that the written report of the CHNA findings is made widely available to the public. The Notice also indicates that the IRS intends to pattern its rules for **making a CHNA** "widely available to the **public**" after the rules currently in effect for Form 990. Accordingly, an organization would make a **facility's written report** widely available by posting the final report on its website either in the form of (1) the report itself, in a readily accessible format or (2) a link to another organization's website, along with instructions for accessing the report on that website. The Notice clarifies that an organization must post the CHNA for each facility until the date on which its subsequent CHNA for that facility is posted.

### JOB #3: Adopt an Implementation Strategy by Hospital

Section 501(r) requires a hospital organization to adopt an implementation strategy to meet the needs identified through each CHNA. The Notice defines an "implementation strategy" as a written plan that addresses each of the needs identified in a CHNA by either (1) describing how the facility plans to meet the health need or (2) identifying the health need as one that the facility does not intend to meet and explaining why the facility does not intend to meet it. A hospital organization may develop an implementation strategy in collaboration with other organizations, which must be identified in the implementation strategy. As with the CHNA, a hospital organization that operates multiple hospital facilities must have a separate written implementation strategy for each of its facilities.

Great emphasis has been given to work hand-in-hand with leaders from hospitals, the state health department and the local health department. A common approach has been adopted to create the CHNA, leading to aligned implementation plans and community reporting.



### IRS Requirements Overview (Notice 2011-52)

Notice and Request for Comments Regarding the Community Health Needs Assessment Requirements for Tax-exempt Hospitals

### Applicability of CHNA Requirements to "Hospital Organizations"

The CHNA requirements apply to "hospital organizations," which are defined in Section 501(r) to include (1) organizations that operate one or more state-licensed hospital facilities, and (2) any other organization that the Treasury Secretary determines is providing hospital care as its principal function or basis for exemption.

### How and When to Conduct a CHNA

Under Section 501(r), a hospital organization is required to conduct a CHNA for each of its hospital facilities once every three taxable years. The CHNA must take into account input from persons representing the community served by the hospital facility and must be made widely available to the public. The CHNA requirements are effective for taxable years beginning after March 23, 2012. As a result, a hospital organization with a June 30 fiscal year end must complete a CHNA full report every 3 years for each of its hospital facilities by fiscal June 30th.

### **Determining the Community Served**

A CHNA must identify and assess the health needs of the **community served** by the hospital facility. Although the Notice suggests that geographic location should be the primary basis for defining the community served, it provides that the organization may also take into account the target populations served by the facility (e.g., children, women, or the aged) and/or the facility's principal functions (e.g., specialty area or targeted disease). A hospital organization, however, will not be permitted to define the community served in a way that would effectively circumvent the CHNA requirements (e.g., by excluding medically underserved populations, low-income persons, minority groups, or those with chronic disease needs).

### **Persons Representing the Community Served**

Section 501(r) provides that a CHNA must take into account input from **persons who represent the broad interests of the community** served by the hospital facility, including individuals <u>with special knowledge of or expertise in public health</u>. Under the Notice, the persons consulted must also include: (1) government agencies with current information relevant to the health needs of the community and (2) representatives or members of medically underserved, low-income, and minority populations, and populations with chronic disease needs, in the community. In addition, a hospital organization may seek input from other individuals and organizations located in or serving the hospital facility's defined community (e.g., health care consumer advocates, academic experts, private businesses, health insurance and managed care organizations, etc.).

### **Required Documentation**

The Notice provides that a hospital organization will be required to separately document the CHNA for each of its hospital facilities in a **written report** that includes the following information: 1) a description of the community served by the facility and how the community was determined; 2) a description of the process and methods used to conduct the CHNA; 3) the identity of any and all organizations with which the organization collaborated and third parties that it engaged to assist with the CHNA; 4) a description of how the organization considered the input of persons representing the community (e.g., through meetings, focus groups, interviews, etc.), who those persons are, and their qualifications; 5) a prioritized

description of all of the community needs identified by the CHNA and an explanation of the process and criteria used in prioritizing such needs; and 6) a description of the existing health care facilities and other resources within the community available to meet the needs identified through the CHNA.

### Making a CHNA Widely Available to the Public

The Notice provides that a CHNA will be considered to be "conducted" in the taxable year that the written report of the CHNA findings is made widely available to the public. The Notice also indicates that the IRS intends to pattern its rules for making a CHNA "widely available to the public" after the rules currently in effect for Forms 990. Accordingly, an organization would make a facility's written report widely available by posting on its website either (1) the report itself, in a readily accessible format, or (2) a link to another organization's website, along with instructions for accessing the report on that website. The Notice clarifies that an organization must post the CHNA for each facility until the date on which its subsequent CHNA for that facility is posted.

### How and When to Adopt an Implementation Strategy

Section 501(r) requires a hospital organization to adopt an implementation strategy to meet the needs identified through each CHNA. The Notice defines an "implementation strategy" as a written plan that addresses each of the needs identified in a CHNA by either (1) describing how the facility plans to meet the health need, or (2) identifying the health need as one that the facility does not intend to meet and explaining why the facility does not intend to meet it. A hospital organization may develop an implementation strategy in collaboration with other organizations, which must be identified in the implementation strategy. As with the CHNA, a hospital organization that operates multiple hospital facilities must have a separate written implementation strategy for each of its facilities.

Under the Notice, an implementation strategy is considered to be "adopted" on the date the strategy is approved by the organization's board of directors or by a committee of the board or other parties legally authorized by the board to act on its behalf. Further, the formal adoption of the implementation strategy must occur by the end of the same taxable year in which the written report of the CHNA findings was made available to the public. For hospital organizations with a June 30 fiscal year end, that effectively means that the organization must complete and appropriately post its first CHNA no later than its fiscal year ending June 30, 2013, and formally adopt a related implementation strategy by the end of the same tax year. This final requirement may come as a surprise to many charitable hospitals, considering Section 501(r) contains no deadline for the adoption of the implementation strategy.

### IRS Community Health Needs Assessment for Charitable Hospital Organizations - Section 501(0(3) Last Reviewed or Updated: 21-Aug-2020

In addition to the general requirements for tax exemption under Section 501(c)(3) and Revenue Ruling 69-545hospital organizations must meet the requirements imposed by Section 501(r) on a facility-by-facility basis in order to be treated as an organization described in Section 501(c)(3). These additional requirements are:

- 1. Community Health Needs Assessment (CHNA) Section 501(r)(3),
- 2. Financial Assistance Policy and Emergency Medical Care Policy Section 501(r)(4),
- 3. Limitation on Charges Section 501(r)(5), and
- 4. Billing and Collections Section 501(r)(6).

Medically underserved populations include populations experiencing health disparities or that are at risk of not receiving adequate medical care because of being uninsured or underinsured, or due to geographic, language, financial, or other barriers. Populations with language barriers include those with limited English proficiency. Medically underserved populations also include those living within a hospital facility's service area but not receiving adequate medical care from the facility because of cost, transportation difficulties, stigma, or other barriers.

Additionally, in determining its patient populations for purposes of defining its community, a hospital facility must take into account all patients without regard to whether (or how much) they or their insurers pay for the care received or whether they are eligible for assistance under the hospital facility's financial assistance policy. If a hospital facility consists of multiple buildings that operate under a single state license and serve different geographic areas or populations, the community served by the hospital facility is the aggregate of these areas or populations.

### **Additional Sources of Input**

In addition to soliciting input from the three required sources, a hospital facility may solicit and take into account input received from a broad range of persons located in or serving its community. This includes, but is not limited to:

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Health care consumers and consumer advocates

 Nonprofit and community-based organizations

Academic experts

Local government officials

Local school districts

Health care providers and community health centers

Health insurance and managed care organizations.

Private businesses, and

Labor and workforce representatives.

Although a hospital facility is not required to solicit input from additional persons, it must take into account input received from any person in the form of written comments on the most recently conducted CHNA or most recently adopted implementation strategy.

### **Collaboration on CHNA Reports**

A hospital facility is permitted to conduct its CHNA in collaboration with other organizations and facilities. This includes related and unrelated hospital organizations and facilities, for-profit and government hospitals, governmental departments, and nonprofit organizations.

In general, every hospital facility must document its CHNA in a separate CHNA report unless it adopts a joint CHNA report. However, if a hospital facility is collaborating with other facilities and organizations in conducting its CHNA, or if another organization has conducted a CHNA for all or part of the hospital facility's community, portions of a hospital facility's CHNA report may be substantively identical to portions of the CHNA reports of a collaborating hospital facility or other organization conducting a CHNA, if appropriate under the facts and circumstances.

If two hospital facilities with overlapping, but not identical, communities collaborate in conducting a CHNA, the portions of each hospital facility's CHNA report relevant to the shared areas of their communities might be identical. So, hospital facilities with different communities, including general and specialized hospitals, may collaborate and adopt substantively identical CHNA reports to the extent appropriate. However, the CHNA reports of collaborating hospital facilities should differ to reflect any material differences in the communities served by those hospital facilities. Additionally, if a governmental public health department has conducted a CHNA for all or part of a hospital facility's community, portions of the hospital facility's CHNA report may be substantively identical to those portions of the health department's CHNA report that address the hospital facility's community.

Collaborating hospital facilities may produce a joint CHNA report as long as all of the collaborating hospital facilities define their community to be the same and the joint CHNA report contains all of the same basic information that separate CHNA reports must contain. Additionally, the joint CHNA report must be clearly identified as applying to the hospital facility.

### **Joint Implementation Strategies**

As with the CHNA report, a hospital facility may develop an implementation strategy in collaboration with other hospital facilities or other organizations. This includes but is not limited to related and unrelated hospital organizations and facilities, for-profit and government hospitals, governmental departments, and nonprofit organizations. In general, a hospital facility that collaborates with other facilities or organizations

in developing its implementation strategy must still document its implementation strategy in a separate written plan that is tailored to the particular hospital facility, taking into account its specific resources. However, a hospital facility that adopts a joint CHNA report may also adopt a joint implementation strategy. With respect to each significant health need identified through the joint CHNA, the joint implementation strategy must either describes how one or more of the collaborating facilities or organizations plan to address the health need or identify the health need as one the collaborating facilities or organizations do not intend to address. It must also explain why they do not intend to address the health need.

A joint implementation strategy adopted for the hospital facility must also: Be clearly identified as applying to the hospital facility, Clearly identify the hospital facility's role and responsibilities in taking the actions described in the implementation strategy as well as the resources the hospital facility plans to commit to such actions, and Include a summary or other tool that helps the reader easily locate those portions of the joint implementation strategy that relate to the hospital facility.

### **Adoption of Implementation Strategy**

An authorized body of the hospital facility must adopt the implementation strategy. See the discussion of the Financial Assistance Policy below for the definition of an authorized body. This must be done on or before the 15th day of the fifth month after the end of the taxable year in which the hospital facility finishes conducting the CHNA. This is the same due date (without extensions) of the Form 990.

**Acquired Facilities** A hospital organization that acquires a hospital facility (through merger or acquisition) must meet the requirements of Section 501(r)(3) with respect to the acquired hospital facility by the last day of the organization's second taxable year beginning after the date on which the hospital facility was acquired. In the case of a merger that results in the liquidation of one organization and survival of another, the hospital facilities formerly operated by the liquidated organization will be considered "acquired," meaning they will have until the last day of the second taxable year beginning after the date of the merger to meet the CHNA requirements. Thus, the final regulations treat mergers equivalently to acquisitions.

### **New Hospital Organizations**

An organization that becomes newly subject to the requirements of Section 501(r) because it is recognized as described in Section 501(c)(3) and is operating a hospital facility must meet the requirements of Section 501(r)(3) with respect to any hospital facility by the last day of the second taxable year beginning after the latter of: The effective date of the determination letter recognizing the organization as described in Section 501(c)(3), or • The first date that a facility operated by the organization was licensed, registered, or similarly recognized by a state as a hospital.

### **New Hospital Facilities**

A hospital organization must meet the requirements of Section 501(r)(3), with respect to a new hospital facility it operates by the last day of the second taxable year beginning after the date the facility was licensed, registered, or similarly recognized by its state as a hospital.

#### **Transferred/Terminated Facilities**

A hospital organization is not required to meet the requirements of Section 501(r)(3) with respect to a hospital facility in a taxable year if the hospital organization transfers all ownership of the hospital facility to another organization or otherwise ceases its operation of the hospital facility before the end of the taxable year. The same rule applies if the hospital facility ceases to be licensed, registered, or similarly recognized as a hospital by a state during the taxable year. By extension, a government hospital organization that voluntarily terminates its Section 501(c)(3) recognition as described in Rev. Proc. 2018-5 (updated annually) is no longer considered a hospital organization for purposes of Section 501(r) and therefore is not required to meet the CHNA requirements during the taxable year of its termination.

### **Public Health Criteria:**

## <u>Domain 1: Conduct and disseminate assessments focused on population health status and public health issues facing the community.</u>

Domain 1 focuses on the assessment of the health of the population in the jurisdiction served by the health department. The domain includes systematic monitoring of health status; collection, analysis, and dissemination of data; use of data to inform public health policies, processes, and interventions; and participation in a process for the development of a shared, comprehensive health assessment of the community.

### **DOMAIN 1 includes 4 STANDARDS:**

- Standard 1.1 Participate in or Conduct a Collaborative Process Resulting in a Comprehensive Community Health Assessment
- Standard 1.2 Collect and Maintain Reliable, Comparable, and Valid Data That Provide Information on Conditions of Public Health Importance and on the Health Status of the Population
- Standard 1.3 Analyze Public Health Data to Identify Trends in Health Problems, Environmental Public Health Hazards, and Social and Economic Factors That Affect the Public's Health
- Standard 1.4 Provide and Use the Results of Health Data Analysis to Develop Recommendations Regarding Public Health Policy, Processes, Programs, or Interventions

### **Required CHNA Planning Process Requirements:**

- a. Participation by a wide range of community partners.
- b. Data / information provided to participants in CHNA planning process.
- c. Evidence of community / stakeholder discussions to identify issues & themes. Community definition of a "healthy community" included along with list of issues.
- d. Community assets & resources identified.
- e. A description of CHNA process used to set priority health issues.

### **Seven Steps of Public Health Department Accreditation (PHAB):**

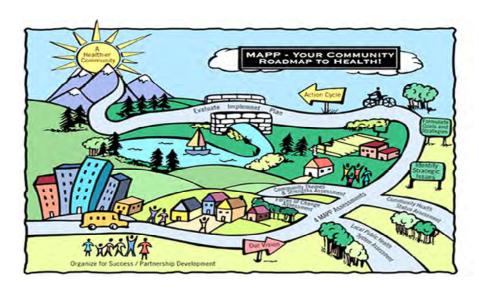
- 1. Pre-Application
- 2. Application
- 3. Document Selection and Submission
- 4. Site Visit
- 5. Accreditation Decision
- 6. Reports
- 7. Reaccreditation

### **MAPP Process Overview**

**Mobilizing for Action through Planning and Partnerships (MAPP)** is a flexible strategic planning tool for improving the health and quality of life for the community. Like most strategic planning, MAPP involves organizing partners, creating a vision and shared values, collecting data, identifying areas for improvement, and developing goals and strategies to address them. Through collaboration with partners and the community, MAPP allows us to focus our efforts and work on issues to strengthen the local public health system.

The MAPP process includes the following six phases. It's important to note that MAPP has no set end point and will continue throughout the life cycle of the Community Health Improvement Plan (CHIP).

- 1. In this first phase, **Organize for Success/Partnership Development**, various sectors of the community with established relationships are reviewed, leading to the identification of areas for partnership development and creation of new relationships to enhance the MAPP process.
- 2. In the second phase, **Visioning**, a shared community vision and common values for the MAPP process are created.
- 3. In the third phase, **Four MAPP Assessments**, data is collected from existing and new sources about the health of our community, which results in a Community Health Assessment (CHA).
- 4. In the fourth phase, **Identify Strategic Issues**, community partners and health professionals select issues based on data collected from the third phase that are critical to the local public health system and align with the vision from the second phase.
- 5. In the fifth phase, **Formulate Goals and Strategies**, potential ways to address the strategic issues are identified by the community along with the setting of achievable goals. The final result is a Community Health Improvement Plan (CHIP).
- 6. The sixth and final phase of the MAPP process is the **Action Cycle**, which is where the work happens for meeting the objectives set in the previous phase. Through these collaborative efforts, the health of the community is improved.



### **Social Determinants of Health**

What Are Social Determinants of Health?



<u>Social determinants of health (SDOH)external icon</u> are defined as the conditions in which people are born, grow, live, work, and age. SDOH are shaped by the distribution of money, power, and resources throughout local communities, nations, and the world. Differences in these conditions lead to health inequities or the unfair and avoidable differences in health status seen within and between countries.

<u>Healthy People 2030external icon</u> includes SDOH among its leading health indicators. One of Healthy People 2030's five overarching goals is specifically related to SDOH: Create social, physical, and economic environments that promote attaining the full potential for health and well-being for all.

Through broader awareness of how to better incorporate SDOH throughout the multiple aspects of public health work and the <u>10 Essential Public Health Services</u>, public health practitioners can transform and strengthen their capacity to advance health equity. Health equity means that everyone has a fair and just opportunity to be as healthy as possible. This requires removing obstacles to health, such as poverty, discrimination, and their consequences, including powerlessness and lack of access to good jobs with fair pay, quality education and housing, safe environments, and health care.

# The Joint Commission (TJC) Elements of Performance - Regulatory and Accreditation Requirements Related to Health Equity and Social Determinants of Health

New and revised TJC requirements to reduce health care disparities went into effect Jan. 1, 2023. Below are the six elements of performance.

### **Element of Performance 1:**

The organization designates an individual to lead activities aimed at reducing healthcare disparities. (Hospital Responsibility)

#### **Element of Performance 2:**

The organization assesses the patient's health-related social needs and provides information about community resources and support services. (CHNA full report- Section I and III)

Examples of health-related social needs may include the following:

- Access to transportation
- > Difficulty paying for prescriptions or medical bills.
- Education and literacy
- > Food insecurity
- Housing insecurity

### **Element of Performance 3:**

The organization identifies healthcare disparities in its patient population by stratifying quality and safety data. (CHNA Town Hall) Examples of sociodemographic characteristics may include but are not limited to the following: Age, Gender, Preferred Language, Race, and ethnicity.

#### **Element of Performance 4:**

The organization develops a written action plan that describes how it will address at least one of the healthcare disparities identified. (CHNA IMPL Development Plan)

### **Element of Performance 5:**

The organization acts when it does not achieve or sustain goal(s) in its action plan to reduce health care disparities.

### **Element of Performance 6:**

At least annually, the organization informs key stakeholders, identifying leaders, licensed practitioners, and staff, about its progress in reducing identified healthcare disparities. (Hospital Responsibility)

## II. Methodologyb) Collaborating CHNA Parties

Working together to improve community health takes collaboration. Listed below is an in-depth profile of the local hospitals along with county health department who partnered together for this CHNA report:

### Nemaha Valley Community Hospital Profile

1600 Community Drive Seneca, KS 66538 CEO: Kiley Floyd

**History:** Nemaha Valley Community Hospital (NVCH) is a small, rural, critical access hospital in Seneca, Kansas, the Nemaha County seat. NVCH has been meeting the primary needs of Nemaha County and the surrounding communities for more than 74 years. They provide services to twelve area communities including Seneca, Baileyville, Centralia, Axtell, Corning, Goff, Wetmore, Bern, Sabetha and Oneida, Dubois, and Pawnee City in Nebraska. The closest regional hospitals are in Topeka and/or Manhattan. Both are more than 75 miles away.

**Vision:** Nemaha Valley Community Hospital will be recognized as a leading independent community-based hospital committed to our patients, their families, and the communities we serve by:

- Excelling in patient centered care through strategic use of technology and personalized, compassionate care.
- Promoting the health and well-being of our communities through education and resource development.
- Creating an organizational culture based on teamwork and accountability that values professional growth and individual learning; and
- Measuring performance based on financial stability, quality scores and compliance with best practices.

**Mission:** To provide personalized, compassionate healthcare while promoting wellness in the communities we serve.

### Services:

- Asthma/Allergy
- Audiology
- Behavioral Health
- Cardiology
- Cardiac Rehab
- Dermatology
- Diabetes and Endocrinology
- Dietetics
- Ear/Nose/Throat
- Emergency
- Extended Care
- Eye Care (Ophthalmology)

- Family Practice
- Inpatient Services
- Laboratory
- Nephrology
- Neurology
- OB/GYN
- Occupational Therapy
- Oncology
- Orthopedic Care
- Pain Management
- Pharmacy
- Physical Therapy

- Podiatry
- Psychiatry
- Pulmonology
- Radiology
- Rehabilitation
- Respiratory Therapy
- Skilled Services
- Speech-Language Pathology
- Surgical CareTelehealth
- relefical
- Urology
- Wound Care

### Sabetha Community Hospital Profile

14<sup>th</sup> and Oregon Street, Sabetha, KS 66534 CEO: Dr James Longabaugh

**History:** Sabetha Community Hospital is a 25-bed Critical Access Hospital providing acute care including skilled care, obstetrics, surgical services, and observation along with a broad range of outpatient services. The Hospital has served the community since 1904. Original ownership of the Hospital was by a private physician, then by the Sisters of Saint Joseph. The City of Sabetha purchased the Hospital in 1967. In October of 2001, the hospital became a Critical Access Hospital. In 2002, the hospital purchased Sabetha Family Practice and now owns and operates the physician clinic. The Hospital is currently leased to Sabetha Community Hospital, Inc., a not-for-profit organization, which sub-leases to Great Plains Health Alliance. Great Plains is a multi-hospital management firm with offices located in Phillipsburg and Wichita, Kansas. The hospital's name is Great Plains of Sabetha, Inc. doing business as Sabetha Community Hospital.

Local medical staff consists of 5 family practice physicians and 6 mid-level providers. The Hospital and Medical Staff maintain working relationships with the closest tertiary care centers, so that transfers of complicated cases are handled smoothly. Transfer can be accomplished by ambulance or helicopter.

**Mission:** Dedicated to improving the health and well-being of our community.

### Services:

- Large Range of Outpatient Physicians coming from Topeka and surrounding areas.
- Nuclear Treadmill Testing
- X-Ray
- Echocardiography
- Osteoporosis Screening
- 24 Hour Emergency Room Service
- Inpatient Occupational Therapy
- Outpatient Occupational Therapy
- Inpatient Physical Therapy
- Outpatient Physical Therapy
- Speech Therapy
- Cardiac Rehab

- Dietary Consults
- Mobile MRI
- Occupational Assessment Services
- Nuclear Medicine
- Lab
- Ultrasound
- Labor and Delivery
- Infusion Therapy
- Digital Mammography
- Swing Bed Services
- 24-Hour Observation
- Diabetic Education
- Surgery
- In-House CT

Mental Health Services available through Kanza Mental Health in Hiawatha Kansas

### **Community Health Services Profile**

## Nemaha County Health Department Heaven Schuette, Director/ Health Officer

Address: 203 N. 8th St, Seneca, KS 66538 Phone: 785-285-8374 Fax: 785-371-1236

Email: <a href="mailto:nchd-admin@nmcoks.us">nchd-admin@nmcoks.us</a>
Medical Consultant: Jared Snyder, MD

Environ. Health Contact: Martha Smith Environ. Phone: 785-985-2778

Regional District Office: NE Trauma Region: NE

Office Hours: Mon-Fri 8:00 am-4:30 pm

## Nemaha County Comm Health Services Jill Mady - Administrator

785-284-2152 1004 Main St. Sabetha, KS 66534 & 402 Main St. Seneca, KS 66538

### **Health Care Services**

- Immunizations Adult/Child/Travel
- Communicable Disease Investigation
- Reproductive Sexual Health/Pregnancy/Medicaid
- Tuberculosis Testing and Treatment

### **Nutrition Services**

- WIC Women, Infant and Children Program
- Nutrition Education

### **Environmental Public Service Program**

- Information for Food Services Providers
- Water, Sewer, & Wastewater Information
- Water, Sewer, & Wastewater FAQs
- Health & Safety Inspections
- Flooding Preparation & Recovery
- Recreational Water Illnesses (RWI's)

### **Emergency Preparedness**

- Local, State & Federal
- Planning Summary
- Medical Reserve Corp

### **Vital Records**

- Birth & Death Certificate
- Animal Bites and Recommendations
- Blood Pressure/Blood Sugar
- Lead (Blood) Testing

### II. Methodology

### b) Collaborating CHNA Parties Continued

### **Consultant Qualifications:**

VVV Consultants LLC 601 N. Mahaffie, Olathe, KS 66061 (913) 302-7264

VVV Consultants LLC is an Olathe, KS based "boutique" healthcare consulting firm specializing in Strategy, Research and Business Development services. To date we have completed 83 unique community CHNA's in KS, MO, IA, NE and WI (references found on our website VandehaarMarketing.com

### Introduction: Who We Are **Background and Experience**





Vince Vandehaar, MBA - Principal VVV Consultants LLC - start 1/1/09 \*

- Adjunct Full Professor @ Avila & Webster Universities
- 35+ year veteran marketer, strategist and researcher Saint Luke's Health System, BCBS of KC,
- Tillinghast Towers Perrin, and Lutheran Mutual Life Central College Pelia BA and University of Northern IA MBA Hometown: Bondurant IA



Cassandra Kahl, BHS - Director, Project Management VVV Consultants LLC - Nov 2020

- University of Kansas Health Sciences
- Park University MHA
- Hometown: Maple, WI

VVV Consultants LLC (EIN 27-0253774) began as "VVV Research & Development INC" in early 2009 and converted to an LLC on 12/24/12. Web: VandehaarMarketing.com

Our Mission: to research, facilitate, train, create processes to improve market performance, champion a turnaround, and uncover strategic "critical success" initiatives.

**Our Vision:** meeting today's challenges with the voice of the market.

### **Our Values:**

**Engaged** – we are actively involved in community relations & boards.

**Reliable** – we do what we say we are going to do.

**Skilled** – we understand business because we've been there.

**Innovative** – we are process-driven & think "out of the box".

**Accountable** – we provide clients with a return on investment.

### II. Methodology

### c) CHNA and Town Hall Research Process

Wave #5 Community Health Needs Assessment (CHNA) process began in January 2024 for both Nemaha Valley Community Hospital and Sabetha Community Hospital located in Nemaha County, KS to meet Federal IRS CHNA requirements.

In early January 2024, a Kickoff meeting was requested by both hospital CEOs to review CHNA collaborative options. <Note: VVV Consultants LLC from Olathe, KS was asked to facilitate this discussion with the following agenda: VVV CHNA experience, review CHNA requirements (regulations), and discuss CHNA steps/options to meet IRS requirements and discuss next steps.> Outcomes from this leader discussion led to requesting VVV Consultants LLC to complete a CHNA IRS-aligned comprehensive report.

### **VVV CHNA Deliverables:**

- Document Hospital Primary Service Area meets the 80-20 Patient Origin Rule.
- Uncover/document basic secondary research county health data, organized by 10 tabs.
- Conduct / report CHNA Community Check-in Feedback Findings (primary research).
- Conduct a Town Hall meeting to discuss with the community secondary & primary data findings leading to determining (prioritizing) county health needs.
- Prepare & publish a CHNA report that meets ACA requirements.

To ensure proper PSA Town Hall representation (that meets the 80-20 Patient Origin Rule), a patient origin three-year summary was generated documenting patient draw by zips as seen below:

NV	CH- Def	ined Primar	KHA (IP/ER/OP) FFY21-23			
#	ZIP	City	County	Total 3YR	%	ACCUM
1	66538	Seneca	Nemaha	40,208	58.4%	61.2%
2	66404	Baileyville	Nemaha	5,311	7.7%	68.9%
3	66403	Axtell	Marshall	5,136	7.5%	76.4%
4	66415	Centralia	Nemaha	3,469	5.0%	81.4%

To meet IRS aligned CHNA requirements and meet Public Health accreditation criteria stated earlier, a four-phase methodology was followed:

### Phase I—Discovery:

Conduct a 30-minute conference call with the CHNA county health department and hospital clients. Review / confirm the CHNA calendar of events, explain / coach clients to complete the required participant database, and schedule / organize all Phase II activities.

### Phase II—Qualify Community Need:

A) Conduct secondary research to uncover the following historical community health status for the primary service area. Use Kansas Hospital Association (KHA), Vital Statistics, Robert Wood Johnson County Health Rankings, etc. to document current state of county health organized as follows:

Health	Indicators - Secondary Research
TAB 1. De	emographic Profile
TAB 2. Ec	onomic Profile
TAB 3. Ed	lucational Profile
TAB 4. Ma	aternal and Infant Health Profile
TAB 5. Ho	ospital / Provider Profile
TAB 6. Be	ehavioral / Mental Health Profile
TAB 7. Hi	gh-Risk Indicators & Factors
TAB 8. Ur	ninsured Profile
TAB 9. Mo	ortality Profile
<b>TAB 10. P</b>	reventative Quality Measures

### Phase III—Quantify Community Need:

Conduct a 90-minute Town Hall meeting with required community primary service area residents. At each Town Hall meeting, CHNA secondary data will be reviewed, facilitated group discussion will occur and a group ranking activity to determine the most important community unmet health needs was administered.

### <u>Phase IV—Complete Data Analysis and Create Comprehensive Community Health Needs Assessment:</u>

Complete full documentation to create each CHNA section documented in the Table of Contents. Publish hard copy reports (2) for client usage plus create a full CHNA report pdf to be posted on the hospital website to meet government CHNA regulation criteria.

## Specific project CHNA roles, responsibilities, and timelines are documented in the following calendar.

# Nemaha County, Kansas VVV CHNA Round #5 Work Plan - Year 2024

Sabetha Community Hospital & Nemaha Valley Community Hospital

	Sabetha Community Hospital & Nemaha Valley Community Hospital						
		Proj	ect Timeline & Roles as of 01/19/24				
Step	Timeframe	Lead	Task				
1	9/1/2023	VVV / Hosp	Sent Leadership information regarding CHNA Round #5 for review 9/1/23. Zoom Overview meeting 10/12/23				
2	9/6/2023	Hosp	Select CHNA Round #5 Option B. Approve (sign) VVV CHNA quote				
3	1/15/2024	WV	Hold Kick-off Meeting & Request Hospital Client to send KHA PO reports for FFY 18, 19 and 20. In addition, request hospital to complete 3 year historical PSA IP/OP/ER/Clinic patient origin file (Use ZipPSA_3yrPOrigin.xls)				
4	1/15/2024	WV	Send out <b>REQComminvite Excel</b> file. HOSP & HLTH Dept to fill in PSA Stakeholders Names /Address /Email				
5	1/15/2024	WV	Prepare CHNA Round #5 Stakeholder Feedback "online link". Send link for hospital review.				
6	Jan-March 2024	VVV	Assemble & complete Secondary Research - Find / populate 10 TABS.  Create Town Hall ppt for presentation.				
7	2/1/2024	VW/ Hosp	Prepare/send out PR story # 1 / E Mail Request announcing upcoming CHNA work to CEO to review/approve.				
8	2/5/2024	VVV/ Hosp	Place PR story to local media CHNA survey announcing "online CHNA Round #5 feedback". Request public to participate. Send E Mail request to local stakeholders				
9	2/9/2024	WV	Launch / conduct online survey to stakeholders: Hospital will e-mail invite to participate to all stakeholders. Cut-off 3/08/2024 for Online Survey				
10	3/15/2024	Hosp	Prepare/send out Community TOWN HALL invite letter and place local AD.				
11	3/15/2024	WW/ Hosp	Prepare/send out PR story #2 to local media announcing upcoming Town Hall. VVV will mock-up PR release to media sources.				
12	4/3/2024	ALL	Conduct conference call (Wed. 4/3 am TBD) with Hospital / Public HLTH to review Town Hall data / flow				
13	Tuesday 4/09/2024	VVV	Conduct CHNA Town Hall. <b>Lunch 11:30-1pm</b> (Meadowlark, K State extension) Review & Discuss Basic health data plus RANK Health Needs.				
14	On or Before 05/14/2024	VVV	Complete Analysis - Release Draft 1- seek feedback from Leaders (Hospital & Health Dept.)				
15	On or Before 05/21/2024	WV	Produce & Release final CHNA report. Hospital will post CHNA online (website).				
16	Early May TBD	Hosp	Conduct Client Implementation Plan PSA Leadership meeting				
17	On or Before 6/30/24	Hosp	Hold Board Meetings discuss CHNA needs, create & adopt an implementation plan. Communicate CHNA plan to community.				



### **Community Health Needs Assessment (CHNA) Onsite Town Hall Discussion Agenda**

- Opening Welcome / Introductions / Review CHNA Purpose and Process (5 mins)
- Discuss New Focus: Social Determinants of Health (5 mins)
- > Review Current Service Area "Health Status"

Review Secondary Health Indicator Data (10 TABs) Review Community Online Feedback (30 mins)

> Collect Community Health Perspectives

Share Table Reflections to verify key takeaways Conduct an Open Community Conversation / Stakeholder Vote to determine the Most Important Unmet Needs (45 mins)

Close / Next Steps (5 mins)

2

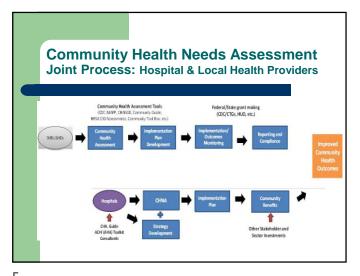
### **Town Hall Participation / Purpose** & Parking Lot

- ALL attendees practice "Safe Engagement", working together in table teams.
- · ALL attendees are welcome to share. Engaging conversation (No right or wrong answer)
- Request ALL to Take Notes of important health indicators
- Please give truthful responses Serious community conversation.
- Discuss (Speak up) to uncover unmet health needs
- Have a little fun along the way

**System of Care Delivery** Birth to Grave (SG2) Acuity Acute **Health Areas:** Care Community-Based > Physical Care > Mental > Spiritual > Social well-being Recovery & Rehab Care atient; SNF = skilled nursing facility; OP = outpatien

3 4

26



II. Review of a CHNA

A Conversation with the Community &

- What is a Community Health Needs Assessment (CHNA)..?
  - $\label{thm:condition} Systematic collection, assembly, analysis, and dissemination of information about the health of the community.$
- A CHNA's role is to....
  - <u>Identify</u> factors that affect the health of a population and <u>determine</u> the availability of resources to adequately address those factors.
- Purpose of a CHNA Why Conduct One?
  - Determine health-related trends and issues of the community Understand / evaluate health delivery programs in place.

  - Meet Federal requirements both local hospital and health department
  - Develop Implementation Plan strategies to address unmet health needs (4-6 weeks after Town Hall)

5

6

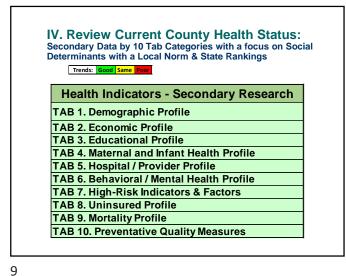
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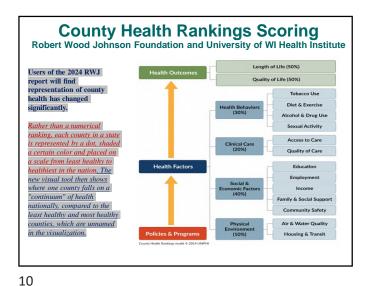
### **CHNA Written Report Documentation to meet IRS 990 CHNA Requirements: Table of Contents**

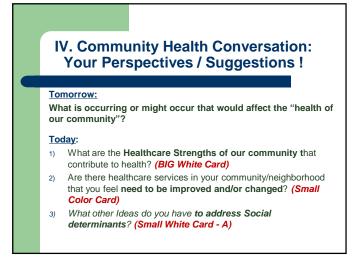
- . A description of the community served
- A description of the CHNA process
- The identity of any and all organizations and third parties which collaborated to assist with the CHNA
- . A description of how the organization considered the input of persons representing the community (e.g., through meetings, focus groups, interviews, etc.), who those persons are, and their qualifications
- A prioritized description of all of the community needs identified by the CHNA.
- A description of the existing healthcare facilities and other resources within the community available to meet the needs identified through the CHNA

Social Determinants of Health Neighborhood and Built Environment Social determinants of health are the conditions in the places where people live, learn, work, play, and worship that affect a wide range of health risks and outcomes. Health equity is when everyone has the opportunity to attain their full health potential, and no one is disadvantaged from achieving this potential because of their social position or other socially determined circumstances TASK A: Your Initial Thoughts on SDoH? (Small White Card)

7









### **Data & Benchmarks Review**

Community health assessments typically use both primary and secondary data to characterize the health of the community:

- **Primary data** are collected first-hand through surveys, listening sessions, interviews, and observations.
- **Secondary data** are collected by another entity or for another purpose.
- Indicators are secondary data that have been analyzed and can be used to compare rates or trends of priority community health outcomes and determinants.

Data and indicator analyses provide descriptive information on demographic and socioeconomic characteristics; they can be used to monitor progress and determine whether actions have the desired effect. They also characterize important parts of health status and health determinants, such as behavior, social and physical environments, and healthcare use.

Community health assessment indicators should be.

- Methodologically sound (valid, reliable, and collected over time)
- Feasible (available or collectable)
- Meaningful (relevant, actionable, and ideally, linked to evidence-based interventions)
- Important (linked to significant disease burden or disparity in the target community)

Jurisdictions should consider using data and indicators for the smallest geographic locations possible (e.g., county-, census block-, or zip code-level data), to enhance the identification of local assets and gaps.

Local reporting (County specific) sources of community-health level indicators:

CHNA Detail Sources					
Quick Facts - Business					
Centers for Medicare and Medicaid Services					
CMS Hospital Compare					
County Health Rankings					
Quick Facts - Geography					
Kansas Health Matters					
Kansas Hospital Association (KHA)					
Quick Facts - People					
U.S. Department of Agriculture - Food Environment Atlas					
U.S. Center for Disease Control and Prevention					

### Sources of community-health level indicators:

County Health Rankings and Roadmaps

The annual Rankings measure vital health factors, including high school graduation rates, obesity, smoking, unemployment, access to healthy foods, the quality of air and water, income inequality, and teen births in nearly every county in America. They provide a snapshot of how health is influenced by where we live, learn, work and play.

• Prevention Status Reports (PSRs)

The PSRs highlight—for all 50 states and the District of Columbia—the status of public health policies and practices designed to prevent or reduce important public health problems.

Behavioral Risk Factor Surveillance System

The world's largest, ongoing telephone health survey system, tracking health conditions and risk behaviors in the United States yearly since 1984. Data is collected monthly in all 50 states, the District of Columbia, Puerto Rico, the US Virgin Islands, and Guam.

- The <u>Selected Metropolitan/ Micropolitan Area Risk Trends</u> project was an outgrowth of BRFSS from the increasing number of respondents who made it possible to produce prevalence estimates for smaller statistical areas.
- <u>CDC Wonder</u> Databases using a rich ad-hoc query system for the analysis of public health data. Reports and other query systems are also available.
- <u>Center for Applied Research and Engagement Systems external icon</u>

Create customized interactive maps from a wide range of economic, demographic, physical and cultural data. Access a suite of analysis tools and maps for specialized topics.

Community Commons external icon

Interactive mapping, networking, and learning utility for the broad-based healthy, sustainable, and livable communities' movement.

Dartmouth Atlas of Health Care external icon

Documented variations in how medical resources are distributed and used in the United States. Medicare data used to provide information and analysis about national, regional, and local markets, as well as hospitals and their affiliated physicians.

Disability and Health Data System

Interactive system that quickly helps translate state-level, disability-specific data into valuable public health information.

Heart Disease and Stroke Prevention's Data Trends & Maps

View health indicators related to heart disease and stroke prevention by location or health indicator.

National Health Indicators Warehouse external icon

Indicators categorized by topic, geography, and initiative.

US Census Bureau external icon

Key source for population, housing, economic, and geographic information.

US Food Environment Atlas external icon

Assembled statistics on food environment indicators to stimulate research on the determinants of food choices and diet quality, and to provide a spatial overview of a community's ability to access healthy food and its success in doing so.

- Centers for Medicare & Medicaid Services Research and Data Clearinghouse external icon Research, statistics, data, and systems.
- Environmental Public Health Tracking Network

System of integrated health, exposure, and hazard information and data from a variety of national, state, and city sources.

Health Research and Services Administration Data Warehouse external icon

Research, statistics, data, and systems.

Healthy People 2030 Leading Health Indicators external icon

Twenty-six leading health indicators are organized under 12 topics.

Kids Count external icon

Profiles the status of children on a national and state-by-state basis and ranks states on 10 measures of well-being; includes a mobile site external icon.

National Center for Health Statistics

Statistical information to guide actions and policies.

Pregnancy Risk Assessment and Monitoring System

State-specific, population-based data on maternal attitudes and experiences before, during, and shortly after pregnancy.

Web-based Injury Statistics Query and Reporting System (WISQARS)

Interactive database system with customized reports of injury-related data.

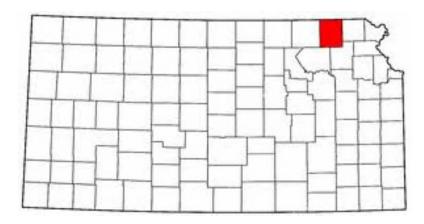
Youth Risk Behavior Surveillance System

Monitors six types of health-risk behaviors that contribute to the leading causes of death and disability among youth and adults.

### II. Methodology

### d) Community Profile (A Description of Community Served)

### Nemaha County (KS) Community Profile



**Demographics** 

The population of Nemaha County was estimated to be 10,454 citizens in 2017, and only had a 0.37% change in population from 2010–2017. The county covers 718 square miles and this area includes Maxwell Spring and Albany Hill. The county has an overall population density of 15 persons per square mile. The county is located in Northern/Eastern Kansas with agriculture, educational, health and social service industries providing the most employment. The county was founded in 1855 and the county seat is Seneca<sup>1</sup>.

**Nemaha County, Kansas, one of the original 33 counties** established by the territorial legislature in 1855, was named after the Nemaha River, meaning "no papoose" or "muddy water." The county's early history is notable for its role in various trails, with many immigrants traveling through it in the 1840s and 1850s en route to the Oregon Trail, as well as military and stagecoach routes, including the Pony Express and Lane's Trail.<sup>3</sup>

**The major highway transportation** access to Nemaha County is U.S. Highway 75, which runs north/south and is east of the county. U.S. Highway 36 runs East—West and is north of the county. Also, Nebraska Highways 62,67 and 105 connect the larger cities in the county.

### Nemaha County KS Airports<sup>2</sup>

Name	USGS Topo Map			
Flying H Airport	Seneca			
Heinen Airport	Seneca			
Seneca Municipal Airport	Seneca			

<sup>&</sup>lt;sup>1</sup> http://www.city-data.com/county/Nemaha\_County-KS.html

<sup>&</sup>lt;sup>2</sup> https://kansas.hometownlocator.com/features/cultural,class,airport,scfips,20131.cfm

<sup>&</sup>lt;sup>3</sup> https://legendsofkansas.com/nemaha-county

### **Schools in County:**

### Public Schools<sup>4</sup>

Name	Level		
Centralia High School	High		
Nemaha Central	High		
Sabetha High School	High		
Sabetha Middle School	Middle		
Nemaha Central Elem and Middle	Elementary/Middle		
Centralia Elem	Primary		
Sabetha Elem	Primary		

### Private Schools<sup>5</sup>

Name	Level
Prairie Meadows	Elementary
Sts. Peter and Paul School	Elementary

### Parks, Lakes, and Amenities<sup>6</sup>

Name	USGS Topo Map
Nemaha County State Park	Seneca
Nemaha State Fishing Lake and Wildlife	Seneca
Sabetha Lake	Sabetha
Pony Creek Lake	Sabetha
Centralia Lake	Centralia

https://www.publicschoolreview.com/kansas/nemaha-county
 https://www.publicschoolreview.com/kansas/nemaha-county/private
 https://kansas.hometownlocator.com/features/cultural,class,park,scfips,20131.cfm

	Nemaha Co (KS) - Detail Demographic Profile									
				Popul	Population		Households			
								Year	HH Avg	
ZIP	NAME	ST	County	Year 2023	Year 2028	5yr CHG	Year 2023	2028	Size23	Per Capita23
66404	Baileyville	KS	NEMAHA	534	523	-2.1%	200	199	2.67	\$40,510
66408	Bern	KS	NEMAHA	361	357	-1.1%	160	160	2.3	\$48,590
66415	Centralia	KS	NEMAHA	833	822	-1.3%	328	326	2.5	\$35,483
66417	Corning	KS	NEMAHA	482	477	-1.0%	169	168	2.9	\$33,683
66428	Goff	KS	NEMAHA	412	411	-0.2%	150	150	2.8	\$35,342
66522	Oneida	KS	NEMAHA	34	37	8.8%	9	10	3.8	\$27,909
66534	Sabetha	KS	NEMAHA	3,669	3,621	-1.3%	1,436	1,430	2.5	\$34,511
66538	Seneca	KS	NEMAHA	3,439	3,458	0.6%	1,405	1,429	2.4	\$41,659
66550	Wetmore	KS	NEMAHA	532	523	-1.7%	216	214	2.5	\$39,152
	Tota	ls		9,762	9,706	0.3%	3,873	3,887	2.7	\$37,041

				Population				Year 2020		Females
ZIP	NAME	ST	County	Pop 21+	Pop. 65+	Kids<18	Gen Y	Males	Females	Age 20-35
66404	Baileyville	KS	NEMAHA	394	92	134	112	284	250	76
66408	Bern	KS	NEMAHA	281	68	78	85	184	177	65
66415	Centralia	KS	NEMAHA	619	189	206	196	448	385	123
66417	Corning	KS	NEMAHA	358	86	121	115	247	235	76
66428	Goff	KS	NEMAHA	308	71	101	117	220	192	65
66522	Oneida	KS	NEMAHA	23	7	11	8	18	16	3
66534	Sabetha	KS	NEMAHA	2656	860	969	816	1,810	1859	541
66538	Seneca	KS	NEMAHA	2652	878	759	776	1,741	1698	545
66550	Wetmore	KS	NEMAHA	405	102	122	146	298	234	92
	Totals				2,353	2,501	2,371	5,250	5,046	1,586

				Population 2020				Year 2023		
ZIP	NAME	ST	County	White%	Black%	Asian%	Hispan%	Housing Units	% Rentals	Soc Econ Index
66404	Baileyville	KS	NEMAHA	96.3%	0.4%	0.0%	1.5%	213	32%	60
66408	Bern	KS	NEMAHA	97.0%	0.3%	0.0%	0.8%	195	16%	77
66415	Centralia	KS	NEMAHA	93.9%	0.1%	0.1%	3.0%	367	13%	55
66417	Corning	KS	NEMAHA	95.4%	0.0%	0.0%	3.1%	179	9%	61
66428	Goff	KS	NEMAHA	95.1%	0.2%	0.0%	0.7%	176	14%	58
66522	Oneida	KS	NEMAHA	100.0%	0.0%	0.0%	0.0%	17	18%	77
66534	Sabetha	KS	NEMAHA	92.8%	1.1%	0.9%	2.4%	1,591	26%	57
66538	Seneca	KS	NEMAHA	94.6%	0.6%	0.1%	3.8%	1,544	19%	59
66550	Wetmore	KS	NEMAHA	93.8%	0.0%	0.4%	1.3%	251	18%	61
Totals				95.4%	0.3%	0.2%	1.9%	4,533	18.3%	63

Source: ERSA Demographics 2023

## III. Community Health Status

[VVV Consultants LLC]

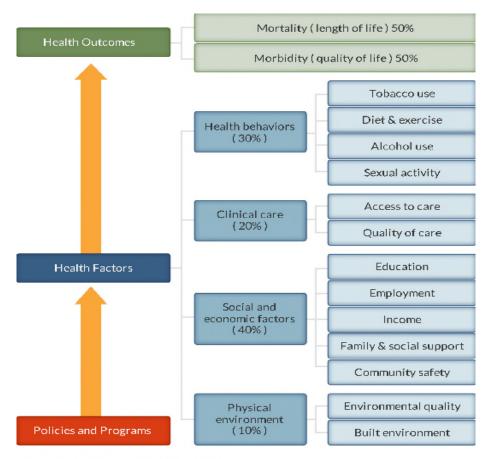
### **III. Community Health Status**

### a) Historical Health Statistics- Secondary Research

### **Health Status Profile**

This section of the CHNA reviews published quantitative community health indicators from public health sources and results of community primary research. To produce this profile, VVV Consultants LLC staff analyzed & trended data from multiple sources. This analysis focuses on a set of published health indicators organized by ten areas of focus (10 TABS), results from the 2020 RWJ County Health Rankings and conversations from Town Hall participates. <u>Each table published reflects a Trend column, with GREEN denoting growing/high performance indicators, YELLOW denoting minimal change/average performance indicators and RED denoting declining/low performance indicators.</u>

Note: The Robert Wood Johnson Foundation collaborates with the University of Wisconsin Population Health Institute to release annual *County Health Rankings*. As seen below, RWJ's model uses a number of health factors to rank each county.



County Health Rankings model @2012 UWPHI

# National Research – Year 2023 RWJ Health Rankings:

#	2023 KS Rankings - 105 Counties	Definitions	Nemaha County 2024	Nemaha County 2021	Trend	NECKS Norm (N=20)
1	Health Outcomes		3	8		38
	Mortality	Length of Life	4	16		34
	Morbidity	Quality of Life	4	5		43
2	Health Factors		6	5		50
	Health Behaviors	Tobacco Use, Diet/Exercise, Alcohol Use, Sexual Activitiy	16	49	+	50
	Clinical Care	Access to care / Quality of Care	10	10		39
	Social & Economic Factors	Education, Employment, Income, Family/Social Support, Community Safety	4	3		48
3	Physical Environment	Environmental quality	46	39	-	72
NI	ECKS Counties: Anderson, Atchison,	Brown, Chase, Coffey, Doniphan, Franklin, Gr Morris, Nemaha, Osage. Pottawatomie, Rile			inn, Lyon,	Miami, Marshall,

http://www.countyhealthrankings.org, released 2023

# **PSA Secondary Research:**

When studying community health, it is important to document health data by topical areas for primary service area (PSA). Below is a summary of key findings organized by subject area.

Note: Each Tab has been trended to reflect County trends to NORM.

Health Indicators - Secondary Research
TAB 1. Demographic Profile
TAB 2. Economic Profile
TAB 3. Educational Profile
TAB 4. Maternal and Infant Health Profile
TAB 5. Hospital / Provider Profile
TAB 6. Behavioral / Mental Health Profile
TAB 7. High-Risk Indicators & Factors
TAB 8. Uninsured Profile
TAB 9. Mortality Profile
TAB 10. Preventative Quality Measures

# Tab 1: Demographic Profile

Understanding population and household make-up is vital to start CHNA evaluation.

1		Population Health Indicators	Nemaha County 2024	Nemaha County 2021	Trend	State of KS	NECKS Norm (N=20)	Source
	а	Population estimates, 2020-2022	10,115	10,231		2,936,716	17,335	People Quick Facts
	b	Persons under 5 years, percent, 2020-2022	7.1%	7.7%		6.0%	5.6%	People Quick Facts
	С	Persons 65 years and over, percent, 2020-2022	19.7%	20.0%		17.2%	20.4%	People Quick Facts
	d	Female persons, percent, 2020-2022	48.5%	49.4%		49.8%	49.3%	People Quick Facts
	е	White alone, percent, 2020-2022	96.2%	96.6%		85.9%	92.5%	People Quick Facts
	f	Black or African American alone, percent, 2020-2022	0.9%	0.8%		6.2%	1.9%	People Quick Facts
		Hispanic or Latino, percent, 2020-2022	2.4%	2.3%		13.0%	5.7%	People Quick Facts
	h	Language other than English spoken at home, percent of persons age 5 years+, 2017-2021	2.7%	2.2%		11.8%	17.8%	People Quick Facts
	-	Living in same house 1 year ago, percent of persons age 1 year+, 2017-2021	93.1%	91.4%		84.4%	74.4%	People Quick Facts
	j	Children in single-parent households, percent, 2017-2021	11.6%	17.9%	+	21.0%	18.0%	County Health Rankings
	k	Veterans, 2017-2021	482	351		163,472	1,141	People Quick Facts

#### Tab 2: Economic Profile

Monetary resources will (at times) drive health "access" and self-care.

2		Economic - Health Indicators	Nemaha County 2024	Nemaha County 2021	Trend	State of KS	NECKS Norm (N=20)	Source
	а	Per capita income in past 12 months (in 2021 dollars), 2017-2021	\$36,959	\$23,415	+	\$38,108	33,718	People Quick Facts
	b	Persons in poverty, percent, 2020-2022	8.8%	8.8%		12.0%	11.3%	People Quick Facts
	С	Total Housing units, 2022	4,508	4,613		1,292,622	7,740	People Quick Facts
	d	Persons per household, 2017-2021	2.5	3.2		2.5	2.5	People Quick Facts
	е	Severe housing problems, percent, 2015-2019	8.0%	8.3%		12.5%	11.0%	County Health Rankings
	f	Total employer establishments, 2021	369	369		75,057	401	Business Quick Facts
	g	Unemployment, percent, 2021	1.8%	2.3%		3.2%	2.8%	County Health Rankings
	h	Food insecurity, percent, 2020	8.8%	11.7%	+	9.7%	10.5%	County Health Rankings
	i	Limited access to healthy foods, percent, 2019	8.9%	5.1%	-	8.4%	11.3%	County Health Rankings
	j	Long commute - driving alone, percent, 2017- 2021	11.5%	15.8%	+	21.7%	32.6%	County Health Rankings
	k	Community Spending on Food, 2023 **	13.0%	NA		12.7%	13.2%	Kansas Health Matters
	ı	Community Spending on Transportation, 2023 *	19.6%	NA		18.1%	19.8%	Kansas Health Matters
	m	Households With Internet Sub (2017-2021) **	81.8%	NA		86.7%	81.9%	Kansas Health Matters
	n	Student Loan Spending-to-Income, 2023 **	4.7%	NA		4.6%	4.8%	Kansas Health Matters

<sup>\*\*</sup>New Social Determinant Data Resources

#### Tab 3: Educational Profile

Currently, school districts are providing on-site primary health screenings and basic care.

3		Education - Health Indicators	Nemaha County 2024	Nemaha County 2021	Trend	State of KS	NECKS Norm (N=20)	Source
	l a	Children eligible for free or reduced price lunch, percent, 2020-2021	29.7%	31.0%		48.0%	42.3%	County Health Rankings
		High school graduate or higher, percent of persons age 25 years+, 2017-2021	93.2%	75.9%	+	91.0%	93.4%	People Quick Facts
		Bachelor's degree or higher, percent of persons age 25 years+, 2017-2021	28.3%	14.7%	+	34.7%	25.4%	People Quick Facts

#	Nemaha County KS -School Health Indicators	Nemaha Central USD 115	Sabetha USD 113	Centralia USD 380
1	Total # Public School Nurses	1	1.4	1
2	School Nurse is part of the IEP team Yes/No	yes	YES	yes if needed
3	School Wellness Plan (Active)	yes	Yes	yes
4	VISION: # Screened / Referred to Prof / Seen by Professional	475/34/21	412/16/?	238/9/5
5	HEARING: # Screened / Referred to Prof / Seen by Professional	471/1/0	410/0	196/4/3
6	ORAL HEALTH: # Screened / Referred to Prof / Seen by Professional	484/112/NA	18/2/?	294/23/1
7	SCOLIOSIS: # Screened / Referred to Prof / Seen by Professional	0	0	0
8	# of Students served with no identified chronic health concerns	603	912	265
9	School has a suicide prevention program	yes	YES	yes
10	Compliance on required vaccincations (%)	98%	90%	98%

Tab 4: Maternal / Infant Profile

4		Maternal/Infant - Health Indicators (Access/Quality)	Nemaha County 2024	Nemaha County 2021	Trend	State of KS	NECKS Norm (N=20)	Source
	а	Percent of Births Where Prenatal Care began in First Trimester, 2019-2021	83.0%	83.1%	+	81.3%	80.0%	Kansas Health Matters
	b	Percentage of Premature Births, 2019-2021	7.6%	6.2%		9.1%	9.2%	Kansas Health Matters
	С	Percent of Infants up to 24 months that received full Immunizations, 2017-2018	83.3%	74.6%	+	69.2%	73.4%	Kansas Health Matters
	d	Percent of Births with Low Birth Weight, 2019- 2021	4.3%	6.2%		7.3%	6.5%	Kansas Health Matters
	е	Percent of all Births Occurring to Teens (15-19), 2019-2021	2.5%	3.9%		5.5%	4.3%	Kansas Health Matters
	f	Percent of births Where Mother Smoked During Pregnancy, 2019-2021	8.1%	9.8%		10.0%	11.0%	Kansas Health Matters
	g	Child Care Centers per 1,000 Children, 2010-22**	8.3	NA		7.0	6.6	County Health Rankings

Tracking maternal / infant care patterns are vital in understanding the foundation of family health.

#	Vital Satistics (Rate per 1,000)	Nemaha Co KS	Kansas	CSW KS NORM (20)
а	Total Live Births, 2017	14.9	12.5	11.6
b	Total Live Births, 2018	14.6	12.5	11.6
С	Total Live Births, 2019	12.3	12.1	10.8
d	Total Live Births, 2020	14.1	11.8	10.4
е	Total Live Births, 2021	12.3	11.8	11.1
f	Total Live Births, 2017- 2021 - 5 YR (%)	13.7	12.1	11.1

## Tab 5: Hospitalization and Provider Profile

Understanding provider access and disease patterns is fundamental in healthcare delivery. Listed below are several vital county statistics.

5		Hospital/Provider - Health Indicators (Access/Quality)	Nemaha County 2024	Nemaha County 2021	Trend	State of KS	NECKS Norm (N=20)	Source
	а	Primary Care Physicians (Pop Coverage per MDs & DOs) - No extenders Included, 2020	779:1	1012:1	+	1260:1	1918:1	County Health Rankings
	b	Preventable hospital rate per 100,000, 2020 (lower the better)	2,722	3,976		2,708	3,017	County Health Rankings
		Patients Who Gave Their Hospital a Rating of 9 or 10 on a Scale from 0 (Lowest) to 10 (Highest)	87%	92%		NA	79.3%	CMS Hospital Compare, Latest Release
		Patients Who Reported Yes, They Would Definitely Recommend the Hospital	85%	91%		NA	74.0%	CMS Hospital Compare, Latest Release
	е	Average (Median) time patients spent in the emergency department, before leaving from the visit (mins)	110	95		NA	109	CMS Hospital Compare, Latest Release

	Community Contribution Dollars Local Community Health Operations	YR 2023	YR 2022	YR 2021
1	Home Care-Hours of Care Provided	572	491	526
2	Immunizations/Vaccine-Number Given	3,845	4,845	10,527
3	Breastfeeding Clinic Visits/Consults	76	63	30
4	Maternal-Child Number of Visits	82	72	46
5	Vaccines for Children-Number Given (State Provided Vaccine)	657	650	772
6	WIC Administration-Number of Visits	332	368	552

#### Tab 6: Behavioral / Mental Health Profile

Behavioral healthcare provides another important indicator of community health status.

6		Mental - Health Indicators	Nemaha County 2024	Nemaha County 2021	Trend	State of KS	NECKS Norm (N=20)	Source
	а	Adults Ever Diagnosed with Depression, 2021 **	18.1%	NA		NA	19.9%	Kansas Health Matters
	b	Age-adjusted Suicide Mortality Rate per 100,000 population, 2018-2020	NA	18.8		18.7	19.9	Kansas Health Matters
	С	Mental Behavioral Hospital Admission Rates per 100,000, 2018-2020	41.8	37.1		75.1	56.5	Kansas Health Matters
	d	Average Number of mentally unhealthy days, 2020	4.1	3.3		4.4	4.3	County Health Rankings

<sup>\*\*</sup>New Social Determinant Data Resources

		pensing Rates
County	FIPS	Opioid Dispensing Rate per 100
Nemaha County	20131	17.6
KS Average 2022		45.7
	Nemaha County KS Average 2022	Nemaha County 20131

#### Tab 7a: Risk Indicators & Factors Profile

Knowing community health risk factors and disease patterns can aid in the understanding next steps to improve health.

7a		High-Risk - Health Indicators	Nemaha County 2024	Nemaha County 2021	Trend	State of KS	NECKS Norm (N=20)	Source
	а	Adult obesity, percent, 2020	35.1%	33.8%	1	35.8%	37.1%	County Health Rankings
	b	Adult smoking, percent, 2020	17.6%	15.4%	-	17.2%	19.0%	County Health Rankings
	С	Excessive drinking, percent, 2020	20.4%	18.6%	+	19.7%	19.6%	County Health Rankings
	d	Physical inactivity, percent, 2020	20.9%	31.1%	+	21.4%	23.3%	County Health Rankings
	е	Sexually transmitted infections (chlamydia), rate per 100,000 - 2020	175.9	118.6		502	299	County Health Rankings

Tab 7b: Chronic Risk Profile

7b		Chronic - Health Indicators **	Nemaha County 2024	Nemaha County 2021	Trend	State of KS	NECKS Norm (N=20)	Source		
	а	Adults who Have Taken Medication for High Blood Pressure, 2021, percent	81.2%	NA		55.2%	80.9%	Kansas Health Matters		
	b	Congestive Heart Failure Hospital Admission Rate, 2018-2020	18.0	NA		24.1	23.7	Kansas Health Matters		
	С	Adults with Kidney Disease, percent, 2021	3.2%	NA		NA	3.3%	Kansas Health Matters		
	d	Adults with COPD, percent, 2021	7.2%	NA		NA	NA	NA	7.7%	Kansas Health Matters
	е	Adults 20+ with Diabetes, percent, 2021	6.0%	NA		NA	8.2%	Kansas Health Matters		
	f	Adults with Cancer, percent, 2021	8.4%	NA		NA	8.1%	Kansas Health Matters		
	g	Adults with Current Asthma, percent, 2021	9.5%	NA		NA	10.0%	Kansas Health Matters		
	h	Adults who Experienced a Stroke, percent, 2021	3.3%	NA		NA	3.4%	Kansas Health Matters		

<sup>\*\*</sup>New Social Determinant Data Resources

# Tab 8: Uninsured Profile and Community Benefit

Based on state estimations, the number of insured is documented below. Also, the amount of charity care (last three years of free care) from area providers is trended below.

8		Insurance Coverage - Health Indicators	Nemaha County 2024	Nemaha County 2021	Trend	State of KS	NECKS Norm (N=20)	Source
	а	Uninsured, percent, 2020	7.8%	8.4%		10.3%	10.0%	County Health Rankings
	b	Persons With Health Insurance, 2021 **	91.7%	NA		89.1%	89.9%	Kansas Health Matters
		Kansas Medical Assistance Programs - Adults per 1,000 (ages 20-64), 2022 **	67.7	NA		99.4	102.0	Kansas Health Matters

So	urce: Internal Hospital Records			
Ī	Sabetha Community Hospital	YR 2023	YR 2022	YR 2021
1	Charity Care Free Care given	\$156,734	\$55,478	\$39,916
2	Bad Debt / Can't Pay Bill (Implicit price concessions)	\$378,956	\$280,743	\$356,378
	Nemaha Valley Community Hospital	YR 2023	YR 2022	YR 2021
1	Charity Care Free Care given	\$193,262	\$162,299	\$223,177
2	Bad Debt / Can't Pay Bill (Implicit price concessions)	\$544,267	\$487,245	\$410,995

<sup>\*\*</sup>New Social Determinant Data Resources

## Tab 9: Mortality Profile

The leading causes of county deaths from Vital Statistics are listed below.

9		Mortality - Health Indicators	Nemaha County 2024	Nemaha County 2021	Trend	State of KS	NECKS Norm (N=20)	Source
	а	Life Expectancy, 2018 - 2020	79.1	79.4		77.8	78.1	Kansas Health Matters
		Age-adjusted Cancer Mortality Rate per 100,000 population, 2018-2020 (lower is better)	166.1	178.1		151.4	160.7	Kansas Health Matters
	С	Age-adjusted Heart Disease Mortality Rate per 100,000 population, 2018-2020 (lower is better)	122.8	131.4		162.0	171.0	Kansas Health Matters
	d	Age-adjusted Chronic Lower Respiratory Disease Mortality Rate per 100,000, 2018-2020 (Lower is better)	36.2	28.4		47.1	51.1	Kansas Health Matters
	е	Alcohol-impaired driving deaths, percent, 2016-2020	42.9%	57.1%		19.38%	27.6%	County Health Rankings

Causes of Death by County of Residence, KS (Year 2021) Vital Stats	Nemaha County	%	Trend	Kansas	%
TOTAL (All Causes)	122	100.0%		31,637	100.0%
Major Cardio Vascular Diseases	35	28.7%		8,307	26.3%
All Other Causes	33	27.0%		9,536	30.1%
Cancer	25	20.5%		5,379	17.0%
Diseases of Heart	24	19.7%		6,260	19.8%
Ischemic Heart Diseases	12	9.8%		3,605	11.4%
Other Heart Diseases	10	8.2%		1,892	6.0%

# Tab 10: Preventive Quality Measures Profile

The following table reflects future health of the county. This information also is an indicator of community awareness of preventative measures.

10		Preventative - Health Indicators	Nemaha County 2024	Nemaha County 2021	Trend	State of KS	NECKS Norm (N=20)	Source
	l a	Access to exercise opportunities, percent, 2020 & 2022	65.4%	40.8%	+	79.7%	54.1%	County Health Rankings
	b	Mammography annual screening, percent, 2017	44.0%	51.0%		42.0%	43.2%	County Health Rankings
	C	Adults who have had a Routine Checkup, percent, 2021 **	73.0%	NA		45.0%	75.0%	Kansas Health Matters
	d	Percent Annual Check-Up Visit Dentist 2020 **	60.0%	NA		63.0%	62.0%	CDC
	е	Percent Annual Check-Up Visit with Eye Doctor	TBD	TBD		TBD	TBD	TBD

<sup>\*\*</sup>New Social Determinant Data Resources

# **PSA Primary Research:**

For each CHNA Round #5 evaluation, a community stakeholder survey has been created and administered to collect current healthcare information for Nemaha Co, KS.

Chart #1 – Nemaha County, KS PSA Online Feedback Response (N=343)

Nemaha County - CHN	IA YR 20	24				
For reporting purposes, are you involved in or are you a? (Check all that apply)	Nemaha Co KS N=343	Trend	Round #5 Norms N=3221			
Business/Merchant	7.4%		12.1%			
<b>Community Board Member</b>	6.5%		10.3%			
Case Manager/Discharge Planner	0.2%		0.8%			
Clergy	0.5%		1.1%			
College/University	0.7%		2.5%			
Consumer Advocate	1.4%		2.3%			
Dentist/Eye Doctor/Chiropractor	0.5%		0.8%			
Elected Official - City/County	2.3%		2.1%			
EMS/Emergency	3.0%		2.3%			
Farmer/Rancher	10.9%		10.7%			
Hospital	21.3%		23.7%			
Health Department	0.5%		1.3%			
Housing/Builder	0.7%		0.8%			
Insurance	0.9%		1.4%			
Labor	5.8%		4.6%			
Law Enforcement	0.7%		1.0%			
Mental Health	1.6%		2.4%			
Other Health Professional	8.3%		12.0%			
Parent/Caregiver	17.4%		19.7%			
Pharmacy/Clinic	2.1%		2.5%			
Media (Paper/TV/Radio)	0.5%		0.4%			
Senior Care	2.1%		5.0%			
Teacher/School Admin	3.2%		6.5%			
Veteran	1.6%		2.7%			
TOTAL	432		2366			
*Norms: KS Counties: Ellis, Pawnee, Russell, Sheridan, Smith, Thomas, Trego, Barton, Norton, Decatur, Harper, Pratt, Nemaha.						

Number of	Households	Firms	
Subgroup Analyses None / Few (1-2)	Regional	50-200 200-1,000	
	200-500		
Average (3-4).	500-1,000		
Many (5+)	1,000+	1,000+	

# Quality of Healthcare Delivery Community Perception Rating.

Nemaha Co, KS - CHNA YR 2024 N=343						
How would you rate the "Overall Quality" of healthcare delivery in our community?	Nemaha Co. KS N=343	Trend	*Round #5 Norms N=3221			
Top Box %	42.8%		27.5%			
Top 2 Boxes %	76.0%		69.8%			
Very Good	42.8%		27.5%			
Good	33.1%		42.3%			
Average	14.4%		23.3%			
Poor	6.2%		5.6%			
Very Poor	3.5%		1.3%			
Valid N	341		3,207			
*Norms: KS Counties: Ellis, Pawnee, Russell, Sheridan, Smith, Thomas, Trego, Barton, Norton, Decatur, Harper, Pratt, Nemaha.						

# Re-evaluate Past Community Health Needs Assessment Needs

	Nemaha County, KS - CHNA YR	2024	4 N=3	343	
	Past CHNA Unmet Needs Identified	Ongo	ing Prob	lem	Pressing
Rank	Ongoing Problem	Votes	%	Trend	Rank
1	Child Care Options	190	18.6%		1
2	Mental Health Services (Provider, Treatment, Aftercare)	174	17.0%		2
3	Affordable Housing	149	14.6%		3
4	Drug / Alcohol Abuse	81	7.9%		4
5	Suicide Prevention	63	6.2%		5
6	Care After Hours	58	5.7%		6
7	Exercise / Fitness Services	57	5.6%		7
8	Cancer Care	47	4.6%		9
9	Youth Health Education	41	4.0%		10
10	Lack of "Owning Your Own Health"	39	3.8%		8
11	Senior Housing / Activities	29	2.8%		11
12	Telehealth	24	2.3%		12
13	Transportation	22	2.2%		14
14	Dental / Optometry Access	21	2.1%		15
15	Chronic Disease Management	13	1.3%		13
16	Access to Specialists	8	0.8%		16
17	EMS	7	0.7%		17
	Totals	1432	100.0%		

# Community Health Needs Assessment "Causes of Poor Health"

Nemaha County - CHNA	YR 2024	N=	343
In your opinion, what are the root causes of "poor health" in our community? Please select top three.	Nemaha Co. KS N=343	Trend	Round #5 Norms N=3221
Chronic Disease Management	8.9%		8.3%
Lack of Health & Wellness	13.1%		11.0%
Lack of Nutrition / Access to Healthy Foods	11.2%		10.2%
Lack of Exercise	17.4%		14.1%
Limited Access to Primary Care	3.3%		4.8%
Limited Access to Specialty Care	2.7%		6.5%
Limited Access to Mental Health	20.3%		14.5%
Family Assistance Programs	3.9%		5.1%
Lack of Health Insurance	9.5%		12.0%
Neglect	8.0%		9.4%
Lack of Transportation	1.6%		4.1%
Total Votes	671		6,121
*Norms: KS Counties: Ellis, Pawnee, Russell, Sheri	idan, Smith, Th	omas. Ti	rego. Barton.

\*Norms: KS Counties: Ellis, Pawnee, Russell, Sheridan, Smith, Thomas, Trego, Barton, Norton, Decatur, Harper, Pratt, Nemaha.

# Community Rating of HC Delivery Services (Perceptions)

Nemaha County - CHNA YR 2024 N=343	Nemaha Co. KS N=343			Round #5 Norms N=3221	
How would our community rate each of the following?	Top 2 boxes	Bottom 2 boxes	Trend	Top 2 boxes	Bottom 2 boxes
Ambulance Services	88.6%	1.6%		81.3%	4.3%
Child Care	36.5%	28.4%		36.9%	24.8%
Chiropractors	89.1%	1.6%		75.1%	4.8%
Dentists	77.0%	3.8%		57.6%	20.8%
Emergency Room	80.3%	10.6%		74.4%	7.7%
Eye Doctor/Optometrist	77.8%	3.2%		72.7%	8.0%
Family Planning Services	49.5%	13.2%		47.1%	15.5%
Home Health	74.6%	6.1%		57.3%	10.0%
Hospice/Palliative	78.1%	6.2%		65.4%	7.5%
Telehealth	48.1%	14.7%		50.1%	13.3%
Inpatient Hospital Services	81.1%	11.6%		76.2%	6.7%
Mental Health Services	30.9%	31.6%		35.0%	29.0%
Nursing Home/Senior Living	82.8%	4.1%		57.6%	13.3%
Outpatient Hospital Services	81.7%	8.7%		75.5%	5.6%
Pharmacy	84.2%	3.3%		86.2%	2.4%
Primary Care	79.6%	11.8%		78.3%	6.4%
Public Health	68.3%	9.8%		63.8%	9.1%
School Health	72.2%	4.6%		59.6%	7.9%
Visiting Specialists	81.3%	3.7%		69.5%	7.1%
*Norms: KS Counties: Ellis, Pawnee, Russell, Sheridan, Smith, Thomas, Trego, Barton, Norton and Decatur, Harper, Pratt, Nemaha.					

# Community Health Readiness

Nemaha County - CHNA YR 2024 N=343	Bottom 2 boxes		
Community Health Readiness is vital. How would you rate each of the following? (% Poor / Very Poor)	Nemaha Co. KS N=343	Trend	Round #5 Norms N=3221
Behavioral/Mental Health	33.6%		31.8%
Emergency Preparedness	8.2%		7.2%
Food and Nutrition Services/Education	13.3%		16.3%
Health Wellness Screenings/Education	7.0%		9.6%
Prenatal/Child Health Programs	7.6%		13.5%
Substance Use/Prevention	24.9%		35.0%
Suicide Prevention	27.7%		37.4%
Violence/Abuse Prevention	26.5%		33.6%
Women's Wellness Programs	12.0%		17.1%
Exercise Facilities / Walking Trails etc.	20.6%		14.2%

# Healthcare Delivery "Outside our community"

Nemaha County - CHNA YR 2024 N=343				
In the past 2 years, did you or someone you know receive HC outside of our community?	Nemaha Co KS N=343	Trend	Round #5 Norms N=3221	
Yes	73.7%		74.2%	
No 26.3% 25.8%				
*Norms: KS Counties: Ellis, Pawnee, Russell, Sheridan, Smith, Thomas, Trego, Barton, Norton, Decatur, Harper, Pratt, Nemaha.				

## Specialties:

Specialty	Counts
PRIM	16
SURG	16
OBG	13
ORTH	13
NEU	10
CARD	8
OPTH	7
PEDS	5

# Access to Providers / Staff in our Community

Nemaha County - CHNA YR 2024 N=343			
Access to care is vital. Are there enough providers / staff available at the right times to care for you and our community?	Nemaha Co KS N=343	Trend	Round #5 Norms N=3221
Yes	72.7%		59.7%
No	27.3%		40.3%

# What healthcare topics need to be discussed in a future Town Hall Meeting?

Nemaha County - CHNA Y	R 2024 N	=343	3
What needs to be discussed further at our CHNA Town Hall meeting? Top 3	Nemaha Co KS N=343	Trend	Round #5 Norms N=3221
Abuse/Violence	2.7%		3.6%
Access to Health Education	2.1%		2.9%
Alcohol	5.8%		4.1%
Alternative Medicine	3.7%		3.5%
Behavioral/Mental Health	10.4%		8.3%
Breastfeeding Friendly Workplace	1.6%		1.0%
Cancer	3.5%		2.7%
Care Coordination	2.6%		2.5%
Diabetes	1.9%		2.6%
Drugs/Substance Abuse	5.8%		6.8%
Family Planning	1.3%		1.7%
Health Literacy	3.3%		2.7%
Heart Disease	1.1%		1.6%
Housing	7.2%		6.3%
Lack of Providers/Qualified Staff	2.8%		4.8%
Lead Exposure	0.6%		0.5%
Neglect	1.5%		1.8%
Nutrition	5.0%		4.0%
Obesity	5.4%		5.0%
Occupational Medicine	0.1%		0.6%
Ozone (Air)	0.4%		0.4%
Physical Exercise	6.5%		4.5%
Poverty	2.7%		4.3%
Preventative Health/Wellness	5.6%		4.7%
Sexually Transmitted Diseases	0.5%		1.2%
Suicide	5.0%		5.5%
Teen Pregnancy	1.2%		1.7%
Telehealth	2.5%		2.1%
Tobacco Use	1.7%		2.0%
Transportation	1.3%		2.2%
Vaccinations	3.0%		1.8%
Water Quality	1.7%		2.8%
TOTAL Votes	1008		9,417
*Norms: KS Counties: Ellis, Pawnee, Russell, Sheridan, Smith, Thom- Pratt, Nemaha.	as, Trego, Barton, No	orton, Dec	catur, Harper,

# IV. Inventory of Community Health Resources

[VVV Consultants LLC]

	<b>Inventory of Health Services 20</b>		<u> </u>	County IN	<u> </u>
Cat	HC Services Offered in county: Yes / No	SCH	NVCH	Comm HIth	Other
Clinic	Primary Care	Yes	Yes	No	Yes
Hosp	Alzheimer Center	No	No	No	No
Hosp	Ambulatory Surgery Centers	No	No	No	Yes
Hosp	Arthritis Treatment Center	No	No	No	No
Hosp	Bariatric/weight Control Services	No	Yes	No	No
Hosp	Birthing/LDR/LDRP Room	Yes	No	No	Yes
Hosp	Breast Cancer	Yes	Yes	No	Yes
Hosp	Burn Care	No	No	No	No
Hosp	Cardiac Rehabilitation	Yes	Yes	No	Yes
Hosp	Cardiac Surgery	No	No	No	No
Hosp	Cardiology Services	Yes	Yes	No	Yes
Hosp	Case Management	No	No	No	No
Hosp	Chaplaincy/Pastoral Care Services	Yes	Yes	No	Yes
Hosp	Chemotherapy	No	No	No	Yes
Hosp	Colonoscopy	Yes	Yes	No	Yes
Hosp	Crisis Prevention	No	No	No	No
Hosp	CT Scanner	Yes	Yes	No	Yes
Hosp	Diagnostic Radioisotope Facility	Yes	Yes	No	No
Hosp	Diagnostic/Invasive Catheterization	No	No	No	No
Hosp	Electron Beam Computed Tomography (EBCT)	No	No	No	No
Hosp	Enrollment Assistance Services	Yes	Yes	No	Yes
Hosp	Extracorporeal Shock Wave Lithotripter (ESWL)	No	No	No	No
Hosp	Fertility Clinic	No	No	No	No
Hosp	FullField Digital Mammography (FFDM)	Yes	No	No	No
Hosp	Genetic Testing/Counseling	No	No	No	No
Hosp	Geriatric Services	Yes	Yes	No	Yes
Hosp	Heart	Yes	Yes	No	No
Hosp	Hemodialysis	No	No	No	No
Hosp	HIV/AIDSServices	No	No	Yes	No
Hosp	Image-Guided Radiation Therapy (IGRT)	No	No	No	No
Hosp	Inpatient Acute Care - Hospital services	Yes	Yes	No	No
Hosp	Intensity-Modulated Radiation Therapy (IMRT) 161	No	No	No	No
Hosp	Intensive Care Unit	No	No	No	Yes
Hosp	Intermediate Care Unit	Yes	Yes	No	No
Hosp	Interventional Cardiac Catherterization	No	No	No	No
Hosp	Isolation Room	Yes	Yes	No	No
Hosp	Kidney	Yes	Yes	No	Yes
Hosp	Liver	Yes	Yes	No	No
Hosp	Lung	Yes	Yes	No	No
Hosp	MagneticResonance Imaging (MRI)	Yes	Yes	No	Yes
Hosp	Mammograms	Yes	Yes	No	Yes
Hosp	Mobile Health Services	No	No	No	No
Hosp	Multislice Spiral Computed Tomography (<64 slice CT)	Yes	Yes	No	No
Hosp	Multislice Spiral Computed Tomography (<64+ slice CT)	No	No	No	No
Hosp	Neonatal	No	No	No	No
Hosp	Neurological Services	No	No	No	No
Hosp	Obstetrics	Yes	yes	No	No
Hosp	Occupational Health Services	Yes	Yes	No	No
Hosp	Oncology Services	Yes	Yes	No	Yes
Hosp	Orthopedic Services	Yes	Yes	No	Yes
Hosp	Outpatient Surgery	Yes	Yes	No	Yes
Hosp	Pain Management	Yes	Yes	No	Yes
Hosp	Palliative Care Program / End of Life/ Comfort Care	No	Yes	No	Yes

	<b>Inventory of Health Services 2</b>	024- N	emaha	County K	S
Cat	HC Services Offered in county: Yes / No	SCH	NVCH	Comm Hith	Other
Hosp	Pediatric	Yes	Yes	No	Yes
Hosp	Physical Rehabilitation	Yes	Yes	No	Yes
Hosp	Positron Emission Tomography (PET)	No	No	No	No
Hosp	Positron Emission Tomography/CT (PET/CT)	No	No	No	No
Hosp	Psychiatric Services	No	Yes	No	Yes
Hosp	Radiology, Diagnostic	Yes	Yes	No	Yes
Hosp	Radiology, Therapeutic	No	No	No	No
Hosp	Reproductive Health	No	No	No	No
Hosp	Robotic Surgery	No	No	No	No
	Shaped Beam Radiation System 161				
Hosp		No	No	No	No
Hosp	Single Photon Emission Computerized	No	No	No	No
Haan	Tomography	NIa	Vaa	Na	NIa
Hosp	Sleep Center	No	Yes	No	No
Hosp	Social Work Services	Yes	Yes	No	No
Hosp	Sports Medicine	Yes	Yes	No	No
Hosp Hosp	Stereotactic Radiosurgery Swing Bed Services	No Yes	No Yes	No No	No No
Hosp	Transplant Services	No	No	No	No
Hosp	Trauma Center	Yes	Yes	No	No
Hosp	Ultrasound	Yes	Yes	No	Yes
Hosp	Women's Health Services	Yes	Yes	Yes	Yes
	Wound Care	Yes	Yes	No	No
Hosp		res		INO	INO
SR	Adult Day Care Program	No	No	No	Yes
SR	Assisted Living	No	No	No	Yes
SR	Home Health Services	Yes	No	No	Yes
SR	Hospice	Yes	No	No	Yes
SR	LongTerm Care	No	No	No	Yes
SR	Nursing Home Services	No	No	No	Yes
SR	Retirement Housing	No	No	No	Yes
SR	Skilled Nursing Care	Yes	Yes	No	Yes
ER	Emergency Services	Yes	Yes	No	No
ER	Urgent Care Center	No	No	No	Yes
ER	Ambulance Services	No	No	No	Yes
	Alcoholism-Drug Abuse	No	No	No	No
SERV	Blood Donor Center	No	No	No	No
	Chiropractic Services	No	No	No	Yes
SERV	Complementary Medicine Services	No	No	No	No
	Dental Services	No	No	No	Yes
SERV	Fitness Center	Yes	No	No	Yes
SERV	Health Education Classes	Yes	Yes	Yes	Yes
SERV	Health Fair (Annual)	Yes	Yes	Yes	No
SERV	Health Information Center	No	No	Yes	No
SERV	Health Screenings	Yes	Yes	Yes	Yes
SERV	Meals on Wheels	No	No	No	Yes
SERV	Nutrition Programs	Yes	Yes	Yes	No
SERV	Patient Education Center	No	No	Yes	No
SERV	Support Groups	Yes	Yes	Yes	No
SERV	Teen Outreach Services	No	No	No	No
SERV	Tobacco Treatment/Cessation Program	Yes	Yes	Yes	Yes
SERV	Transportation to Health Facilities	No	No	No	yes
SERV	Wellness Program	Yes	Yes	Yes	No

Physician Manpower - Nemaha Co KS (Update YR 2024)						
Supply Working in Nemaha Co (KS)						
	MD/DO	Co Based			PA / APPs	(Co/Visting)
	WID/DO	CO Baseu	WID/DO	Visiting	FA/AFF5	(CO/Visting)
# of FTE Providers	SCH	NVCH	SCH	NVCH	SCH	NVCH
Primary Care:						
Family Practice	5.0	4.0			2.3	6.0
Internal Medicine						
Obstetrics/Gynecology			1.0	1.0		
Pediatrics						
Medicine Specialists:						
Allergy/Immunology			1.0	1.0	1.0	
Cardiology			5.0	4.0	1.0	2.0
Dermatology					1.0	1.0
Endocrinology				1.0	1.0	
Gastroenterology						
Oncology/Rado			2.0	2.0	0.0	
Infectious Diseases						
Nephrology			2.0	1.0	2.0	1.0
Neurology					1.0	1.0
Podiatry			1.0	1.0		
Psychiatry				2.0		
Pulmonary					1.0	
Rheumatology						
Surgery Specialists:						
General Surgery	2.0	2.0	2.0	2.0		
Neurosurgery	2.0	2.0	2.0	2.0		
Ophthalmology			1.0	1.0		
Orthopedics			2.0	2.0		
Otolaryngology (ENT)			1.0	1.0		
Plastic/Reconstructive			1			
Thoracic/Cardiovascular/Vasc						
Urology			2.0	2.0		
Hospital Based:						
Anesthesia/Pain			1.0		1.0	3.0
Emergency	5.0				6.0	6.0
Radiology						
Pathology						
Physical Medicine/Rehab						
TOTALS	12.0	5.0	21.0	21.0	17.3	20.0

	Visiting Speciali	sts to NVCH - Update	YR 202	4
Specialty	Physician (LN / FN)	Group Name	Group Office	Days Schedule at hospital
OB/GYN	Dickson	Lincoln Center OB/GYN, PA	Topeka, KS	Monthly
Allergy/Asthma	Brooks Khan	Cotton O'Neil Allergy & Immunology	Topeka, KS	3rd Tuesday - Monthly
Cardiology	Bernd, Amr, Seals, T. Stallbaumer APRN	Cotton O'Neil Heart Center	Topeka, KS	Amr, Bernd-monthly, Seals- quarterly, Stallbaumer - PRN
Cardiology	Rita Kennedy & Arnold Graham,	KU St. Francis Topeka Heart & Vascular	Topeka, KS	Kennedy - PRN & Graham- 4th Wednesday- monthly
Dermatology	Engelken, APRN	NVCH	Seneca, KS	Weekly on Tuesdays
Nephrology	Lakshmi Duvvur, M.D.	Cotton-O'Neil Clinic	Topeka, KS	Monthly
Nephrology	Wingerson Haley, APRN	Cotton O'Neil Clinic	Topeka, KS	Monthly
Neurology	Woolard APRN	Mosaic Neurology	St. Joseph, MO	1st Thursday - Monthly
Oncology & Heamtology	Einspahr	Cotton O'Neil Cancer Center	Topeka, KS	3rd Wednesday - Monthly
Oncology & Heamtology	Lekkala	St. Francis Cancer Center	Topeka, KS	4th Monday - Monthly
Psychiatry	Dudley APRN	Stormont Vail Behavioral Health Center	Topeka, KS	Monthly-Telehealth
Endocrinology & Diabetes	Divan	Cotton O'Neil D & E Center	Topeka, KS	Monthly-Telehealth
ENT/Otolaryngology	Lepse	Topeka ENT	Topeka, KS	1st Friday - Monthly
General Surgery	Jimenez	NVCH	Seneca, KS	Full-time: Rotating scheduled with Brown
General Surgery	Brown	Rural Partners In Medicine	Broomfield, CO	Full-time: Rotating scheduled with Jimenez
Ophthalmology/Cataracts	Thomsen	Eye Surgical Associates	Lincoln, NE	3rd Wednesday - Monthly
Orthopedics	Smith	Orthopaedic and Sports Medicine Center	Manhattan, KS	2nd & 4th Wednesday - Monthly
Audiology	David Paul, Katelyn Waldeier	Associated Audiology	Lawrence, KS	3rd Thursday - Monthly
Audiology	Jessica Gaughen	Topeka ENT	Topeka, KS	1st & 3rd Friday - Monthly
Podiatry	Sitek	Steve Sitek, DPM, PA	Atchison, KS	Twice Monthly & As Needed
Urology	Evangelidis	Associated Urologists, PA	Manhattan, KS	Twice Monthly
Urology	Rupp	Rupp Urology	Topeka, KS	Monthly
Pain Management	Badura & Werth	НРМ		Every Friday - Weekly
Wound Clinic	Bletscher APRN	NVCH	White Plains, NY	Weekly on Fridays

	Visiting Specia	lists to SCH - Upd	ate YR 20	24
Specialty	Physician (LN / FN)	Group Name	Group Office	Days Schedule at hospital
OB/GYN	Jamesina Dickson, MD	Lincoln Center OBGYN	Topeka	1 time a month
Allergy/Immunology	Bilal Khan MD	Topeka Allergy & Asthma Clinic	Topeka	3rd Tuesday every other month rotated with Shelby
Cardiology	Bashar Amr MD	Cotton O'Neil Heart Center	Topeka	1 time per month
Cardiology	Kevin Bernd MD	Cotton O'Neil Heart Center	Topeka	1 time per month
Cardiology	Swapna Mamidipally, MD	Cotton O'Neil Heart Center	Topeka	1 time per month
Cardiology	Thomas Doyle MD	Cotton O'Neil Heart Center	Topeka	1 time per month
Cardiology	Tonya Stallbaumer APRN	Cotton O'Neil Heart Center	Topeka	1 time per month
Cardiology	Hisham Hakeem, MD	Cotton O'Neil Heart Center	Topeka	1 time per month
Dermatology	Tiffany Engelken, APRN			Every Thursday
Endocrinology	Kelli Bradbury APRN	Cotton O'Neil Diabetes & Endocrinology Center	Topeka	4th Tuesday of the month
Nephrology	Haley Wingerson, APRN	Cotton O'Neil	Topeka	1 time a month
Nephrology **	Karen Solcher, APRN	Cotton O'Neil Mulvane	Topeka	1st Wednesday of the month
Nephrology **	Keelyn Ericson MD	Cotton O'Neil Mulvane	Topeka	2nd Monday of the month
Nephrology **	Lakshmi Duvvur MD	Cotton O'Neil Mulvane	Topeka	last Friday of the month
Neurology	Abra Woolard APRN	Mosaic Life Care	St Joseph MO	3rd Thursday of the month
Oncology	David Einspahr MD	Cotton O'Neil Cancer Center	Topeka	2nd Thursday of the month
Oncology	Manidhar Lekkala, MD	Cotton O'Neil Cancer Center	Topeka	1 time a month
Pulmonary	Michelle Warren APRN	Cotton O'Neil Pulmonary	Topeka	3rd or 4th Wednesday of the month
Ophthalmology	William Burr MD	Murphy Watson Burr Eye Center	St Joseph MO	2nd and 4th Mondays
Orthopedics	Michael McCoy MD	Cotton O'Neil Orthopedics & Sports Medicine	Topeka	3 Thursdays each month
Orthopedics	Adam Streit, DO	OrthoMidwest	Falls City, NE	Every Thursday
Otolaryngology (ENT)	Jason Lepse, MD	Topeka ENT	Topeka	2nd Friday
Urology	Brad Rupp MD	Rupp Urology Clinic	Topeka	last Friday of the month
Urology	Kristopher Carlson MD		Topeka	2nd and 3rd Tuesday of the month
Pain Management	Karl Haake, MD	Haake Medical Services, LLC	Topeka	1st, 2nd, and 3rd Tuesday
Podiatry	Steve Sitek DPM	Steve Sitek Inc.	Atchison	2nd and 4th Wednesdays
Wound Clinic	Susan Lueger, APRN	Restorix	Sabetha	every Monday

# Year 2024 - Nemaha County (KS) Area Health Services Directory

# **Emergency Numbers:**

Police/Sheriff	911
Fire	911
Ambulance	911

# **Non-Emergency Numbers:**

Nemaha County Sheriff 785-336-6135

Nemaha County Ambulance 785-284-2158 (Sabetha)

785-336-6135 (Seneca)

## **Municipal Non-Emergency Numbers**

	Police/Sheriff	<u>Fire</u>
Baileyville	785-336-6135	785-336-6135
Bern	785-336-6135	785-336-6135
Centralia	785-336-6135	785-336-6135
Corning	785-336-6135	785-336-6135
Goff	785-336-6135	785-336-6135
Oneida	785-336-6135	785-336-6135
Sabetha	785-284-2158	
Seneca	785-336-6135	785-336-6135
Wetmore	785-336-6135	785-336-6135

#### **Nemaha County KS Community**

#### Other Emergency Numbers

Kansas Child/Adult Abuse and Neglect Hotline 1-800-922-5330 www.dcf.ks.gov

Domestic Violence Hotline 1-800-799-7233 www.ndvh.org

Emergency Management (Topeka) 785-274-1409

www.accesskansas.org/kdem

Federal Bureau of Investigation 1-866-483-5137 www.fbi.gov/congress/congress01/caruso10030 1.htm

Kansas Arson/Crime Hotline 1-800-KS-CRIME 800-572-1763 www.accesskansas.org/kbi

Kansas Bureau of Investigation (Topeka) 785-296-8200 www.accesskansas.org/kbi

Kansas Crisis Hotline (Domestic Violence/Sexual Assault) 1-888-END-ABUSE www.kcsdv.org

Kansas Road Conditions 1-866-511-KDOT www.ksdot.org

Poison Control Center 1-800-222-1222 www.aapcc.org

Suicide Prevention Hotline 1-800-SUICIDE www.hopeline.com 1-800-273-TALK www.suicidepreventionlifeline.com

Toxic Chemical and Oil Spills 1-800-424-8802 www.epa.gov/region02/contact.htm

## **Health Services**

#### **Hospitals**

Nemaha Valley Community Hospital 1600 Community Drive (Seneca) 785-336-6181 www.nemvch.com

Sabetha Community Hospital 603 North 14th Street (Sabetha) 785-284-2121 www.sabethahospital.com

#### **Health Department**

Nemaha County Community Health Services Sabetha Location 1004 Main Street (Sabetha) 785-284-2152

Seneca Location 203 North 8th Street (Seneca) 785-336-2330 www.ks-nemaha.manatron.com

#### **Mental Health**

Kanza Mental Health & Guidance Center 14th and Oregon St (Sabetha) 785-284-2121

Kanza Mental Health & Guidance Center 710 Pioneer Street Suite 3 (Seneca) 785-336-3755

Brighter Dawn Mental Health, LLC, Marriage and Family Counseling, 416 Main Street Seneca, KS 66538

#### Medical Professionals Chiropractors

Harling Chiropractic, Sabetha Community Hospital (785) 300-1322

Heartland Chiropractic Clinic 610 North 9th Street (Seneca) 785-336-3384

Haug Spine Fit Chiropractic

Lukert Chiropractic & Wellness 1102 South US Old Highway 75 (Sabetha) 785-284-0088 Seneca Chiropractic & Wellness Center LLC 514 Main Street (Seneca) 785-336-6222

Simpson Chiropractic PA 914 Main Street (Sabetha) 785-284-2205

#### Clinics

Centralia Medical Clinic 606 1st Street (Centralia) 785-857-3334

Goff Medical Clinic 323 2nd Street (Wetmore) 785-866-4775

Sabetha Family Practices 1115 Main St, Sabetha, KS 66534 (785) 284-2141

Seneca Family Practice 1600 Community Drive 785-336-6181

#### **Dentists**

Dental Implant Ctr-Ne Kansas 1309 South US Old Highway 75 (Sabetha) 785-284-3911

Hamiliton & Wilson DDS PA 430 Main St. Seneca, KS 66538

Randy Kirwin, DDS 819 Main St (Sabetha) 785-284-3368

Sabetha Dental 1309 S US Old Hwy 75, Sabetha KS 66534 (785) 284-2323

Seneca Dental Clinic Inc 430 Main Street (Seneca) 785-336-6149

Katie Kramer, DDS 430 Main Street (Seneca) 785-336-6149

Ashley Lueger, DDS 430 Main Street (Seneca) 785-336-6149

Jason E Showman DDS 430 Main Street (Seneca) 785-336-6149

Terry D Whitten DDS 1309 Acorn Road (Sabetha) 785-284-3911

#### **Optometrists**

Ryan J. Kueker, OD PA Family Eye Care 520 Main St. Seneca, KS 785-369-8157

Whittaker Eye Associates 407 Main Street (Seneca) 785-336-3571

Whittaker Eye Associates 1002 Main Street (Sabetha) 785-284-2139

#### **Pharmacies**

Medical Arts Pharmacy 701 Main Street (Seneca) 785-336-6146

Sabetha Pharmacy 934 Main Sabetha, KS (785) 284-3414

#### **Physicians**

Deanna Goff, APRN Oregon St &, S 14th St, Sabetha, KS 66534 (785) 284-2141

William A. (Tony) Bartkoski, D.O. 1600 Community Drive (Seneca) 785-336-6181

Heather Myers, D.O. 1600 Community Drive (Seneca) 785-336-6181

Rachel Allen, MD. 1115 Main Street (Sabetha) 785-284-2141

Natalie Frye, M.D. 1115 Main Street (Sabetha) 785-284-2141 Kevin Kennally, M.D. 1115 Main Street (Sabetha) 785-284-2141

James Longabaugh, D.O. 1115 Main Street (Sabetha) 785-284-2141

Jennifer Voos, PA-C Oregon St &, S 14th St, Sabetha, KS 66534 785-284-2141

Levi Grimm, APRN Oregon St &, S 14th St, Sabetha, KS 66534 785-284-2141

Lori Lueger, APRN-C 1600 Community Drive (Seneca) 785-336-6181

Erica Winkler, APRN 1600 Community Drive (Seneca) 785-336-6181

Alexander Hermesch, M.D. 1600 Community Drive (Seneca) 785-336-6181

Jarod Snyder, M.D. 1600 Community Drive (Seneca) 785-336-6181

Jeremy Brandt, PA Marcy Evans, PA Alexis Stallbaumer, APRN 1600 Community Drive (Seneca) 785-336-6181

Christian R. Tramp, M.D. 1115 Main Street (Sabetha) 785-284-2141

Sarah Bangert, APRN Oregon St &, S 14th St, Sabetha, KS 66534 785-284-2141

Sheri Wessel PA 1600 Community Drive (Seneca) 785-336-6181

#### **Rehabilitation Services**

Apostolic Christina Home 511 Paramount St (Sabetha) 785-284-3471

Crestview Manor Nursing & Residential Living 808 North 8th Street (Seneca) 785-336-2156 www.crestviewseneca.com

Life Care Center of Seneca 512 Community Dr. (Seneca) 785-336-3528 https://lcca.com/locations/ks/seneca/

Nemaha County Training Center 12 South 11th Street (Seneca) 785-336-6116 329 North 11th Street (Sabetha) 785-284-3666 www.nemahactc.org

Sabetha Manor 1441 Oregon St (Sabetha) 785-284-3411

#### **OTHER**

#### **General Health Services**

Community Health Care 6221 5th Street (Corning) 785-868-2000

Nemaha County Home Health & Hospice 14<sup>th</sup> and Oregon St (Sabetha) 785-284-2288

Nemaha County Community Health Services Sabetha Location 1004 Main Street (Sabetha) 785-284-2152

Seneca Location 203 North 8th Street (Seneca) 785-336-2330 www.ks-nemaha.manatron.com

Seneca Nutrition Center 504 Edwards St. (Seneca) 785-336-2714

Sabetha Nutrition Center 1116 Main Street (Sabetha) 785-284-3594

#### **Assisted Living/Nursing Homes/TLC**

Apostolic Christian Home 603 Paramount St (Sabetha) 785-284-2499

Community Based Home Care RR1 Box 127 (Centralia) 785-847-3273

Credo Senior Living 1700 Community Drive (Seneca) 785-336-6868

Crestview Manor Nursing & Residential Living 808 North 8th Street (Seneca) 785-336-2156 www.crestviewseneca.com

Lakeside Terrace 1100 Harrison Street (Sabetha) 785-284-0005

Lifecare Center of Seneca 512 Community Dr. 785-336-3528

Oakley Place of Seneca 1306 Branch St. (Seneca) 785-334-6000 <a href="https://oakley-place-of-seneca.business.site/?utm\_source=gmb&utm\_medium=referral">https://oakley-place-of-seneca.business.site/?utm\_source=gmb&utm\_medium=referral</a>

NCTC Group Home 602 South 8th Street (Seneca) 785-336-6223

Sabetha Manor of Sabetha Skilled Nursing by Americare 1441 Oregon Street (Sabetha) 785-284-3411

# www.americareusa.net

Arriva Medical 1-800-375-5137

**Diabetes** 

Beck Bartkoski, RN Leah Heinen, RD, LD, CDCES 785-336-6181 Lori Menold, RN, BSN, CDCES 785-284-2121 Ext 1419

Diabetes Care Club 1-888-395-6009

#### **Disability Services**

American Disability Group 1-877-790-8899

Kansas Department on Aging 1-800-432-3535 www.agingkansas.org/index.htm

#### **Domestic/Family Violence**

Child/Adult Abuse Hotline 1-800-922-5330 www.srskansas.org/services/child protective service s.htm

Family Crisis Center (Great Bend) Hotline: 620-792-1885 Business Line: 620-793-1965

General Information – Women's Shelters www.WomenShelters.org

Kansas Crisis Hotline Manhattan 785-539-7935

Sexual Assault/Domestic Violence Center (Hutchinson) Hotline: 1-800-701-3630 Business Line: 620-663-2522 Educational Training Opportunities Association of Continuing Education 620-792-3218

#### **Food Programs**

Nutrition Center (Seneca) 785-336-2714

Food Pantry (Seneca) 518 Main St. 785-336-3085

Kansas Food Bank 1919 E Douglas (Wichita) 316-265-4421 www.kansasfoodbank.org Sabetha Community Pantry 808 Main Street Sabetha, KS 66534 785-285-8132

#### **Government Healthcare**

Kansas Department on Aging (KDOA) 503 South Kansas Avenue (Topeka) 785-296-4986 or 1-800-432-3535 www.agingkansas.org/

Kansas Department of Health and Environment Curtis State Office Building 1000 South West Jackson (Topeka) 785-296-1500 www.kdheks.gov/contact.html

#### **MEDICAID**

Kansas Department of Social & Rehabilitation Services (SRS) 3000 Broadway (Hays) 785-628-1066

#### **MEDICARE**

Kansas Department of Aging and Disability 1803 Oregon Street (Hiawatha) 785-742-7152 1-800-883-2549 www.nekaaa.org

Social Security Administration (Manhattan) 1-877-840-5741

#### **Health and Fitness Centers**

LifeCare Fitness Center 604 1st Street (Centralia) 785-857-3388

Main Street Fitness (Seneca) 785-770-0062

Sabetha Health and Wellness (Sabetha) 1405 Oregon ST 785-300-7492

#### **Home Health**

Nemaha County Home Health & Hospice 501 North 14th & Oregon (Sabetha) 785-284-2288

#### **Hospice**

Nemaha County Home Health & Hospice 14<sup>th</sup> and Oregon St (Sabetha) 785-284-2288

#### **Massage Therapy**

Lukert Chiropractic & Wellness 1102 South US Old Highway 75 (Sabetha) 785-284-0088 www.lukertchiropractic.com

Seneca Chiropractic and Wellness Center 514 Main Street Seneca 785-336-6222

Above and Beyond (Seneca) 785-334-2277

#### **Medical Equipment and Supplies**

American Medical Sales and Repair 1-866-637-6803

#### **School Nurses**

Centralia Public Schools-USD 380 Centralia Elementary School Centralia Junior Senior High School 507 Riggins Avenue (Centralia) 785-867-3324 www.centralia.usd380.com

Lutheran Church Preschool 225 South 2nd Street #B (Sabetha) 785-284-3570

Nekcap Head Start 16 Main Street #B (Sabetha) 785-284-3009

Nemaha Central Schools-USD 115 Elementary and Middle School 110 North 11<sup>th</sup> St (Seneca) 785-336-2173 High School- 214 North 11<sup>th</sup> 785-336-3557

Prairie Hills-USD 113 Sabetha Elementary School 785-284-3448 Sabetha Middle School 751 Blue Jay Boulevard (Sabetha)

Sabetha High School 1011 Blue Jay Boulevard (Sabetha) 785-284-2155 Sabetha Community Preschool 1116 Main Street (Sabetha) 785-284-3515

#### **Senior Services**

Elder Care, Inc.

PO Box 1364 (Great Bend) 785-792-5942

Kansas Department of Aging and Disability 1803 Oregon Street (Hiawatha) 785-742-7152

# Local Government, Community and Social Services

Department of Children and Family Services 800-922-5330 Children and Elder Abuse (Marysville) 562-5338 406 N 3<sup>rd</sup> 785-562-5338 www.dcf.ks.gov

#### **Alcohol and Drug Treatment**

Alcohol and Drug Abuse Services 1-800-586-3690

Alcohol Detoxification 24-Hour Helpline 1-877-403-3387

Center for Recovery 1-877-403-6236 www.ACenterForRecovery.com

G&G Addiction Treatment Center 1-866-439-1807

Road Less Traveled 1-866-486-1812

Seabrook House 1-800-579-0377

The Treatment Center 1-888-433-9869

#### **Child Protection**

Department of Children and Family Services i.e., PROTECTION REPORT CENTER FOR ABUSE www.dcf.ks.gov 1-800-922-5330 Available 24 hours/7 days per week – including holidays

#### **Children and Youth**

Children's Alliance 627 SW Topeka Boulevard (Topeka) 785-235-5437 www.childally.org Kansas Children's Service League 1-800-332-6378 www.kcsl.org

#### **Community Centers**

Bern Community Building 106 John Riggins Ave (Centralia) 785-857-3302

Goff Community Center 1723 State Highway 9 (Goff) 785-939-2027

Main Event Sixteen Main Street, Sabetha KS 66534 785-284-2158

Nemaha County Community Center 1500 Community Drive (Seneca) 785-336-2184

Sabetha Community Center 1116 Main (Sabetha)

#### **Crime Prevention**

City of Sabetha Crime Stoppers 805 Main Street (Sabetha) 785-284-2114

Nemaha County Sheriff 212 North 6th Street (Seneca) 785-336-2311

#### **Day Care Providers- Adult**

Country Place Senior Living 1700 Community Drive (Seneca) 785-336-6868

NCTC 1306 Quail Drive (Sabetha) 785-284-3666

#### **Day Care Providers- Children**

Northridge Family Development Center 316 Lincoln St (Sabetha) 785-284-2401

The Cub House Bright Beginnings Centralia

Little Stinkers Seneca

Stepping Stones, Seneca 724-625-2199

#### **Extension Office**

Nemaha County Extension Service 1500 Community Drive (Seneca) 785-336-2184

#### **Funeral Homes**

Lauer Funeral Home 212 South 4th Street (Seneca) 785-336-2101 www.lauerfuneralhome.com

Popkess Funeral Home- Hayes 801 4th Street (Centralia) 785-857-3721 www.popkessmortuaries.com

Popkess Memorial Chapel-Seneca 814 Castle Street (Seneca) 785-336-2155 www.popkessmortuaries.com

Popkess Mortuary- Sabetha 823 Virginia Street (Sabetha) 785-284-2101 www.popkessmortuaries.com

#### **Head Start**

Early Head Start & Head Start Center 110 260<sup>th</sup> St. Sabetha, KS 66534 785-300-0109

#### **Housing / Assisted Living**

Apostolic Christian Assisted Living 603 Paramount Street (Sabetha) 785-284-2499 www.apostolicsabetha.com

City of Sabetha Housing Authority 200 North 1st Street (Sabetha) 785-284-2841

City of Seneca Housing Authority 504 Edward Street (Seneca) 785-336-2144

Community Based Home Care RR1 Box 127 (Centralia) 785-857-3273

Country Place Senior Living 1700 Community Drive (Seneca) 785-336-6868

Crestview Manor Nursing & Residential Living 808 North 8th Street (Seneca) 785-336-2156 www.crestviewseneca.com

Lakeside Terrace 1100 Harrison Street (Sabetha) 785-284-0005 www.lakesideterrace.org

#### **Legal Services**

A-1 Bail Bonds 408 Nemaha Street (Seneca) 785-336-3316

Susan L Bowman 713 Main Street (Seneca) 785-336-3569

Kansas Legal Services 203 North 8th Street Suite 1 (Seneca) 785-336-6016 www.kansaslegalservices.org

Lippert Law Office 920 Main Street (Sabetha) 785-284-3805

Massieon Law 419 Main Street (Seneca) 785-336-2161

Northeast Kansas Area Agency on Aging 526 Oregon Street (Hiawatha) 785-742-7152 www.nekaaa.org

#### Libraries. Parks and Recreation

Centralia Community Library 520 4th Street (Centralia) 785-857-3331

Centralia Swimming Pool 806 5th Street (Centralia) 785-847-3988

Corning City Library 6611 7th Street (Corning) 785-868-2755

KT Paintball Games 346 250th Street (Sabetha) 785-285-0075 or 785-284-2827 Mary Cotton Public Library (Sabetha) 915 Virginia St 785-284-3160

Sabetha City Recreation 805 Main St (Sabetha) 785-284-2158

Sabetha Aquatic Park 740 Bluejay Drive 785-284-2158

Seneca City Recreation 609 Community Drive (Seneca) 785-336-6469

Seneca Library 606 Main Street (Seneca) 785-336-2377

Seneca Aquatic Center 1509 Community Drive (Seneca) 785-336-2272

Sycamore Springs Resort 3126 Bittersweet Road (Sabetha) 785-284-3088

Wetmore Public Library 333 2nd Street (Wetmore) 785-868-2250

#### **Pregnancy Services**

Adoption is a Choice 1-877-524-5614

Adoption Network 1-888-281-8054

Adoption Space Book 1-866-881-4376

Graceful Adoptions 1-888-896-7787

Kansas Children's Service League 1-877-530-5275 www.kcsl.org

#### **Nemaha County Community Health Services**

Sabetha

1004 Main Street (Sabetha) 785-284-2152

Seneca 203 North 8th Street (Seneca) 785-336-2330

#### **Public Information**

Sabetha Chamber of Commerce 805 Main Street (Sabetha) 285-2139

Sabetha City Hall 805 Main Street (Sabetha) 284-2158

Seneca Chamber of Commerce 523 Main Street (Seneca) 336-2294

#### Rape

DOVES- Domestic Violence Shelter Atchison 913-367-0365

Domestic Violence and Rape Hotline 1-888-874-1499

Family Crisis Center 1806 12th Street (Great Bend) 620-793-1885

Kansas Crisis Hotline Manhattan 785-539-7935 or 1-800-727-2785

#### **Red Cross**

American Red Cross 1221 Southwest 17th (Topeka) 234-0568

#### **Social Security**

Social Security Administration 1-800-772-1213 1-800-325-0778 www.ssa.gov

#### **Transportation**

Nemaha County Bus Service Sabetha 785-284-3594 Seneca 785-336-2714

General Public Transportation Seneca 785-294-4630

# State and National Information, Services, Support

Adult Protection Services 1-800-922-5330 www.dcf.ks.gov

Domestic Violence and Sexual Assault (DVACK) 1-800-874-1499 www.dvack.org

Elder Abuse Hotline 1-800-842-0078 www.elderabusecenter.org

Elder and Nursing Home Abuse Legal www.resource4nursinghomeabuse.com/index

Kansas Coalition Against Sexual and Domestic Violence 1-888-END-ABUSE (363-2287) www.kcsdv.org/ksresources.html

Kansas Department on Aging Adult Care Complaint Program 1-800-842-0078

National Center on Elder Abuse (Administration on Aging) www.ncea.gov/NCEAroot/Main

National Domestic Violence Hotline 1-800-799-SAFE (799-7233) 1-800-787-3224 (TTY) www.ndvh.org

National Sexual Assault Hotline 1-800-994-9662 1-888-220-5416 (TTY) www.4woman.gov/fag/sexualassualt.htm

National Suicide Prevention Lifeline 1-800-273-8255

Poison Center 1-800-222-1222

Sexual Assault and Domestic Violence Crisis Line 1-800-701-3630

Department of Children and Family Services 1-785-562-5338 (Marysville) www.dcf.ks.gov

Suicide Prevention Helpline 785-841-2345

Alcohol and Drug Treatment Programs
A 1 A Detox Treatment
1-800-757-0771

AAAAAH 1-800-993-3869

Abandon An Addiction

1-800-405-4810 Able Detox-Rehab Treatment 1-800-577-2481 (NATIONAL)

Abuse Addiction Agency 1-800-861-1768 www.thewatershed.com

AIC (Assessment Information Classes) 1-888-764-5510

Al-Anon Family Group 1-888-4AL-ANON (425-2666) www.alanon.alateen.org

Alcohol and Drug Abuse Hotline 1-800-ALCOHOL

Alcohol and Drug Abuse Services 1-800-586-3690 www.srskansas.org/services/alc-drug assess.htm

Alcohol and Drug Addiction Treatment Programs 1-800-510-9435

Alcohol and Drug Helpline 1-800-821-4357

Alcoholism/Drug Addiction Treatment Center 1-800-477-3447

Kansas Alcohol and Drug Abuse Services Hotline 1-800-586-3690 www.dcf.ks.gov

Mothers Against Drunk Driving 1-800-GET-MADD (438-6233) www.madd.org

National Council on Alcoholism and Drug Dependence, Inc. 1-800-NCA-CALL (622-2255) www.ncadd.org **Recovery Connection** 

www.recoveryconnection.org

Regional Prevention Centers of Kansas

1-800-757-2180

www.smokyhillfoundation.com/rpc-locate.html

Better Business Bureau

Better Business Bureau 328 Laura (Wichita)

316-263-3146

www.wichita.bbb.org

**Children and Youth** 

Adoption

1-800-862-3678 www.adopt.org/

Boys and Girls Town National Hotline 1-800-

448-3000

www.girlsandboystown.org

Child/Adult Abuse and Neglect Hotline 1-800-

922-5330

www.dcf.ks.org

Child Abuse Hotline

1-800-922-5330

Child Abuse National Hotline

1-800-422-4453

1-800-222-4453 (TDD)

www.childhelpusa.org/home

Child Abuse National Hotline 1-800-4-A-CHILD

(422-4453) www.childabuse.com

Child Find of America

1-800-426-5678

Child Help USA National Child Abuse Hotline 1-

800-422-4453

Child Protective Services

1-800-922-5330

www.dcf.ks.gov

KanCare

P.O. Box 3599 (Topeka)

1-800-792-4884

1-800-792-4292 (TTY)

www.kancare.ks.gov

Heartspring (Institute of Logopedics) 8700 E

29TH N (Wichita)

www.heartspring.org

Kansas Big Brothers/Big Sisters

1-888-KS4-BIGS www.ksbbbs.org

Kansas Children's Service League (Hays) 785-

625-2244 1-877-530-5275 www.kcsl.org

Kansas Department of Health and Environment

785-296-1500

www.kdheks.gov e-mail: info@kdheks.gov

Kansas Society for Crippled Children 106 W

Douglas, Suite 900 (Wichita) 1-800-624-4530

316-262-4676

www.kssociety.org

National Runaway Switchboard 1-800-

**RUNAWAY** 

www.1800runaway.org/

National Society for Missing and Exploited

Children

1-800-THE-LOST (843-5678)

www.missingkids.com

Parents Anonymous Help Line

1-800-345-5044

www.parentsanonymous.org/palndex10.html

Runaway Line

1-800-621-4000

1-800-621-0394 (TDD) www.1800runaway.org/

Talking Books

1-800-362-0699

www.skyways.lib.ks.us/KSL/talking/ksl bph.html

## **Community Action**

#### **Peace Corps**

1-800-424-8580

www.peacecorps.gov

Public Affairs Hotline (Kansas Corporation Commission) 1-800-662-0027 www.kcc.state.ks.us

#### Counseling

Care Counseling

Family counseling services for Kansas and Missouri 1-888-999-2196 Carl Feril Counseling 608 N Exchange (St. John) 620-549-6411

Castlewood Treatment Center for Eating Disorders
1-888-822-8938
www.castlewoodtc.com

Catholic Charities 1-888-468-6909 www.catholiccharitiessalina.org

Center for Counseling 5815 W Broadway (Great Bend) 1-800-875-2544

Central Kansas Mental Health Center 1-800-794-8281

Will roll over after hours to a crisis number.

Consumer Credit Counseling Services 1-800-279-2227 www.kscccs.org/

Kansas Problem Gambling Hotline 1-866-662-3800

www.ksmhc.org/Services/gambling.htm

National Hopeline Network 1-800-SUICIDE (785-2433) www.hopeline.com

National Problem Gambling Hotline 1-800-552-4700 www.npgaw.org Samaritan Counseling Center 1602 N Main Street (Hutchinson) 620-662-7835 http://cmc.pdswebpro.com/

Self-Help Network of Kansas 1-800-445-0116 www.selfhelpnetwork.wichita.edu

Senior Health Insurance Counseling 1-800-860-5260 www.agingkansas.org

Sunflower Family Services, Inc. (Adoption, crisis pregnancy, conflict solution center) 1-877-457-5437 www.sunflowerfamily.org

#### **Disability Services**

www.acb.org

www.ada.gov

American Association of People with Disabilities (AAPD) www.aapd.com
American Council for the Blind 1-800-424-8666

Americans with Disabilities Act Information Hotline 1-800-514-0301 1-800-514-0383 (TTY)

Disability Advocates of Kansas, Incorporated 1-866-529-3824 www.disabilitysecrets.com

Disability Group, Incorporated 1-888-236-3348 www.disabilitygroup.com

Disability Rights Center of Kansas (DRC) Formerly Kansas Advocacy & Protective Services 1-877-776-1541 1-877-335-3725 (TTY) www.drckansas.org

Hearing Healthcare Associates 1-800-448-0215

Kansas Commission for the Deaf and Hearing Impaired 1-800-432-0698 www.dcf.ks.gov

Kansas Relay Center (Hearing Impaired service) 1-800-766-3777 www.kansasrelay.com

National Center for Learning Disabilities 1-888-575-7373 www.ncld.org

National Library Services for Blind & Physically Handicapped www.loc.gov/nls/
1-800-424-8567

Parmele Law Firm 8623 E 32nd Street N, Suite 100 (Wichita) 1-877-267-6300

#### **Environment**

Environmental Protection Agency 1-800-223-0425 or 913-321-9516 (TTY) www.epa.gov

Kansas Department of Health and Environment Salina 785-827-9639 Hays 785-625-5663 Topeka 785-296-1500 www.kdheks.gov

#### **Food and Drug**

Center for Food Safety and Applied Nutrition 1-888-SAFEFOOD (723-3366) www.cfsan.fda.gov/www.healthfinder.gov/docs/doc03647.htm

US Consumer Product Safety Commission 1-800-638-2772 or 1-800-638-8270 (TDD) www.cpsc.gov

USDA Meat and Poultry Hotline 1-888-674-6854 or 1-800-256-7072 (TTY) www.fsis.usda.gov/

U.S. Food and Drug Administration 1-888-INFO-FDA 1-888-463-6332 www.fsis.usda.gov/

Poison Hotline 1-800-222-1222

#### **Health Services**

American Cancer Society 1-800-227-2345 www.cancer.org

American Diabetes Association 1-800-DIABETES (342-2383) www.diabetes.org

AIDS/HIV Center for Disease Control and Prevention 1-800-CDC-INFO or 1-888-232-6348 (TTY) www.cdc.gov/hiv/

AIDS/STD National Hot Line 1-800-342-AIDS 1-800-227-8922 (STD line)

American Health Assistance Foundation 1-800-437-2423 www.ahaf.org American Heart Association 1-800-242-8721 www.americanheart.org

American Lung Association 1-800-586-4872

American Stroke Association 1-888-4-STROKE www.americanheart.org

Center for Disease Control and Prevention 1-800-CDC-INFO or 1-888-232-6348 (TTY) www.cdc.gov/hiv/

Elder Care Helpline www.eldercarelink.com

Eye Care Council 1-800-960-EYES www.seetolearn.com

Kansas Foundation for Medical Care 1-800-432-0407 www.kfmc.org

National Health Information Center 1-800-336-4797 www.health.gov/nhic

National Cancer Information Center 1-800-227-2345 or 1-866-228-4327 (TTY) www.cancer.org

National Institute on Deafness and Other Communication Disorders Information Clearinghouse 1-800-241-1044 or 1-800-241-1055 (TTY) www.nidcd.nih.gov

#### **Hospice**

Hospice-Kansas Association 1-800-767-4965

Kansas Hospice and Palliative Care Organization 1-888-202-5433 www.lifeproject.org/akh.htm

Nemaha County Home Health & Hospice 14<sup>th</sup> and Oregon St (Sabetha) 785-284-2288

#### Housing

Kansas Housing Resources Corporation 785-296-2065 www.housingcorp.org

US Department of Housing and Urban Development Kansas Regional Office 913-551-5462

#### **Legal Services**

Kansas Attorney General 1-800-432-2310 (Consumer Protection) 1-800-828-9745 (Crime Victims' Rights) 1-800-766-3777 (TTY) www.ksag.org/

Kansas Bar Association 785-234-5696 www.ksbar.org

Kansas Department on Aging 1-800-432-3535 www.agingkansas.org/index.htm

Kansas Legal Services 1-800-723-6953 www.kansaslegalservices.org Kansas Department of Aging and Disability Resource Center 1803 Oregon Street (Hiawatha) 785-742-7152 www.nekaaa.org

#### **Medicaid Services**

Kansas Kancare 1-800-792-4884 or 1-800-792-4292 (TTY) www.kancare.ks.gov Kansas Medical Assistance Program Customer Service 1-800-766-9012 www.kmpa-state-ks.us/

Medicare Information 1-800-MEDICARE www.medicare.gov
U.S. Department of Health and Human Services
Centers for Medicare and Medicaid Services
1-800-MEDICARE (1-800-633-4227) or 1-877486-2048 (TTY)
www.cms.hhs.gov

#### **Mental Health Services**

Alzheimer's Association 1-800-272-3900 or 1-866-403-3073 (TTY) www.alz.org

Kansas Alliance for Mentally III (Topeka, KS) 785-233-0755 www.namikansas.org

Make a Difference 1-800-332-6262

Mental Health America 1-800-969-6MHA (969-6642)

National Alliance for the Mentally III Helpline 1-800-950-NAMI (950-6264) or 703-516-7227 (TTY) www.nami.org

National Institute of Mental Health 1-866-615-6464 or 1-866-415-8051 (TTY) www.nimh.nih.gov National Library Services for Blind and Physically Handicapped 1-800-424-8567 www.loc.gov/nls/music/index.html

National Mental Health Association 1-800-969-6642 or 1-800-433-5959 (TTY) www.nmha.org

Pawnee Mental Health
State Mental Health Agency
KS Department of Social and Rehabilitation
Services
915 SW Harrison Street (Topeka)
785-296-3959
www.srskansas.org
Suicide Prevention Hotline 1-800-SUICIDE [784-2433] www.hopeline.com

#### **Nutrition**

American Dietetic Association 1-800-877-1600 www.eatright.org

American Dietetic Association Consumer Nutrition Hotline 1-800-366-1655

Department of Human Nutrition Kansas State University 119 Justin Hall (Manhattan) 785-532-5500 www.humec.k-state.edu/hn/

Eating Disorders Awareness and Prevention 1-800-931-2237 www.nationaleatingdisorders.org

#### **Food Stamps**

Department of Children and Family Services (DCF) 1-888-369-4777 or Local SRS office

www.dcf.ks.gov

Kansas Department of Health and Environment 1000 SW Jackson, Suite 220 (Topeka) 785-296-1320

www.kdheks.gov/news-wic/index.html

#### **Road and Weather Conditions**

Kansas Road Conditions 1-866-511-KDOT www.ksdot.org

#### **Senior Services**

Alzheimer's Association 1-800-487-2585

American Association of Retired Persons (AARP) 1-888-OUR-AARP (687-2277) www.aarp.org

Americans with Disabilities Act Information Line 1-800-514-0301 or 1-800-514-0383 [TTY] www.usdoj.gov/crt/ada

American Association of Retired Persons 1-888-687-2277 www.aarp.org

Kansas Department of Aging and Disability Resource Center 1-800-432-2703

Eldercare Locator 1-800-677-1116 www.eldercare.gov/eldercare/public/home.asp

Home Buddy 1-866-922-8339 www.homebuddy.org

Home Health Complaints Kansas Department of Social and Rehabilitation Services (SRS) 1-800-842-0078

Kansas Advocates for Better Care Inc. Consumer Information 1-800-525-1782 www.kabc.org

Kansas Department on Aging 1-800-432-3535 or 785-291-3167 (TTY) www.agingkansas.org/index.htm

Kansas Foundation for Medical Care, Inc. Medicare Beneficiary Information 1-800-432-0407 Kansas Tobacco Use Quitline 1-866-KAN-STOP (526-7867) www.kdheks.gov/tobacco/cessation.html

Older Kansans Employment Programs (OKEP) 785-296-7842.

Older Kansans Hotline 1-800-742-9531

Older Kansans Information Reference Sources on Aging (OKIRSA) 1-800-432-3535 Senior Health Insurance Counseling for Kansas 1-800-860-5260

www.agingkansas.org/SHICK/shick index.html

SHICK

1-800-860-5260 www.agingkansas.org/SHICK

Social Security Administration 785-296-3959 or 785-296-1491 (TTY)

#### **Suicide Prevention**

Suicide Prevention Services 1-800-784-2433 www.spsfv.org

988 Suicide and Crisis Lifeline

#### **Veterans**

Federal Information Center 1-800-333-4636 www.FirstGov.gov

U.S. Department of Veterans Affairs 1-800-513-7731 www.kcva.org

#### **Education (GI Bill)**

Health Resource Center 1-877-222-8387

Insurance Center 1-800-669-8477

Veteran Special Issue Help Line & Gulf War/Agent Orange Helpline 1-800-749-8387

U.S. Department of Veterans Affairs Mammography Helpline 1-888-492-7844

#### **Other Benefits**

1-800-827-1000

Memorial Program Service [includes status of headstones and markers] 1-800-697-6947

Telecommunications Device for the Deaf/Hearing Impaired 1-800-829-4833 (TTY) www.vba.va.gov

#### **Veterans Administration**

Veterans Administration Benefits 1-800-669-8477

Life Insurance 1-800-669-8477

Education (GI Bill) 1-888-442-4551

Health Care Benefits 1-877-222-8387

Income Verification and Means Testing 1-800-929-8387

Mammography Helpline 1-888-492-7844

Gulf War/Agent Orange Helpline 1-800-749-8387

Status of Headstones and Markers 1-800-697-6947

Telecommunications Device for the Deaf 1-800-829-4833 www.vba.va.gov

Benefits Information and Assistance 1-800-827-1000

Debt Management 1-800-827-0648

Life Insurance Information and Service 1-800-669-8477

Welfare Fraud Hotline 1-800-432-3913

# V. Detail Exhibits

[VVV Consultants LLC]

# a.) Patient Origin Source Files

[VVV Consultants LLC]

# Patient Origin History 2021- 2023 for IP, OP and ER Nemaha County, KS

	Nemaha County, Kansas Residents										
#	Inpatients - KHA HIDI	FFY23	FFY22	FFY21							
	Total	1276	1251	1269							
1	Nemaha Valley Community Hospital - Seneca, KS	369	344	390							
3	Sabetha Community Hospital - Sabetha, KS	249	310	217							
	% Patients Receiving Care in Home County	48.4%	52.3%	47.8%							
2	Stormont Vail Health - Topeka, KS	300	272	292							
4	The University of Kansas Health System St. Francis Campus	79	82	95							
5	The University of Kansas Health System - Kansas City, KS	85	57	76							
6	Community Healthcare System Inc Onaga, KS	67	48	55							

	Nemaha County, Kansas Residents									
#	Outpatients - KHA HIDI	FFY23	FFY22	FFY21						
	Total	39,937	41,149	37,052						
1	Nemaha Valley Community Hospital - Seneca, KS	17,218	17,954	16,441						
2	Sabetha Community Hospital - Sabetha, KS	13,565	13,854	11,818						
	% Patients Receiving Care in Home County	77.1%	77.3%	76.3%						
3	Community Healthcare System Inc Onaga, KS	2,705	2,477	2,404						
4	Holton Community Hospital - Holton, KS	1,298	1,348	1,382						
5	Stormont Vail Health - Topeka, KS	1,205	1,276	1,233						
6	The University of Kansas Health System St. Francis Campus	1,258	1,220	1,168						

Nemaha County, Kansas Residents										
#	Emergency - KHA HIDI	FFY23	FFY22	FFY21						
	Total	2,989	2,976	2,629						
1	Nemaha Valley Community Hospital - Seneca, KS	1,388	1,249	1,156						
2	Sabetha Community Hospital - Sabetha, KS	938	1,008	823						
	% Patients Receiving Care in Home County	77.8%	75.8%	75.3%						
3	Community Healthcare System Inc Onaga, KS	200	239	191						
4	Holton Community Hospital - Holton, KS	157	149	154						
5	Stormont Vail Health - Topeka, KS	96	104	99						

# b.) Town Hall Attendees, Notes, & Feedback

[VVV Consultants LLC]

	Att	enda	nce N	lemaha Co	(KS) CH	INA Town Hall -Tues, 4/9/24 11	:30-1:00pm N=44
#	Table	Lead	Attend	Last	First	Organization	Title
1	Α		х	Meyer	Alan	Community National Bank	Senior Vice President
2	G	хх	х	Bergstrom	Alex	Nemaha County EMS	Lieutenant
3	G		х	Harrison	Alex	NVCH	
4	Н		х	Huerter	Amy		
5	Н	хх	х	Baker	Cara	Highland Community College	Western Center Director
6	D		х	Livengood	Christina	Nemaha County Comm Health Services	
7	F	хх	х	Schmelzle	Courtney	Nemaha Valley Community Hospital	Comm Outreach Coordinator
8	D		х	Strathman	Courtney	Nemaha Valley Community Hospital	ER Supervisor
9	Е		х	Sudbeck	Curt	Nemaha Valley Community Hospital	Director Ancilary
10	J	xx	х	Kohake	Dana	Nemaha Valley Community Hospital	Director of Nursing
11	J		х	Keim	Dylan	Nemaha County	Commissioner
12	Α		х	Aldrine	Eddie	Nemaha Co Emergency Management	Director
13	A	хх	х	Scribner	Emily	Kanza Mental Health & Guidance	Human Resources Generalist
14	J		х	Dobbins	Freda	Community Member	Hospital Board Member
15	-	хх	х	Colglazier	Garrett	SCH	COO
16	E		х	Wenger	Gregg	Retired MD	
17	В		х	Schiffbauer	Ida	PFAC Member	Retired
18	Н		х	Longabaugh	James	Sabetha Community Hospital	CEO
19	F		х	McClain	Jenna	Sabetha Community Hospital	Director of Nursing
20	E	хх	х	Ploeger	Jennifer	Sabetha Community Hospital	Comm Outreach Coordinator
21	В	^^	х	Hermesch	Jessica	Ag Partners Cooperative, Inc.	Director of Marketing
22	F		х	Mady	Jill	Nemaha County Comm Health Serv	Administrator
23	J		х	Dobbins	Jim	Community Member	Administrator
24	G		х	Mitchell	Joe	City of Seneca	Mayor
25	С		х	Fee	Joyce	Retired - community member	Iwayor
26	F		х	Patton-Deters	Kailey	Brighter Dawn Mental Health	Owner/Therapist
27	Н		х	Feldkamp	Kevin	United Bank & Trust	Loan Officer
28	С	xx	х	Floyd	Kiley	Nemaha Valley Community Hospital	CEO
29	D	XX	x	Priest	Kim	Mary Cotton Public Libary	Director
30	D	xx	x	Bergstrom	Kylee	Seneca Chamber & Downtown Impact	Executive Director
		XX	х		· ·	Life Care Center of Seneca	
31 32	I D		x	Duryea Sack	Lesa Mary	Nemaha Valley Community Hospital	Executive Director Executive Assistant
33	E		x	Miller	Mike	Nemaha County	County Administrator
34	В	хх	x	Gafford		Rural Development Assoc of NE Kanas	Executive Director
35	В	**	x		Nancy Niki	Nemaha Valley Community Hospital	CFO
			X	Buesing		· ' '	
36 37	B F		X	Lauer Koch	Sally Sandy	PFAC Member Life Care Center of Seneca	Retired Social Services
			x				
38	Н		х	Knowles	Sara	Life Care Center of Seneca	Registered Nurse
39	С			Brooks	Steve	City of Seneca	City Administrator
40	E		X	Bragdon	Tammy	Nemaha Valley Community Hospital	Director of Quality and Infection F
41	G		X	Hatfield	Teresa	K-State Research & Extension	Extension Agent
42	Α		X	Palic	Tina	Nemaha Valley Community Hospital	Director PT/OT/ST
43	С		X	Jordan	Weaver	City of Seneca	Parks and Recreation Director
44	I		Х	Rachele	j	KANZA	

## Nemaha County Hospital - Town Hall Event Notes

Date: 4/9/2024 - 11:30 a.m. to 1:00 p.m. @ Meadowlark K-State N=44

INTRO: Following is a recap of the community conversation during CHNA 2024 Town Hall

#### Demographics

- o Lots of kids and aging population need care for both generations.
- o Spanish and Pakistani language needs, some Chinese needs in the community
- Community members don't move much multiple attendees lived in the same house for 40 years.
- Veterans go to Topeka or Lincoln if required. Local hospitals take VA insurance; VA CCN will also provide community services.
- Per capita income is good but still has ~10% poverty. Community represented by haves and have-nots.
- o The cost of **everything** has gone up, especially food and utilities. Food insecurity has gone down in the last 3 years, but it is still worth keeping an eye on. Also concerned about the ability to afford **healthy** food.
- The community is concerned about having good Wi-Fi in the area.

#### Educational

- o Screenings in school when do they start? Preschool, 4th-5th grade.
- o Community health in schools in the fall.

#### Maternal & infant profile

- Babies are being delivered to either local hospital and/or Topeka (Stormont Vail) / Manhattan.
   Birth rate increased during Covid.
- o Increase in the number of children getting all their shots.
- o Worried about smoking mothers number lower than norm but still worth paying attention to.
- o Not enough childcare (unanimous agreement). Lost a couple centers.

#### • Hospital & providers

- We need providers and EMS and particular specialists.
- o ER wait times are high extremely sick and require more time for a full workup.
- o Transfers out of hospital also trigger high ER times.
- o Discussion about primary care: do we need more or different types?

#### Mental and behavioral health

- o Very little care for mental and behavioral health in the community.
- Issues in county: depression (~20%), anxiety, schizophrenia, bipolar, substance abuse, suicide, and attempted suicide
- Opioid data shows providers are dispensing the right amount, but we know people are using others' opioids to get high.
- o Alcohol, opioids, and meth are the biggest substance abuse concerns, a little concerned about marijuana. Vaping is happening and is more than just nicotine (THC).
- School survey results indicate that kids in our community feel alcohol is damaging but it's also double the use rate.
- o In Nemaha County, alcohol is acceptable and other drugs are illegal; vote to treat them separately rather than grouping together.

- Risk indicators.
  - Improved but obesity and alcohol use are up, while working out is down.
  - o Health department and hospitals do communicable disease treatment, they say STDs are a problem in the community.
  - o Chronic diseases: high blood pressure medications (link to obesity).
- Uninsured/community benefit
  - o Medicaid expansion hasn't occurred yet.
- Mortality
  - o Life expectancy of 79 is higher than others in the area.
  - o Cardiovascular disease and deaths, cancer higher than the state average
  - Drinking & driving has gone down but is much higher than the state average.
- Access to exercise: Sabetha and Seneca both have fitness centers. We need more and it must be affordable.
- Preventative health

What is coming/occurring that will affect health of community:

- Sales tax we're trying to get passed again for our county's hospital(s).
- War
- Medicaid expansion
- Changes in Medicare: capping cost on drugs, Medicare Advantage, and prior authorizations.

#### **Strengths:**

Full-time EMS Elder care: assisted living community

Industry support in both communities: Upgrading facilities

collaborative

Self-help groups

Community involvement: fundraising, etc.

Strong families

Education options (beyond healthcare) The economic engine is great.

Quality care: local facilities with good access and improving quality of care.

#### **Community Feedback: Improvements or Changes:**

Childcare (Availability / Affordable), Mental Health (Diagnosis, Placement, Aftercare, Access to Providers), Housing (Affordable & Accessible), Substance Abuse (Drugs & Alcohol), Chronic Disease Management (cancer, diabetes), Obesity - exercise needs, Uninsured/ Underinsured, Youth Health Education, Affordable Healthy Foods, Wi-Fi Service (Increase in a rural community), Health Apathy/Owning Your Health, Dental providers accepting Medicaid, In-home care (esp. for Homemakers), Veteran & Military Care: Tri-Care, Domestic violence, Senior Health (Geriatric).

Round #5 CHNA - Nemeha Co, KS								
Town Hall Conversation - Strengths (Big White Cards) N=47								
Card #	What are the strengths of our community that contribute to health?	Card #	What are the strengths of our community that contribute to health?					
45	# of PCP	1	Economic Stability					
	Accept VA insurance/serves veterans		Economy					
	Access ease to immunizations	5	Education					
	Access to care	39	Education					
	Access to care and specialty providers	42	Education					
	Access to early childhood education		Education					
47 8	Access to exercise/wellness centers	45 46	Education					
	Access to facility Access to family healthcare	29	Education Education system					
	Access to fitness		Education systems					
	Access to great hospital	20	Employment					
2	Access to healthcare	41	Employment					
	Access to healthcare	46	Employment opportunities					
41	Access to healthcare	3	EMS					
47	Access to healthcare	10	EMS					
33	Access to more PCP	14	EMS					
	Access to outpatient services		EMS					
36	Access to PCP	_	EMS					
	Access to primary care		EMS					
	Access to urgent care		EMS					
	Active inpatient and outpatient		EMS					
	Adequate # of PCP		EMS					
	Adequate primary care facilities  Amazing facilities	46 40	EMS ER					
	Assisted Living choices/long term care		ER access					
	Attentiveness to feedback	10	Exercise increased					
	Availability of healthcare	17	Facility improvements					
	Availability to exercise	24	Facility improvements					
	Available specialist	38	Facility improvements					
	Awesome EMS	34	Families are strong					
29	Basic care access	13	Family stability					
17	Births happening within county	35	Family stability					
8	Cardiac Rehab available	44	Fantastic county health services					
31	Care transitions	21	Food					
7	Caring medical staff on all levels	45	Food options					
17	Child assessments adequately happening	36	Generally strong community support					
2	Collaborative community	4	Good cooperation between hospitals					
26	Collaborative community	26	Good Hospitals					
19	Communities/county that helps each other	26	Good PCP					
32	Community collaboration	20	Good PCP/access					
28	Community education	34	Good providers					
6	Community events	19	Good schools					
13 16	Community events Community health workers	9 46	Great community involvement Great medical facilities					
	Community involvement	46	Great nursing home/assisted living facilities					
	Community involvement	22	Growth of specialty clinics					
38	Community involvement	24	Health Access					
3	Community involvement with needs of county	23	Healthcare access					
46	Community outreach	25	Healthcare access					
	Community pride/involvement	19	Healthcare professionals that care					
15	Community support	42	Healthcare provider access					
34	Community support	5	Healthcare workers					
18	Constant desire to improve	8	Helpful employees					
32	Crisis response for mental health	9	Higher than average per capita income					
36	Decent insurancce coverage	25	Hospital access					
	Demographics and kids	18	Hospital systems					
8	Ease of getting care	18	Industry support					
13	Economic	29	Industry Support					
	Economic	18	Insured population					
	Economic	19	Jobs Lenguages analysis					
	Economic engine	27	Life lenger its					
24	Economic environment	42	Life longevity					

	Round #5 CHNA - Nemeha Co, KS									
	Town Hall Conversation - Strengths (Big White Cards) N=47									
Card #	What are the strengths of our community that contribute to health?	Card #	What are the strengths of our community that contribute to health?							
10	Local jobs - less commute	29	Quality care							
41	Location: easy accerss to higher level of care	31	Quality care							
19	Long lives	36	Quality local facilities							
4	Lots of specialty options	22	Quality providers							
1	Low crime	12	Quality schools							
11	Low crime	4	resources for free food							
11	Low poverty	31	Respectful care from providers							
23	Low poverty	32	School buy in dental/vision screenings							
27	Low poverty	6	School/Education							
9	Low unemployment	3	Schools							
10	Lower unemployment	5	Schools							
40	Meals on wheels	14	Self help groups							
2	More community education	29	Self help groups							
32	Multiple medical facilities	46	Self help groups							
20	New PCP/woman coming/increased woman health	10	Senior care facilities/assisted living							
40	New sidewalks	24	Senior health							
26	Nurses at the hospital	15	Senior health facilities							
16	Opportunities to provide for healthy eating	28	Senior Living							
38	Opportunity to get treatment	46	Senior Living							
4	Options for education	39	Sense of community							
13	Options for education	29	Sr health							
19	Options for healthcare	36	Stable medical communication							
31	Outpatient services	44	Staff who live and work in the community							
46	Overall community environment is safe	34	Strong economy							
15	Overall quality of healthcare	26	Strong families							
43	Playgrounds and walkability	34	Strong hospitals							
2	Population and poverty levels staying with similar	5	Support families							
	Population stable	16	Supportive tight knit communities							
5	Population/workers	14	Supports local community							
2	Preventative care	20	Telehealth behavorial health							
	Primary care access	40	Transportation							
	Primary care docs	4	Trust in healthcare							
6	Providers	13	Trust in healthcare							
13	Providers	1	Two Parent Households							
37	Providers	7	Upgrading of health facilities							
38	Providers	15	Veterans CCP network							
39	Providers	43	Visiting specialists							
43	Providers	8	Welath of OP doctors							
39	Public health	39	Wellness interventions							
28	Quality care									

Round #5 CHNA - Nemeha Co, KS										
	Town Hall Conversation - Weaknesses (Color Cards) N= 42									
Card #	What are the weaknesses of our community that contribute to health?	Card #	What are the weaknesses of our community that contribute to health?							
6	# specialists for healthcare	19	Cancer/health problems							
26	Access to affordable healthy foods	22	Childcare							
29	Access to affordable housing	24	Childcare							
2	Access to childcare	26	Childcare							
40	Access to childcare	28	Childcare							
11	Access to exercise facility	30	Childcare							
15	Access to fitness	31	Childcare							
35	Access to fitness	32	Childcare							
19	Access to healthy affordable foods	34	Childcare							
37	Access to healthy food	35	Childcare							
42	Access to healthy food	37	Childcare							
40	Access to OB services	39	Childcare							
25	Access to primary care after 4PM or Sat	42	Childcare							
12	Access to resources for poor/poverty	3	Childcare options							
12	Access to stable primary care	4	Childcare options							
9	Add paramedics, therapists, and dentists	5	Childcare options							
13	Add support groups for issues	6	Childcare options							
11	Additional education - health	8	Childcare options							
18	Affordable access to healthy foods	9	Childcare options							
28	Affordable fitness	10	Childcare options							
31	Affordable fitness	14	Childcare options							
31	Affordable food	16	Childcare options							
40	Affordable food	17	Childcare options							
5	Affordable healthy food	18	Childcare options							
20	Affordable healthy food	19	Childcare options							
32	Affordable healthy food	20	Childcare options							
2	Affordable housing	21	Childcare options							
5	Affordable housing	29	Chronic care management							
8	Affordable housing	35	Chronic care management							
10	Affordable housing	37	Chronic care management							
11	Affordable housing	38	Chronic care management							
19	Affordable housing	1	Chronic disease management							
30	Affordable housing	14	Chronic disease management							
34	Affordable housing	18	Chronic disease management							
38	Affordable housing	26	Compassion							
40	Affordable housing	21	Curb domestic violence							
41	Affordable insurance	16	Decrease grocery cost							
15	Alcohol not a normal	23	Decrease in # of grocery stores							
2	Alcohol/drug use	9	decrease time in ER							
3	Alcohol/drug use	41	Decreasing drug use							
7	Alcohol/drug use	24	Dental providers and who accept medicaid							
9	Alcohol/drug use	23	Dentists							
10	Alcohol/drug use	10	Diseases							
20	Alcohol/drug use	1	Domestic violence							
21	Alcohol/drug use	21	Drinking & driving							
22	Alcohol/drug use	18	Drug/alcohol education/services							
23	Alcohol/drug use	19	Drug/alcohol education/services							
24	Alcohol/drug use	35	Drugs							
26	Alcohol/drug use	8	Education on topics							
28	Alcohol/drug use	17	Education on topics							
29	Alcohol/drug use	38	Education to young people							
33	Alcohol/drug use	15	Eradicate drugs							
34	Alcohol/drug use	35	Excessive alcohol							
40	Alcohol/drug use	17	Exercise education and access							
42	Alcohol/drug use	26	Exercise facilities							
4	Available/affordable housing	30	Exercise facilities							
11	Behavioral health access	2	Exercise options							
14	Behavioral health access	22	Exercise/fitness							
15	Better communication between PCP and specialist	32	Explain in a way the patient understands							
27	Better medication availability	6	Few choices for food outside of home							
1	Birth to preschool childcare	33	Food availability							
	, ,- ,		<i></i>							

	Round #5 CHNA - Nemeha Co, KS							
	Town Hall Conversation - We	eakness	ses (Color Cards) N= 42					
Card #	What are the weaknesses of our community that contribute to health?	Card #	What are the weaknesses of our community that contribute to health?					
12	Food insecurity	41	More childcare opportunities					
22	Housing	27	More diverse specialty coverage					
26	Housing	37	More fitness oppportunities					
33	Housing	19	More healthcare providers					
35	Housing	39	More low income housing					
42	Housing	33	More mental health services					
3	Housing availability	2	More specialists					
29	Improve daycare	16	More specialists					
13	Improve services for veterans	7	No opiod treatment					
39	Improve wages	1	Obesity in all ages					
36	In home care	21	Opiod overuse					
16	In house behavioral health provider	11	Outpatient providers tailors to meet community needs					
25	Increase education importance of preventative care	13	Promote peer support fo rmental health					
24	Increase in youth mental health problems	13	Provide educational prevention programs					
24	Indoor exercise facilities	22	Providers					
23	Info on prevention of diseases	4	Providers/specialist/therapists					
9	In-home care	8	Psychiatric care					
27	Insurance coverage	25	Reduce stigma of mental health					
14	Insurances (cost/coverage)	23	Senior services					
12	Lack of childcare	23	Smoking					
7	Lack of education of exercise benefits	32	Smoking					
15	Law enforcement	28	Specialist access					
13	Lessen stigma for seeking mental health services	33	Specialist access					
41	Longer clinic hours	26	STD education					
6	Low housing options	5	Substance abuse					
33	Medical response to mental health	8	SUD					
10	Mental health	1	Suicide					
19	Mental health	10	Suicide					
22	Mental health	20	Suicide					
26	Mental health	31	Suicide					
29	Mental health	34	Suicide					
30	Mental health	37	Suicide					
32	Mental health	4	Support for veterans					
28	Mental health access	39	Support veterans					
3	Mental health access and stigma	17	Teen alcohol abuse					
4	Mental health access and stigma	12	Vaccine hesitancy					
5	Mental health access and stigma	14	Vaccine hesitancy					
17	Mental Health integration	3	Vaping					
27	Mental health options	31	Veteran Access to information services					
41	Mental health providers	38	Walking/biking trails					
18	Mental health services	20	Wifi access					
34	Mental health services	31	Wifi access					
39	Mental health services	39	Wifi access					
40	Mental health services	32	Youth health edeucation					

		Round #5 CHNA	- N	ema	aha Co KS
		Social Determinants "A" Card Themes (N	= 29):	E=21, N	N=9, ED=15, C=10, F=8 & P=36
		The social dete	rminan	ts of h	ealth
		Economic Neighborhood and Physical Education		Food	Community Health Care System
		- Employment - Housing - Literacy	• Hu	nger	Social - Health coverage
		- Income - Transportation - Language - Expenses - Safety - Early childhoo	. has	ess to althy optic	integration - Provider availability
		- Debt - Parks education			- Community - Provider bias engagement - Provider cultural
		Medical bills - Playgrounds training     Support - Walkability - Higher			Discrimination and linguistic competency
		education			- Quality of care
Card #	Code	First Impressions on Social Determinants Impacting	Card #	Code	First Impressions on Social Determinants Impacting
3	С	Delivery Social and community context	14	F	Pood insecurity Delivery
6	С	Social and community context	26	F	Food insecurity
9	С	Social and community context	10	F	Healthy foods
15 19	C	Social and community context Social and community context	14 11	F N	Healthy foods Internet access
24	С	Social and community context	23	N	Lack of exercise
25	С	Social and community context	8	N	Neighborhood and physical environment
27	C	Social and community context	9 10	N N	Neighborhood and physical environment Neighborhood and physical environment
28 29	C	Social and community context Social and community context	20	N	Neighborhood and physical environment
10		Economic	13	N	Physical activity
5		Economic stability	15	N	Poor wifi
6	E	Economic stability	29	N P	Wifi access
7 11		Economic stability  Economic stability	3 14	P	Access Access
12	Ē	Economic stability	23	P	Alcohol abuse
13	Е	Economic stability	14	Р	Behavioral health
14 15	E	Economic stability	11 13	P P	Chronic disease management
16	E	Economic stability  Economic stability	14	P	Chronic disease management Chronic disease management
17	Ē	Economic stability	29	Р	Chronic disease management
18	E	Economic stability	23	P	Drugs
20 21	E	Economic stability  Economic stability	15 1	P P	Excessive consumption of alcohol Healthcare access and quality
22	Ē	Economic stability	2	P	Healthcare access and quality
23	Е	Economic stability	4	Р	Healthcare access and quality
24	E	Economic stability	5	P	Healthcare access and quality
28 29	E	Economic stability  Economic stability	7 8	P P	Healthcare access and quality Healthcare access and quality
2	Ē	Economy	11	P	Healthcare access and quality
6	E	Medical bills, insurance coverage, expenses,	16	Р	Healthcare access and quality
10 11		Childcare Childcare	17 18	P P	Healthcare access and quality Healthcare access and quality
14	ED	Childcare	19	P	Healthcare access and quality
15	ED	Childcare lacking	21	Р	Healthcare access and quality
5	ED	Childcare needs	22	Р	Healthcare access and quality
29 13	ED ED	Childcare needs Childcare shortage	25 26	P P	Healthcare access and quality Healthcare access and quality
1	ED	Education access and quality	27	P	Healthcare access and quality
4	ED	Education access and quality	29	Р	Healthcare access and quality
12		Education access and quality Education access and quality	11	P P	Insurance/Underinsured Mental health
13 23		Education access and quality  Education access and quality	5 10	P	Mental health
26	ED	Education access and quality	26	Р	Mental health
29		Education access and quality	5	Р	Suicide
26 29		Need for childcare Access to affordable foods	11 13	P P	Suicide Suicide
15		Affordable healthy food	14	P	Suicide
5	F	Food insecurity	29	P	Suicide
11	F	Food insecurity			

### **Email Stakeholder Request**

From: Courtney Schmelze

**Date:** 2/9/2024

**To:** Community Leaders, Providers, and Hospital Board and Staff **Subject:** Nemaha County Community Health Needs Assessment 2024

**Nemaha Valley Community Hospital** (Nemaha County, KS) will be partnering with other community health providers to update the 2021 Community Health Needs Assessment (CHNA) for Nemaha County, KS. Our facility has again contracted VVV Consultants to complete this work over the next few months.

Your feedback and suggestions regarding community health delivery are especially important to collect to be able to complete the 2024 Community Health Needs Assessment and implementation plan updates.

To accomplish this work, a short online survey has been developed. <u>Please utilize</u> the link below to complete this survey.

LINK: <a href="https://www.surveymonkey.com/r/CHNA2024">https://www.surveymonkey.com/r/CHNA2024</a> NemahaCoKS OnlineSurvey

This online survey must be completed by **March 8th**, **2024.** All responses are confidential.

Please hold the date for a community Town Hall scheduled for Tuesday, April 9th, 2024 for lunch from 11:30am-1pm to discuss research findings. If possible, we encourage you to attend. Stay tuned for further details! More information on this will be provided shortly.

Thank you in advance for your time and support in participating with this important request. If you have any questions, please contact Courtney Schmelze. (785) 336-6181

### **Email Stakeholder Request**

From: Jennifer Ploeger

**Date:** 2/9/2024

To: Community Leaders, Providers and Hospital Board and Staff

Subject: Nemaha County Community Health Needs Assessment 2024

**Sabetha Community Hospital** (Nemaha County, KS) will be partnering with other community health providers to update the 2021 Community Health Needs Assessment (CHNA) for Nemaha County, KS. Our facility has again contracted VVV Consultants to complete this work over the next few months.

Your feedback and suggestions regarding community health delivery are especially important to collect to be able to complete the 2024 Community Health Needs Assessment and implementation plan updates.

To accomplish this work, a short online survey has been developed. <u>Please utilize</u> the link below to complete this survey.

LINK: https://www.surveymonkey.com/r/CHNA2024 NemahaCoKS OnlineSurvey

This online survey must be completed by **March 8th**, **2024.** All responses are confidential.

Please hold the date for a community Town Hall scheduled for Tuesday, April 9th, 2024 for lunch from 11:30am-1pm to discuss research findings. If possible, we encourage you to attend. Stay tuned for further details! More information on this will be provided shortly.

Thank you in advance for your time and support in participating with this important request. If you have any questions, please contact Jennifer Ploeger. (785) 284-2121

### PR#1 News Release

Local Contact: Courtney Schmelze and Jennifer Ploeger

Media Release: 2/19/24

# Nemaha Valley Community Hospital & Sabetha Community Hospital Launch 2024 Community Health Needs Assessment

Over the next few months, **NVCH & SCH** (**Nemaha County, KS**) will be working together, along with area community leaders to update the Community Health Needs Assessment (CHNA). Today we are requesting community input regarding the healthcare delivery and unmet needs necessary to complete this assessment update. VVV Consultants LLC, an independent research firm from Olathe, KS has been retained to conduct this countywide research.

The goal of this assessment update is to understand progress in addressing community health needs cited in 2021, 2018, and 2015 assessment reports, while collecting up-to-date community health perceptions and ideas.

A brief community survey has been developed to accomplish this work. You can participate in several different ways, including visiting the Hospitals websites, the Facebook pages, or simply scanning the QR code below.



All community residents and business leaders are encouraged to complete this online survey by March 8th, 2024. In addition, a CHNA Town Hall meeting to discuss the survey findings will be held on Tuesday, April 9th, 2024, for lunch from 11:30-1:00pm with more information to come.

Thank you in advance for your time and support!

If you have any questions regarding CHNA activities, please call (785) 336-6107

#### NEMAHA CO HEALTH NEEDS ASSESSMENT SET



By <u>Submitted</u> 02/09/2024 <a href="https://www.mscnews.net/news/?nk=77031">https://www.mscnews.net/news/?nk=77031</a>



(KMZA)--Nemaha Valley Community Hospital & Sabetha Community Hospital Launch 2024 Community Health Needs Assessment.

Over the next few months, NVCH & SCH (Nemaha County, KS) will be working together, along with area community leaders to update the Community Health Needs Assessment (CHNA).

We are requesting community input regarding the healthcare delivery and unmet needs necessary to complete this assessment update. VVV Consultants LLC, an independent research firm from Olathe, KS has been retained to conduct this countywide research.

The goal of this assessment update is to understand progress in addressing community health needs cited in 2021, 2018, and 2015 assessment reports, while collecting up-to-date community health perceptions and ideas. A brief community survey has been developed to accomplish this work.

#### https://www.surveymonkey.com/.../CHNA2024 NemahaCoKS...

All community residents and business leaders are encouraged to complete this online survey by March 8th, 2024.

In addition, a CHNA Town Hall meeting to discuss the survey findings will be held on Tuesday, April 9th, 2024, for lunch from 11:30-1:00 pm at the K-State Research & Extension Office in Seneca.

## **EMAIL #2 Request Message (Cut & Paste)**

From: James Longabaugh & Kiley Floyd

**Date:** 3/13/2024

**To:** Community Leaders, Providers and Hospital Board and Staff **Subject:** Nemaha County Community Health Needs Assessment 2024

Nemaha Valley Community Hospital and Sabetha Community Hospital are proud to host a Town Hall Meeting for Nemaha County's 2024 Community Health Needs Assessment (CHNA). This meeting aims to review key community health indicators and gather valuable feedback on priority community needs.

Join us for this important event on **Tuesday, April 9th, 2024, for lunch from 11:30 a.m. to 1:00 p.m**. Check-in will begin at 11:15 a.m. and the meeting will be held at Meadowlark K-State.

We invite and encourage all community members to attend. To ensure that we can accommodate everyone, please RSVP by following the link below.

We look forward to your participation in this impactful community event.

LINK: <a href="https://www.surveymonkey.com/r/NemahaCo">https://www.surveymonkey.com/r/NemahaCo</a> RSVP TownHall

Thanks in advance for your time and support!!

If you have any questions regarding CHNA activities, please call (785) 336-6107.

# Nemaha Valley Community Hospital and Sabetha Community Hospital to Host Town Hall Meeting for 2024 Community Health Needs Assessment

Media Release: 03/13/2024

Contact: Jennifer Ploeger or Courtney Schmelze

Nemaha County, 03/13/24 - Nemaha Valley Community Hospital and Sabetha Community Hospital are proud to announce a collaborative effort to host a Town Hall Meeting for the 2024 Community Health Needs Assessment (CHNA) for Nemaha County. This event is part of our ongoing commitment to enhancing the health and well-being of our community.

The Town Hall Meeting will provide an opportunity for community members to review key health indicators and provide feedback on priority health needs in Nemaha County. The event will be held on Tuesday, April 9th, 2024, from 11:30 a.m. to 1:00 p.m. at Meadowlark K-State, with check-in starting at 11:15 a.m.

To adequately prepare for this event, is vital everyone planning to attend this event RSVPs. Please visit our hospital website or social media sites to obtain the link to complete your RSVP OR please utilize the QR code below.



We hope that you will be able to join us for this discussion on <u>April 9<sup>th</sup>.</u> Thanks in advance for your time and support!

If you have any questions about CHNA activities, please call (785) 336-6107.

###



[VVV Consultants LLC]

	CF	INΔ 20°	24 Ca	nmm	ınity	Feedback: Nemaha County, KS (N=343)
	<u> </u>	11171 201				
ID	Zip	Rating	c1	c2	с3	Q10. Being this a strong topic of interest, do you have any thoughts, ideas, and/or specific suggestions (food, housing, transportation, support, etc.) to address these 5 social determinants to improve our community health? (Please Be Specific)
1036	66534	Poor	ACC	FINA		Healthcare is not accessible because it has become so expensive. \$180 for a 5 minute conversation with a doctor is not reasonable.
1009	66534	Average	ACC	FINA		Offer basic care that people can actually afford.
1246	66404	Very Good	ACC	FIT		On the Seneca side of the county there is very little access to indoor exercise facilities thus creating a neighborhood deterrent.
1100		Very Good	ACC	HOUS		Resident owned, handicap accessible, maintenance free, with garage housing
1014	66534	Very Good	ACC	MH		I think access to mental health care is a huge problem that we keep trying to solve. It is a very hard issue to tix
1040	66538	Very Good	ACC	NUTR		Access to healthy food choices at local food pantry. Also, need a Harvesters truck to come to Seneca.
1256	66534	Poor	ACC	SERV		We need our local health care system to focus on their patients and not the drug makers lining their pockets. This is why the direct health care model will win in the long term.
1079	66538	Very Good	ACC	SPEC	TELE	acess to needed specialist with it being NO telehealth
1129	66534	Very Poor	ACC			Get everyone involved not just certain people, different ideas from different social classes.
1044	66404	Very Good	ADOL	NUTR	EDU	activity center for all ages, with nutrition, exercise, social activities, educational activities, areas for generational interaction
1289	66538	Good	CC	ACC	INSU	We really need increased childcare services so parents can continue to work (often needed to obtain health insurance).
1328	66538	Average	СС	ACC		Have more daycare options then people will be able to work and have access to funds through employer as well as cash flow.
1180	66538	Good	СС	FINA	ACC	Need more daycare options that are affordable. Need affordable multi family housing. There was a request to rezone to multi family that was turned down. This was on an empty lot that isn't big enough for a typical ranch style house. Would have been great multi family. Seneca lacks affordable rentals and affordable starter homes.
1325	66534	Good	CC			Need better community childcare options.
1208	66534	Very Good	COMM	EDU	SERV	Continuing to rebuild community confidence through communication and education as well as expanded services is important to me
1236	66538	Very Good	СОММ	NUTR	TRAN	Communication/marketing of food, transportation and other services needs to be improved.
1268	66534	Very Good	DOCS	ECON	POV	Since our city is a "hub" for a large area, it is imperative that we have enough care givers to meet the needs of that population. Attracting more young doctors, dentists and other medical professionals would definitely help alleviate the loads that they incur. Keeping our schools and businesses active and working towards common goals without alienating people would also create a lot more harmony and less stress, resulting in better health for many. Nemaha County's greatest poverty level is in the over 65 age grouptaking care of this population becomes a priority for health and well being.
1243	66406	Very Good	DOH	SERV	POV	Expand public health more services and education on mental health. We need a way to get information to lower income and mental of services available
1266	66538	Very Good	DRUG	ADOL	EDU	Substance abuse is always an issue for our youth and also adults. Need to increase education in this area.
1254	66534	Very Poor	DRUG	ALT	RUSH	No more drugs and jabs. Open to alternative/proven methods, not a rushed MRNA fake jab and mask mandate. It literally killed people
1034	66538	Very Good	ECON	FINA	HOUS	The community needs economic stability with perhaps an industry option that will allow
1264	66534	Good	ECON			those of limited income to enjoy better benefits and housing.  Economic conditions are related to a lot of issues and I don't now how to fix that.
1272	66417	Good	ECON			Economic stability
1323	66404	Good	ECON			economic stability is a struggle for a large portion of this county. which then affects the persons health. economic stability would improve everyone.
1148	66534	Poor	EDU	ACC	QUAL	Education Access & Quality
1313	66538	Good	EDU	ACC		You can never do too much education within your community when it comes to one's health.
1241	66534	Good	EDU	ADOL		Kids are dirty, clothes and bodily. Kids need to be taught basic life skills. Need for beds and a warm place to go in the winter.
1164	66534	Very Poor	EDU	COVD		Here is some education for you. We live in the United States of America. Home of the brave, land of the free. It is not ok to take our freedom by forcing masks on the people.
1108	66538	Very Good	EDU	HOUS	FINA	Some of the questions do not apply and I don't have great info to have an opinion. Maybe there should be a no opinion option. I picked a middle answer. I also think people are so busy that health education takes a back seat. Until they have no choice. Rent is too high based on income in this community. Some of the rentals are absolute trash and yet they charge \$1000 a month. Food costs are out of control. Not sure some of this is anyone's ability to change. But it is a reality. 2 jobs do not cover expense. So you cut out what you can. A Dr visit. A mammogram etc. becomes optional
1105	66538	Very Good	EDU	PREV	MH	Educate those moving here about healthy home and environment
1061	66538 66538	Good	EDU	SPRT	NUTR	More education for school kids on healthy eating, mental health, and exercise. provide more education to the community on what is available to them when it come to healthcare and support. Provide more affordable healthy food items in our community and affordable exercise facilities.
1198	66534	Very Poor	FAC	GOV	SERV	Close the hospital and stop robbing us of our tax dollars all to only deny services
1026	66534	Average	FINA	ACC	SERV	People cannot afford the lackluster care that is offered.
1123	66534	Poor	FINA	ACC		Over inflated cost make care unobtainable for many.

	CF	INΔ 20°	24 Ca	nmm	unity	Feedback: Nemaha County, KS (N=343)
	UI	1117 20	-7 0(	·1111111	I	recapacit. Nemaria County, No (11–343)
ID	Zip	Rating	c1	c2	с3	Q10. Being this a strong topic of interest, do you have any thoughts, ideas, and/or specific suggestions (food, housing, transportation, support, etc.) to address these 5 social determinants to improve our community health? (Please Be Specific)
1259	66538	Very Good	FINA	HOUS	СС	The county needs affordable housing options for young families and access to high quality childcare.
1192	66538	Poor	FINA	INSU		Nemaha County needs direct cash pay doctors who are loyal to their patients. This in turn will provide a more affordable option for the people. The cost of administration, for health services under Medicare, Medicaid, and the insurance industry is more than the cost of the care itself. The administrative burden is making the cost of health care too high, and the quality of care disastrously low. There needs to be better health & diet education in the schools. The school vending machines are filled with the worst junk food and sodas a very bad practice, and the coaches push ibuprofen in sports like it is candy. The teachers and students need to be better educated about diet, health, and wellness.
1263	66538	Very Good	FINA	NUTR		-Cost of Living has increased greatly-healthy food is very expensive especially in our local grocery stores -Indoor pool or exercise facility/trails -No healthy restaurant options for easy grab on the go during lunch for example -Groups or clubs could offer to rake leaves, mow or shovel snow (examples) like for FCCLA or class fundraisers - Very little help for elderly or disabled people in the home (example: showering, cleaning, groceries)
1080		Poor	FINA	SERV		Affordability has become a major problem. Expanding services and raising prices will only make this worse.
1226	66534	Poor Vary Cood	FINA	SERV		Make healthcare affordable
1059 1153	66415 66534	Very Good Very Poor	FINA	SERV		Thing need to be more affordable in our community  Address unobtainable cost.
1006	66534	Poor	FINA			Costs have become unattainable
1305	66538	Very Good	HH	NH		Could use more "in home" options for the elderly that can't get out easily
1292		Good	HOUS	ACC	СС	Available housing and access to good childcare would be the top area that needs to be explored, in my opinion.
1285	66404	Very Good	HOUS	ACC		Available Housing for Middle income
1327	66534	Very Good	HOUS	CC	FINA	Affordable housing and affordable childcare.
1267	66538	Very Good	HOUS	ECON		Seems to be a need for decent, affordable rental houses in our community - are there any houses sitting empty that could be rentals? Lots of job opportunities but doesn't seem to be many people available to fill them - not sure why
1275	66515	Good	HOUS	ECON		With having many factories in our communities that are always in need of employees, I wonder if we could combine housing and job needs. I wonder if we could get more families to move to our area and work if there were more housing options available and at a more fair price.
1244	66534	Good	HOUS	EDU	PREV	building more affordable housing, educating the youth to mid twenty somethings of the importance of their health, eating and exercise habits. Limiting drinking and vaping/smoking
1172	66538		HOUS	FINA	ACC	Build some afordable housing . More rental homes. Better signs showing where to find these programs.
1287	66428	Good	HOUS	FINA	ACC	Need more apartment complexes or duplex for families that are affordable, need a stable hotel for those here temporarily
1321	66534	Average	HOUS	FINA	МН	The housing market tends to be owened but the same individuals who buy them all and then rents them out. But, they are expensive and not the nicest/ kept up the best. This makes the housing market not readily available. Mental health counselors are needed, and I think should be a joint employee of Sabetha and Seneca. That way we can share services and help reduce the cost.
1335	66538	Very Good	HOUS	FINA	POV	Need more low income housing
1251	66538	Average	HOUS	FINA	SPRT	Affordable housing needed A center dedicated to serving the poor Services all in one location like PEPC in Marshall County Work closer with schools to help families
1054	66538	Very Good	HOUS	FINA		Are there any grant opportunities that we could pursue to develop affordable housing options- both single family homes (starter home type) and apartment type housing? I saw that Marshall Co. has a Habitat for Humanity. Is that something that Nemaha County should look into?
1147	66534	Very Good	HOUS	FINA		I feel like addressing the housing issue in the county by creating more affordable housing would create more intrigue from healthcare candidates who are considering moving to the area.
1155	66534	Poor	HOUS	FINA		The first thing needed is affordable housing. People are paying rent for housing that is equal to if not more expensive then in the big cities around our area and that is not a reasonable expectation. Families can't focus on health needs when all their money is going to just trying to survive another day.
1193	66534	Very Good	HOUS	FINA		We are reaching a point where young adults and families won't be able to buy a home and call it their own. Everyone loves having their homes value be high as an investment, but there aren't enough lower-moderately prices homes to meet the demand.
1249	66417	Average	HOUS	FINA		We need to address the housing problem because these persons do not have affordable housing or lack of so their healthcare goes down the drain with this problem
1130	66534	Good	HOUS	FIT	СС	Affordable Housing is limited in sabetha, Need more exercise classes at wellness center, more neighbor to neighbor involvement is needed to improve sad state of some homes in sabetha, more child care is needed in sabetha
1104	66404	Average	HOUS	МН	NUTR	Affordable housing because rent and housing is ridiculously high! Most mental health assess ability that is closer in our community. Food prices keep going up and it's to afford healthy foods. Our doctors are overwhelmed with not enough doctors coming to small communities. More activities for Seniors to do.

	CF	1NA 20°	24 C	ammi	unity	Feedback: Nemaha County, KS (N=343)
	Ol	1147 20			armty	recuback. Nemana County, No (N-343)
ID	Zip	Rating	c1	c2	с3	Q10. Being this a strong topic of interest, do you have any thoughts, ideas, and/or specific suggestions (food, housing, transportation, support, etc.) to address these 5 social determinants to improve our community health? (Please Be Specific)
1072	66538	Very Good	HOUS	QUAL	POV	Our churches are strong supporters of area benefits for those in need. Having mutual invested interest in housing and quality of low income living would be beneficial. Renters don't have a lot of lower income options or quality of housing if the rent does met their income. County involvement in housing community would be helpful.
1183	66534	Poor	HOUS	00		Build houses City to let some property go/sell
1274 1260	66534 66404	Very Good Very Good	MH MH	CC SERV	ADOL	Mental Health Access and Child Care shortages Increase in mental health services for the youth in our community.
1138	66534	Poor	MH			Improved mental health will lead to improved overall health.
1273	66404	Very Good	MRKT	AWARE		more advertising on radio to let people know where services are
1053	66534	Good	NUTR	ACC	HOUS	Access to healthy foods seems to be an issue especially for those who don't qualify for any assistance programs. The food pantries are a great way to supplement food for those who don't qualify for assistance but often times don't supply healthy foods especially for those with chronic health conditions. There is also a lack of housing options for those on limited income. More affordable housing options would be great for those on limited income such as disability.
1215	66550	Good	NUTR	ACC	TRAN	There is no Meal on Wheels available in some communities in Nemaha County.  Transportation is always an issue for Seniors.
1131	66534	Good	NUTR	СС	SPRT	Access to healthy foods: increase donations to local food pantries; this could be through local businesses hosting food drives, bring a non-perishable food item to an event as your "ticket" to get it, etc. Childcare: share grant opportunities for new-start up childcare facilities, encourage businesses to explore the option of an infant-at-work policy for new parents with infants under the age of one as there is a lot of research on how this benefits the parent and the business. Community support: support groups for mother/families, playgroups for children and their parents.
1160	66538	Good	NUTR	FINA	ACC	Better access to healthy food options that are affordable.
1196	66538	Very Good	NUTR	FINA	HOUS	Affordable healthy food - everyone in Kansas needs this, but I have no solution. It's shameful that we live in such a prosperous country and yet cannot afford healthy food.  We do need more affordable housing and more childcare.
1095	66538	Very Good	NUTR	FIT	REC	how has moving the meals to the community affected those that relied on them? Indoor fitness facility availability would be helpful-there are lots of people that walk outdoors when the weather is nice, but where do they go once it is too cold.
1233	66538	Very Good	NUTR	FIT		There could be healthier food options for going out and there could be a nicer fitness center
1090	66539	Good	NUTR	GOV		Our meals on wheels program was completely ruined by our current county government and their employee This has several restricted at citizens from A obtaining good meals They are poor now B limited those outings C decrease the shut ins from seeing a friendly face five times a week
1270	66428	Very Good	NUTR	QUAL		Revamping Nutrition Center management The only one I find that is detrimental to our healthcare is #5 - Everyone should be
1154		Average	OWN	DOCS		encouraged to be their own health advocate, do their own research and do what is best for themselves. Doctors should be working for the good of the their patients not government officials.
1185	66534	Good	OWN	FIT	NUTR	a large part of the "lack" is our own resistance to disciplining ourselves to exercise and eat well, and I'm not sure how we motivate others to do that
1203	66415	Very Good	OWN	PREV		People, in general, need to have a desire to help themselves - the handouts run to high. Self determination needs to be a factor. A desire for doing your best - the individual. You can lead a horse to water - but you can't make it drink. Holds true for the human being also.
1121	66534	Poor	QUAL	SERV	ACC	There are not quality medical care available. The limited care that is available is incredibly overpriced.
1255	66543	Very Poor	QUAL	STFF	MAN	Overall healthcare improvements begin with removal of the present medical staff and leadership
1222	66515	Poor	QUAL	STFF		Transparency and honesty. Stop persecuting other health providers that have a different approach to health care.
1103	66534	Very Good	REC	FIT	ACC	Really need more walkable, outdoor paths in our communities. Many sidewalks are broken so people walk in the streets. Improved sidewalks or walking trails will promote both safety and exercise. Plus, it greatly enhances the appearance of our communities.
1209	66550	Good	RURAL	ACC		Provide things for rural areas.
1136	66534	Very Good	SERV	SPRT	CHRON	I would like to see increased services (or communication of services) for elders regarding transportation, support services. Support groups for chronic diseases and support for family members.
1242	66534	Good	SH	ADOL	СС	There are no afterschool programs for kids. How are parents supposed to work to have financial stability if their ability to work is impacted by lack of childcare or afterschool options. There also are no dentists in the county who accept Medicaid.
1106	66538	Very Good	SH	NH	TRAV	Facilities & a closer relationship with the schools to reach all students to promote a healthy fitness lifestyle. Better facilities for our senior citizens to receive healthy fitness all year long. Currently during October - April our citizens are mostly forced to travel to Netawaka or now Axtell's new community gym to use these services at an inexpensive alternative.

	CH	INA 20	24 Cc	omm	unity	Feedback: Nemaha County, KS (N=343)
ID	Zip	Rating	c1	c2	с3	Q10. Being this a strong topic of interest, do you have any thoughts, ideas, and/or specific suggestions (food, housing, transportation, support, etc.) to address these 5 social determinants to improve our community health? (Please Be Specific)
1030	66534	Very Good	SPRT	DOH		It would be helpful to have the community support the local healthcare options rather than distrust. Very important to have a strong presence in our small community. Encouragement and public support would be energizing, and would be an asset for newcomers.
1128	66538	Very Good	SPRT	FIT	PHY	I think the community needs to come together, and either open the place for women to comfortably exercise, or a fitness center needs to be built! Maybe even opening up the physical therapy room at the hospital for employees to use after hours.
1201	66534	Poor	SPRT	MH		Emotional support
1291	66534	Average	SPRT	MH		Support- high quality mental health availability.
1101		Very Good	SPRT	OWN	AWARE	The community support for people in need is phenomenal in our county. Problems I see include a lack of public desire to be aware and actively involved in maintaining their health. I also feel that there are some that feel entitled to be given everything and work for nothing. The people that always give are getting tired of giving.
1245	66534	Good	SPRT	SERV	СС	If you don't have family in the area and have small kids, there is not much community support. When kids are at home, parents have to miss work. This community is very tight knit and getting involved outside of church makes it really difficult for connection.
1118	66534	Good	SPRT	SERV	OWN	I think #3 and #4 are lacking. A lot of people don't participate in community events, and don't know the people in their own neighborhoods. Not sure how to go about fixing those issues.
1068	66415	Average	SPRT	SERV		Decisions about these issues need to be studied & made by professionals in the respective fields not by elected officials
1301	66538	Very Good	SPRT	SERV		Most of the deficits are generational. Younger families depend on more and more social based services
1085	66534	Average	SPRT	SPEC		Interaction among and support across healthcare professionals - medical, dental, optometry, chiropractic, etc. Show the community that these are not separate entities but all work together to achieve optimum health and are all important.
1238	66534	Good	SPRT	SUIC	NH	Group care support for youth attempting suicide; group exercise for seniors/yoga; mental health hotline for troubled teens
1332		Very Good	STFF	MAN		Starts at the top with elected individuals. We are very polarized right now with the power lying with ultra conservatives. Until that changes, God help us all.
1247	66404	Good	TRAN	ACC	NUTR	Needs to be more rural transportation services. The county food distribution (meals on wheels) center workers need better cooking and services.
1016	66534	Average	TRAN			Volunteer pool to help with transportation.

						Q8. In your opinion, what are the root causes of "poor health" in our
ID	Zip	Rating	с1	c2	с3	community? Other (Be Specific)
1192	66538	Poor	ACC	DOCS	NUTR	limited access to better doctors and limited health/diet education
1105	66538	Very Good	AWARE	NUTR	PREV	Lack of knowledge on good nutrition
1030	66534	Very Good	CC	ACC		Lack of child care options
1325	66534	Good	CC			Lack of Child Care
1129	66534	Very Poor	CONF	DOCS		Lack of trust in the doctors.
1280	66534	Poor	CONF	QUAL		Trust
1154		Average	COVD	STFF		Doctors pushing the Covid death protocols on their patients and staff.
1164	66534	Very Poor	COVD			Do take our FREEDOM. NO MASKS EVER AGAIN
1316	66534	Average	DOCS	FF		Instead of dr's telling you that you need to loose weight help the patient achieve the goals. Not just send them home. Guide them and follow up with the patient on a regular basis to see how they are doing in the journey
1255	66543	Very Poor	DOCS	QUAL		Arrogant pricks that think they are doctors
1198	66534	Very Poor	DOCS	QUAL		Quack doctors pushing experimental gene therapies that kill
1119	00004	Very Poor	DOCS	TRAIN	STFF	Untrained doctors and staff
1243	66406	Very Good	DOCS	SERV	ACC	Lack of public health services
1160	66538	Good	EDU	PREV	ACC	Limited education (knowing signs or symptoms and when to seek help before it is
		Dane	FINA			too late.)  Affordable care. The prices are so ridiculous that care is not obtainable for lower
1123	66534	Poor	FINA	ACC		and some middle class families.
1238	66534	Good	FINA	INSU		Cost of care, even with insurance an out of pocket payment is required.
1108	66538	Very Good	FINA	INSU		Cost/insurance coverage
1012	66534	Average	FINA	NUTR	INSU	High cost of healthy foods, high cost of medical care even with health insurance
1121	66534	Poor	FINA	SERV		Unaffordable healthcare
1201	66534	Poor	FINA			Cost
1323	66404	Good	FINA			cost of living
1228	66534	Poor	FINA			Outrageous cost of healthcare
1101		Very Good	FINA			Price of healthcare
1226	66534	Poor	FINA			The unreasonable cost
1212	66403	Very Good	NUTR	ACC		convenience foods - too much processed food
1044	66404	Very Good	OTHR			patient non-compliance
1330	66408	Very Good	OWN	NH		Poor Self Care for the elderly
						Most patients seem to expect that practitioners will take care of them if needed
1292		Good	OWN	PREV	EDU	and do not take a personal interest in keeping themselves healthy.
1187	66538	Good	OWN			Individual motivation
1315		Very Good	OWN			not owning your own health
1203	66415		OWN			people are lazy
1254	66534	Very Poor	PHAR			Big pharma
1262	66534	Good	PHAR			pharmaceuticals
1256	66534	Poor	PREV	DOCS		More focus on preventative care and not trying to get everyone one on medication that the Doctors are getting back side money on.
1169	66538	Very Good	PREV	OTHR		Lack of "buy in" to maintaining healthy lifestyle
1079	66538	Very Good	PUL	311110		a pulmoniligist would be great
1217	30330	Poor	QUAL			Lack of common sense
1131	66534	Good		AWARE		Lack of understanding on where to find resources
1163	66550	Average	RUSH	FF	QUAL	lack of attention to the patient. an appt. is quick and done. not aware of any
		ŭ				followup unless patient initiates it.
1124	66534	Average	SERV			Population driven, not for lack of services
1095 1332	66538	Very Good	SPRT VACC	DRUG		support groups/treatment for substance abuse Ignorance - especially concerning immunizations

		CHNA	2024	Com	muni	ty Feedback: Nemaha County, KS (N=343)
ID	Zip	Rating	c1	c2	с3	Q13. What "new" community health programs should be created to meet current community health needs?
1246	66404	Very Good	ACC	FIT		Continued effort to provide access to fitness and exercise options.
1144	66534	Very Poor	ACC	INSU		direct health care, no insurance
1141		Good	ACC	NUTR	501/	expanded access to food program
1251 1244	66538 66534	Average Good	ACC ADOL	PREV SERV	POV	Access to health and wellness programs for people in poverty targeting the older kids and young adults, not sure how to do this
1119	00004	Very Poor	ALT	DOCS		Holistic healing, natural medicines, not the Rockefeller protocol and petroleum based meds.
		Ť				Doctors are the largest drug dealers in each county.  Holton Direct Care has figured out how to help people at a reasonable price. Do what they are
1036	66534	Poor	ALT	FINA		doing.
1238	66534	Good	AWARE			Hospital facebook account can be used for informative lectures and updates for community awareness.
1289	66538	Good	CANC	SCREE	MAN	Would love to find a way to advocate for cancer screenings. Also hypertension screening and management.
1296	66538	Good	CANC			Chemotherapy
1241	66534	Good	СС	ACC	SERV	Daycare for public, warm safe spot where kids have access to showers and washing machines and food
1245	66534	Good	CC	DOCS		I think child care is number one. It is more an issue of providers of child care than facilities.  Multiple daycares have close in Seneca and Northridge is at risk of closing.
1160	66538	Good	CC	EDU	PREV	increase child care services after school program educational services for adults regarding
		Cood	CC	DEC		highly diagnosis diseases for prevention or early care  Day Care, Hiking trails
1272 1309	66417	Good Good	CC	REC SERV		Child Care; After School Child Care Programs
1043	66538	Very Good	CC	OLIV		More Child care
1328	66538	Average	CC			More daycare availability.
1171	66534	Very Good	CHRON	SPRT	DIAB	Support groups for chronic illness: Diabetes, Pain, MS, Cancer
1222	66515	Poor	CLIN	FINA	SERV	I believe that smaller, more personal clinics would help enhance the overall health of our community while also helping to lower the overall cost of services.
1256	66534	Poor	COVD	VACC		Probably should do a community outreach to build trust back with local residents after the
1292		Good	DENT			Covid hoax and pushing a shot that was not effective.  Need more good dentists in town.
1188	66550	Average	DOCS	COVD		My personal opinion is the doctors created a divide in the community when the "pandemic " started 4 years ago
1104	66404	Average	DOCS	SPEC		More doctors to cover work loads. More specialists to do outreach to our community.
1164		Very Poor	DOCS	TRAIN		Maybe some training for the doctors. Teaching them how things are done in the U.S.A.
1247	66404	Good	DOH	QUAL		Our county health department needs to step up their game
1281		Very Good	DRUG	SPRT		Drug and alcohol programs;
1183		Poor	DRUG DRUG			Cops start arresting drug users
1325 1313		Good Good	EDU	ADOL		Drug prevention - Stop overlooking those with substance issues and begin to help them!  Educational programs within our younger age groups/classes.
1253		Very Good	EDU	AGR	EMER	"farm" or "factory" safety, appropriate education for farmers on what to do in an emergency
1105	66538	Very Good	EDU	HOUS	NUTR	situation, ie stop the bleed, CPR, HAZMAT situations  Education on healthy homes and nutrition.
1054		Very Good	EDU	NUTR	FIT	Education/programs/classes to support/improve nutritional status/choices and also opportunities to improve adult physical activity, especially low-cost opportunities. Ways to
1071	66538	Average	EDU	NUTR	PREV	incentivize these opportunities would also be helpful.  Develop a health education system that truly has human health as it's goal. Eliminate bias by
						food producers and educate people on the costs of diet and lifestyle choices.  Healthy habits start young - maybe initiatives to educate and get younger kids involved in
1085	66534	Average	EDU	PREV	ADOL	learning about and being responsible for their health. I'm thinking maybe a program like the library does during the summer encouraging young readers. Something to get kids moving and really becoming in tune with how they feel after eating certain foods or participating in certain activities, rather than being focused on their weight or size.
1128	66538	Very Good	EDU	SERV	ACC	It would be really nice to see some evening health classes that we could attend to After 6 o'clock!
1103		Very Good	FINA	BILL		Offer discount if bill is paid by patient within 30 days (prompt payment).
1138		Poor	FINA	MH		Affordable care and mental health programs
1122	66534	Poor	FINA	PRIM		Quit trying to do everything. It is not working. Just try to offer quality affordable primary care.  Affordable care. Go with the direct care model. Holton and Fairview are killing it. Much better
1080		Poor Very Poor	FINA	QUAL		and personalized care at an affordable price.  Affordable care
1153 1249		Very Poor Average	FINA			Affordable care  Affordable healthcare
1148		Poor	FINA			Focus on the current needs and stop hemorrhaging money.
1009		Average	FINA			Holton/Fairview have figured out what people need and how to do it in a cost effective way.  100% better care at 10% the cost. Do what they are doing.
1135	66404	Very Good	FIT	ACC		Discounted gym access to healthcare workers
1084		Good	FIT	ACC		Exercise/fitness area for winter times
1300		Very Good	FIT	CC		I think we need more exercise options and child care.
1263		Very Good	FIT	CC		Something with exercise/daycare while exercising
1258		Very Good	FIT	NH		exercise or activities for aging
1172	66538		FIT	NH		more exercise programs for seniors.  Exercise programs/facilities. Health and wellness related to diet and exercise - We need less
1041		Good	FIT	PREV	NUTR	medicating and more natural options to reverse health issues
1130	66534	Good	FIT	PREV	ADOL	More exercise and wellness programs community exercise times for games like baseball/softball, basketball for the community
1287	66428	Good	FIT	REC	ADOL	without having to have a "team" or play with your own children

		CHNA:	2024	Com	muni	ty Feedback: Nemaha County, KS (N=343)
ID	Zip	Rating	c1	c2	с3	Q13. What "new" community health programs should be created to meet current community health needs?
1260	66404	Very Good	FIT	REC	СС	More fitness opportunities - walking/biking trails Community day care center Functional medicine
1197	66538	Average	FIT	REC		Fitness Center, Indoor Pool, Indoor Track
1081	66538	Very Good	FIT	REC		Fitness center, trails
1019	66534	Good	FIT	REC		I'd like to see the fitness center more active as far as programs and events. We have an amazing facility in sabetha. It seems that we could be offering more group classes. It seems that we could generate income with youth ball tourneys. Pickleball tourneys, walk-a-thons, etc This would be another way to generate interest in movement, exercise, and health and wellness. Does the fitness center have a separate board of directors to help make decisions?
1268	66534	Very Good	FIT	REC		Keep promoting exercise and outdoor activities, the new walking trail, and wholesome family activities.
1233		Very Good	FIT	RESO	NUTR	A new exercise facility could be effective and there could be resources for proper dieting like pamphlets
1166 1203	66538 66415	Good Very Good	FIT	SERV SERV		Exercise and fitness incentives for the community  Sabetha has their new "exercise gym" and it looks like it is a vital thing. Again there are options
1186		Good	FIT	OLIV		for people but they have to want it.  exercise facilities!!!!!
1059		Very Good	FIT			exercise facility
1139	66538	Good	FIT			exercise/fitness center
1095		Very Good	FIT			Fitness
1304		Very Good	FIT			promote fitness
1305	66538	Very Good	HH			In home assistance
1323		Good	HOUS	1001		housing
1147	66534	Very Good	MH	ADOL	400	Something to address mental health in youth and adults.
1037 1243	66538 66406	Very Good Very Good	MH	AWARE DOH	ACC EDU	More metal health awareness and easy access to see a professional Mental health, public health for low income and a way to make this information known to
1264	66534	Good	MH	DRUG	SUIC	community  Mental Health to help with drug/alcohol abuse and suicide prevention. Chronic disease management
1193	66534	Very Good	МН	EDU	SPRT	Addressing mental health, which many struggle with. De stigmatizing mental health so there can be open and honest discussions about getting help.
1044	66404	Very Good	МН	EDU		need to implement mental health education in middle and high school
1330		Very Good	MH	OBES		Mental Health, weight loss
1061		Good	MH	PUL	CLIN	Mental health programs pulmonary specialty clinic
1026		Average	MH	SERV	FINA	Mental healthcare and services people can actually afford.
1338	66534	Average	МН	SPRT	HRS	Mental health support groups/ family support groups, would be beneficial to have extended 'basic urgent care' clinic hours to better suit the needs of working adults and children in school
1118	66534	Good	МН	SPRT	PREV	Mental health support group for parents/caregivers. Wellness classes provided to community through the local healthcare system.
1321		Average	МН	TRAIN		Mental health councilors. These should be highly trained and work with Physican to give the best care,
1121	66534	Poor	MH			Behavioral health
1274			MH			Mental Health
1006		Poor	MH			Mental health professionals
1070	66534	Poor	MH			Mental health programs
1173	66534 66534	Average Poor	MH MH			Mental health programs  Mental health programs.
1228	0000.	Poor	MH			Mental health services
1014		Very Good	MH			Mental health services
1226		Poor	MH			Mental health services
1145			MH			Mental Health Services for all Ages
1016		Average	NH	FIT	HRS	Something to help aging population to get exercise. Classes are great but usually only available in the mornings. Evening would be nice also.
1236	66538	Very Good	NH	FIT	PHY	Regular senior exercise, walking and balancing program beyond PT to stay strong year round.
1079	66538	Very Good	NH			home cleaning for the disabled and elderly with health problems
		,	NUTR	ADOL	EDU	Nutrition programs for all ages; youth health education
1074	66534	Good	NOTIN	ADOL		
1192		Poor	NUTR	EDU	PREV	A program that sets a good example for health, diet and wellness should be available for children and adults, however, it appears the teachers and nurses themselves are not well educated about health, diet, and wellness. It is not good when you go to a diet counselor or educator, and they are obese and out of shape.
	66538					A program that sets a good example for health, diet and wellness should be available for children and adults, however, it appears the teachers and nurses themselves are not well educated about health, diet, and wellness. It is not good when you go to a diet counselor or educator, and they are obese and out of shape.  A new meals on wheels program with A people who can actually cook B people who are
1192 1090 1194	66538 66539	Poor Good Very Good	NUTR NUTR NUTR	EDU EDU NH		A program that sets a good example for health, diet and wellness should be available for children and adults, however, it appears the teachers and nurses themselves are not well educated about health, diet, and wellness. It is not good when you go to a diet counselor or educator, and they are obese and out of shape.  A new meals on wheels program with A people who can actually cook B people who are friendly  Nutrition classes for all ages and exercise program for seniors. Wellness program for seniors.
1192 1090 1194 1032	66538 66539 66534	Poor Good Very Good Very Good	NUTR NUTR NUTR NUTR	EDU EDU NH OBES	PREV	A program that sets a good example for health, diet and wellness should be available for children and adults, however, it appears the teachers and nurses themselves are not well educated about health, diet, and wellness. It is not good when you go to a diet counselor or educator, and they are obese and out of shape.  A new meals on wheels program with A people who can actually cook B people who are friendly  Nutrition classes for all ages and exercise program for seniors. Wellness program for seniors.  Diet and weight loss
1192 1090 1194 1032 1270	66538 66539 66534 66428	Poor Good Very Good Very Good Very Good	NUTR NUTR NUTR NUTR NUTR	EDU EDU NH	PREV	A program that sets a good example for health, diet and wellness should be available for children and adults, however, it appears the teachers and nurses themselves are not well educated about health, diet, and wellness. It is not good when you go to a diet counselor or educator, and they are obese and out of shape.  A new meals on wheels program with A people who can actually cook B people who are friendly  Nutrition classes for all ages and exercise program for seniors. Wellness program for seniors.  Diet and weight loss  Nutrition/wellness classes/education.
1192 1090 1194 1032 1270 1316	66538 66539 66534 66428 66534	Poor  Good  Very Good  Very Good  Very Good  Average	NUTR NUTR NUTR NUTR NUTR OBES	EDU EDU NH OBES	PREV	A program that sets a good example for health, diet and wellness should be available for children and adults, however, it appears the teachers and nurses themselves are not well educated about health, diet, and wellness. It is not good when you go to a diet counselor or educator, and they are obese and out of shape.  A new meals on wheels program with A people who can actually cook B people who are friendly  Nutrition classes for all ages and exercise program for seniors. Wellness program for seniors.  Diet and weight loss  Nutrition/wellness classes/education.  Free weight loss programs
1192 1090 1194 1032 1270 1316 1322	66538 66539 66534 66534 66534	Poor Good Very Good Very Good Average Good	NUTR NUTR NUTR NUTR NUTR OBES OBG	EDU  EDU  NH  OBES  PREV	PREV	A program that sets a good example for health, diet and wellness should be available for children and adults, however, it appears the teachers and nurses themselves are not well educated about health, diet, and wellness. It is not good when you go to a diet counselor or educator, and they are obese and out of shape.  A new meals on wheels program with A people who can actually cook B people who are friendly  Nutrition classes for all ages and exercise program for seniors. Wellness program for seniors.  Diet and weight loss  Nutrition/wellness classes/education.  Free weight loss programs  On call obgyn
1192 1090 1194 1032 1270 1316 1322 1242	66538 66539 66534 66534 66534 66534	Poor Good Very Good Very Good Very Good Average Good Good	NUTR  NUTR  NUTR  NUTR  NUTR  OBES  OBG  OTHR	EDU EDU NH OBES	PREV	A program that sets a good example for health, diet and wellness should be available for children and adults, however, it appears the teachers and nurses themselves are not well educated about health, diet, and wellness. It is not good when you go to a diet counselor or educator, and they are obese and out of shape.  A new meals on wheels program with A people who can actually cook B people who are friendly  Nutrition classes for all ages and exercise program for seniors. Wellness program for seniors.  Diet and weight loss  Nutrition/wellness classes/education.  Free weight loss programs  On call obgyn  Boys & Girls Club would be great
1192 1090 1194 1032 1270 1316 1322 1242 1273	66538 66539 66534 66534 66534 66534 66534 66404	Poor  Good  Very Good  Very Good  Very Good  Average  Good  Good  Very Good	NUTR  NUTR  NUTR  NUTR  NUTR  OBES  OBG  OTHR  OTHR	EDU  EDU  NH  OBES  PREV	PREV	A program that sets a good example for health, diet and wellness should be available for children and adults, however, it appears the teachers and nurses themselves are not well educated about health, diet, and wellness. It is not good when you go to a diet counselor or educator, and they are obese and out of shape.  A new meals on wheels program with A people who can actually cook B people who are friendly  Nutrition classes for all ages and exercise program for seniors. Wellness program for seniors.  Diet and weight loss  Nutrition/wellness classes/education.  Free weight loss programs  On call obgyn  Boys & Girls Club would be great i would focus on what we have instead of adding more
1192 1090 1194 1032 1270 1316 1322 1242 1273 1252	66538 66539 66534 66534 66534 66534 66404 66534	Poor  Good  Very Good  Very Good  Average  Good  Good  Very Good  Very Good  Very Poor	NUTR  NUTR  NUTR  NUTR  NUTR  OBES  OBG  OTHR  OTHR	EDU  EDU  NH  OBES  PREV  ADOL	PREV PREV	A program that sets a good example for health, diet and wellness should be available for children and adults, however, it appears the teachers and nurses themselves are not well educated about health, diet, and wellness. It is not good when you go to a diet counselor or educator, and they are obese and out of shape.  A new meals on wheels program with A people who can actually cook B people who are friendly  Nutrition classes for all ages and exercise program for seniors. Wellness program for seniors.  Diet and weight loss  Nutrition/wellness classes/education.  Free weight loss programs  On call obgyn  Boys & Girls Club would be great i would focus on what we have instead of adding more  New way to provide health care
1192 1090 1194 1032 1270 1316 1322 1242 1273	66538 66539 66534 66534 66534 66534 66534 66534 66534	Poor  Good  Very Good  Very Good  Very Good  Average  Good  Good  Very Good	NUTR  NUTR  NUTR  NUTR  NUTR  OBES  OBG  OTHR  OTHR	EDU  EDU  NH  OBES  PREV	PREV	A program that sets a good example for health, diet and wellness should be available for children and adults, however, it appears the teachers and nurses themselves are not well educated about health, diet, and wellness. It is not good when you go to a diet counselor or educator, and they are obese and out of shape.  A new meals on wheels program with A people who can actually cook B people who are friendly  Nutrition classes for all ages and exercise program for seniors. Wellness program for seniors.  Diet and weight loss  Nutrition/wellness classes/education.  Free weight loss programs  On call obgyn  Boys & Girls Club would be great i would focus on what we have instead of adding more

		CHNA 2	2024	Com	nuni	ty Feedback: Nemaha County, KS (N=343)
ID	Zip	Rating	c1	c2	с3	Q13. What "new" community health programs should be created to meet current community health needs?
1064	66403	Very Good	PREV	NUTR		lunch and learns on healthy eating/cooking habits. Maybe some healthy cooking classes you could sign up to take
1198	66534	Very Poor	PRIM			primarily, closure of the family practice death camp
1067	66538	Good	REC	FIT	ADOL	Having additional walking trails, outdoor exercise parks, and play equipment. Further, establishing groups for teens to engage with that are non-sports related.
1125	66538	Very Good	REC	FIT	EQUIP	More indoor fitness options (classes, track, equipment) for when weather is terrible
1072	66538	Very Good	REC	FIT		Community walking trails connected to all areas of town for exercise and safety of students walking home from school and bike riding. Community exercise facilities and common gym space.
1040	66538	Very Good	REC	FIT		Seneca needs an in-door walking track and new fitness center, pickleball courts with scheduled times to sign-up for with rec director.
1295	66427	Very Good	REC	FIT		Walking /biking trails, fitness center/gym
1308	66415	Very Good	REC	FIT		walking trail, community fitness
1301	66538	Very Good	REC	SERV		I know there is a 'running" club but would like to see a "walking" club. Basics and beginner picketball session to learn
1106	66538	Very Good	REC	SH	RHE	Indoor facilities all year long. School programs to include all students in our schooloutside athletics. Rheumatology services especially for the chronic or senior citizens so they don't have to travel to the large city hospitals.
1208	66534	Very Good	SERV	NURSE		Programs to create an expanded pool of qualified nurses.
1123	66534	Poor	SERV	QUAL		Implement the direct care method.
1155	66534	Poor	SERV	QUAL		Nothing new needs to be added until the housing crisis is taken care of.
1280	66534	Poor	SERV			More "new". Good grief
1163	66550	Average	SERV			not sure we need "new" a new perspective on what we have - is medicine about the patient? customer service focus as a new directive might be what we need.
1136	66534	Very Good	SPRT	CHRON	NH	Support groups for chronic illnesses especially for the elderly and their families.
1235	66538	Good	SPRT	FIT	SERV	More group programs, things like exercise programs, but also other activities that bring people together to help improve mental health of those that feel isolated and also help people that are new to the community meet new people.
1068	66415	Average	SPRT	MH		Family planning, mental health
1154		Average	SPRT	PREV	ALT	Health programs and doctors that follow natural medicine approach, that put an emphasis on quality nutrition and water, sleep, exercise, supplements and tried and true medicines when necessary.
1129	66534	Very Poor	TRAN			Transportation to Topeka to patients choice of medical care
1291	66534	Average	TRAU	THER		PTSD, childhood trauma, therapy
1030	66534	Very Good	VACC	CLIN		Immunizations in clinic
1007	66538	Very Good	VACC	DOH	CC	Programs/vaccines through the county health department. More child care options.
1254	66534	Very Poor	VACC			How can people that fell for the fake vax, booster, booster 2, booster 3, booster 4, etc - not die from them. Any remedy?

#### Year 2024 - Let Your Voice Be Heard!

Nemaha Valley Community Hospital & Sabetha Community Hospital area providers are working together to update a comprehensive community-wide 2024 Community Health Needs Assessment (CHNA) to identify unmet health needs. To gather current area feedback, a short online survey has been created to evaluate current community health needs and delivery. NOTE: Please consider your answers to the survey questions as it relates to ALL healthcare services in our community, including but not limited to our local hospital.

While your participation is voluntary and confidential, all community input is valued. Thank you for your immediate attention! CHNA 2024 online feedback deadline is March 8, 2024.

1. In your opin	ion, how wo	ould you rate	the "Overa	ıll Quality" of healthcare delivery in our
Very Good	Good	Average	Poor	O Very Poor

2. How would our community area residents rate each of the following health services?

	Very Good	Good	Fair	Poor	Very Poor
Ambulance Services					
Child Care					
Chiropractors					
Dentists					
Emergency Room					
Eye Doctor/Optometrist				$\bigcirc$	
Family Planning Services					
Home Health					
Hospice/Palliative					
Telehealth			$\bigcirc$		

	Very Good	Good	Fair	Poor	Very Poor
patient Hospital ervices					
Iental Health ervices					
Jursing Jome/Senior Living	$\bigcirc$				$\bigcirc$
Outpatient Hospital Services	$\bigcirc$	$\bigcirc$	$\bigcirc$		$\bigcirc$
harmacy					
rimary Care		$\bigcirc$			
ublic Health					
chool Health					
cnool Health					
isiting Specialists In your own word				_	rour
risiting Specialists  In your own word mmunity (i.e. hos				_	r our
isiting Specialists  In your own word				_	rour

3. How would our community area residents rate each of the following health services?

Mental Health Services (Provider, Treatment, Aftercare)	Telehealth
Suicide Prevention	Care After Hours
	Access to Specialists
Affordable Housing	Senior Housing / Activities
Exercise / Fitness Services	Chronic Disease Management
Child Care Options	EMS
Drug / Alcohol Abuse	Transportation
Lack of "Owning Your Own Health"	Dental / Optometry Access
Youth Health Education	
Minish most CUNA most one NOW the line	est procesing!! for improvement? Discos calc
nree.	ost pressing" for improvement? Please selec
-	Telehealth
nree.  Mental Health Services (Provider, Treatment,	Telehealth Care After Hours
Mental Health Services (Provider, Treatment, Aftercare)	Telehealth
Mental Health Services (Provider, Treatment, Aftercare)  Suicide Prevention	Telehealth Care After Hours
Mental Health Services (Provider, Treatment, Aftercare)  Suicide Prevention  Affordable Housing	Telehealth Care After Hours Access to Specialists Senior Housing / Activities Chronic Disease Management
Mental Health Services (Provider, Treatment, Aftercare)  Suicide Prevention  Affordable Housing  Exercise / Fitness Services  Child Care Options	Telehealth Care After Hours Access to Specialists Senior Housing / Activities Chronic Disease Management EMS
Mental Health Services (Provider, Treatment, Aftercare)  Suicide Prevention  Affordable Housing  Exercise / Fitness Services	Telehealth Care After Hours Access to Specialists Senior Housing / Activities Chronic Disease Management EMS Transportation
Mental Health Services (Provider, Treatment, Aftercare)  Suicide Prevention  Affordable Housing  Exercise / Fitness Services  Child Care Options  Drug / Alcohol Abuse	Telehealth Care After Hours Access to Specialists Senior Housing / Activities Chronic Disease Management EMS

8. In your opinion top three.	, what are the	root causes o	f "poor health" i	n our commur	nity? Please selec
Chronic Disease	Management		Limited Acc	ess to Mental He	ealth
Lack of Health 8	& Wellness		Family Assi	stance Programs	
Lack of Nutritio	n / Access to Heal	thy Foods	Lack of Hea	lth Insurance	
Lack of Exercise	e		Neglect		
Limited Access	to Primary Care		Lack of Tra	nsportation	
Limited Access	to Specialty Care				
Other (Be Specific).					
		1			
Community Healtl		vital. How w	ould you rate ea	ch of the follo	wing?
	Very Good	Good	Fair	Poor	Very Poor
Behavioral/Mental Health					
Emergency Preparedness			$\bigcirc$		
Food and Nutrition Services/Education					
Health Wellness Screenings/Education	$\bigcirc$		$\bigcirc$		
Prenatal/Child Health Programs					
Substance Jse/Prevention	$\bigcirc$		$\bigcirc$		
Suicide Prevention					
/iolence/Abuse Prevention	$\bigcirc$		$\bigcirc$	$\bigcirc$	$\circ$
Nomen's Wellness Programs	$\circ$	$\bigcirc$	$\circ$	$\bigcirc$	$\circ$
Exercise Facilities / Valking Trails etc.	$\bigcirc$		$\bigcirc$		

11. Over the past 2 year outside of your county?	rs, did you or someone in your household receive healthcare so
Yes	○ No
If yes, please specify the serv	ices received
	al. Are there enough providers/staff available at the right time
care for you and your co	ommunity?
care for you and your co	ommunity?
care for you and your co	ommunity?
care for you and your co	ommunity?
care for you and your co	ommunity?
care for you and your co	ommunity?
care for you and your co	ommunity?
care for you and your co	ommunity?
Yes  If NO, please specify what is a	ommunity?
Care for you and your co	No needed where. Be specific.
Care for you and your co	No needed where. Be specific.

pcoming CHNA Town Hall m		
Abuse/Violence	Health Literacy	Poverty
Access to Health Education	Heart Disease	Preventative Health/Wellness
Alcohol	Housing	Sexually Transmitted Disease
Alternative Medicine	Lack of Providers/Qualified Staff	Suicide
Behavioral/Mental Health Breastfeeding Friendly	Lead Exposure	Teen Pregnancy Telehealth
Workplace	Neglect	Tobacco Use
Cancer	Nutrition	Transportation
Care Coordination	Obesity	Vaccinations
Diabetes	Occupational Medicine	Water Quality
Drugs/Substance Abuse	Ozone (Air)	
Family Planning	Physical Exercise	
5. For reporting purposes, ar	re you involved in or are you a	a? Please select <u>all that apply</u> .
	_	
Business/Merchant Community Board Member Case Manager/Discharge	EMS/Emergency	Mental Health
Business/Merchant Community Board Member Case Manager/Discharge Planner	EMS/Emergency Farmer/Rancher	Mental Health Other Health Professional
Business/Merchant  Community Board Member  Case Manager/Discharge Planner  Clergy	EMS/Emergency Farmer/Rancher Hospital	Mental Health Other Health Professional Parent/Caregiver
Business/Merchant  Community Board Member  Case Manager/Discharge Planner  Clergy  College/University	EMS/Emergency Farmer/Rancher Hospital Health Department	Mental Health Other Health Professional Parent/Caregiver Pharmacy/Clinic
Business/Merchant  Community Board Member  Case Manager/Discharge Planner  Clergy  College/University  Consumer Advocate	EMS/Emergency Farmer/Rancher Hospital Health Department Housing/Builder	Mental Health Other Health Professional Parent/Caregiver Pharmacy/Clinic Media (Paper/TV/Radio)
Business/Merchant  Community Board Member  Case Manager/Discharge Planner  Clergy  College/University	EMS/Emergency Farmer/Rancher Hospital Health Department Housing/Builder Insurance	Mental Health Other Health Professional Parent/Caregiver Pharmacy/Clinic Media (Paper/TV/Radio) Senior Care
Business/Merchant  Community Board Member  Case Manager/Discharge Planner  Clergy  College/University  Consumer Advocate  Dentist/Eye	EMS/Emergency Farmer/Rancher Hospital Health Department Housing/Builder Insurance Labor	Mental Health Other Health Professional Parent/Caregiver Pharmacy/Clinic Media (Paper/TV/Radio) Senior Care Teacher/School Admin
Business/Merchant  Community Board Member  Case Manager/Discharge Planner  Clergy  College/University  Consumer Advocate  Dentist/Eye Doctor/Chiropractor	EMS/Emergency Farmer/Rancher Hospital Health Department Housing/Builder Insurance Labor	Mental Health Other Health Professional Parent/Caregiver Pharmacy/Clinic Media (Paper/TV/Radio) Senior Care Teacher/School Admin
Business/Merchant Community Board Member Case Manager/Discharge Planner Clergy College/University Consumer Advocate Dentist/Eye Doctor/Chiropractor Elected Official - City/County	EMS/Emergency Farmer/Rancher Hospital Health Department Housing/Builder Insurance Labor	Mental Health Other Health Professional Parent/Caregiver Pharmacy/Clinic Media (Paper/TV/Radio) Senior Care Teacher/School Admin
Business/Merchant Community Board Member Case Manager/Discharge Planner Clergy College/University Consumer Advocate Dentist/Eye Doctor/Chiropractor Elected Official - City/County	EMS/Emergency Farmer/Rancher Hospital Health Department Housing/Builder Insurance Labor	Mental Health Other Health Professional Parent/Caregiver Pharmacy/Clinic Media (Paper/TV/Radio) Senior Care Teacher/School Admin
Business/Merchant Community Board Member Case Manager/Discharge Planner Clergy College/University Consumer Advocate Dentist/Eye Doctor/Chiropractor Elected Official - City/County	EMS/Emergency Farmer/Rancher Hospital Health Department Housing/Builder Insurance Labor	Mental Health Other Health Professional Parent/Caregiver Pharmacy/Clinic Media (Paper/TV/Radio) Senior Care Teacher/School Admin
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Business/Merchant  Community Board Member  Case Manager/Discharge Planner  Clergy  College/University  Consumer Advocate  Dentist/Eye Doctor/Chiropractor  Elected Official - City/County  Other (Please specify).	EMS/Emergency Farmer/Rancher Hospital Health Department Housing/Builder Insurance Labor	Mental Health Other Health Professional Parent/Caregiver Pharmacy/Clinic Media (Paper/TV/Radio) Senior Care Teacher/School Admin Veteran

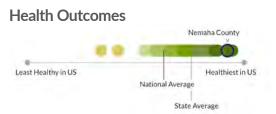
14. Are there any other health needs (listed below) that need to be discussed further at our

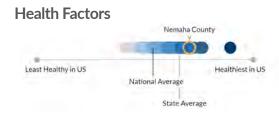
# e.) County Health Rankings & Roadmap Detail

[VVV Consultants LLC]

# **Nemaha County**









<u>khi.org</u> countyhealthrankings.org

Health
Outcomes and
Health Factors
summaries
replace the
numerical ranking
provided in
previous years.

Each Kansas county with sufficient data is represented by a dot, placed on a continuum from least healthy to healthiest in the nation.

The color of each dot represents data-informed groupings of counties nationwide with similar Health Outcomes or Health Factors on the continuum.

2024

Damilation, 10.115						Kansas	U.S.
Population: 10,115	2020	2021	2022	2023	2024	2024	2024
Health Outcomes							
Length of life							
Premature death (years of potential life lost, per 100,000) <sup>(1)</sup>					5022	8079	7972
Quality of life							
% Reporting poor or fair health, adults <sup>(1)</sup>		15	15	12	13	14	14
Average number of poor physical health days, adults <sup>(1)</sup>		4	3	3	3.1	3.2	3.3
Average number of poor mental health days, adults <sup>(1)</sup>		4	4	4	4.5	5.0	4.8
% Low birthweight, <2,500 grams	5.5	4.8	5.3	5.3	5	7	8
Health Factors							
Health Behaviors							
% Smokers, adults <sup>(1)</sup>		19	18	18	17	16	15
% Obese, adults age 20 and older <sup>(1)</sup>			32	35	38	37	34
Food environment index, 0 (worst) to 10 (best)	8.1	8.2	7.8	8.1	8.2	7.1	7.7
% Physically inactive, adults age 20 and older (1)			28	21	24	23	23
% Access to exercise opportunities <sup>(1)</sup>				65	65	80	84
% Excessive drinking, adults <sup>(1)</sup>		21	19	20	19	20	18
% Driving deaths with alcohol-involvement	57	44	43	43	17	20	26
Sexually transmitted infection rate, per 100,000 population	119	188	137	176	146.8	506.1	495.5
Teen birth rate, per 1,000 females age 15-19 <sup>(1)</sup>					13	19	17
Clinical Care							
% Uninsured, population under age 65	8	8	8	8	8	11	10
Primary care physicians rate, per 100,000 population	99	98	98	128	127	78	75
Dentists rate, per 100,000 population	89	88	89	98	99	63	74
Mental health providers rate, per 100,000 population	10	10	20	20	20	237	314
Preventable hospital stays rate, per 100,000 Medicare enrollees	3976	4766	4271	2722	3332	2576	2681
% Mammography screening, Medicare females age 65-74	51	47	48	44	49	48	43
% Flu vaccinations, Medicare enrollees	34	38	33	31	29	47	46
Social & Economic Factors							
% High school completion, adults age 25 and older (2)		94	93	93	93	92	89
% With some college, adults age 25-44	79	78	79	81	78	71	68
% Unemployed, population age 16 and older	2.3	2.8	3	1.8	1.8	2.7	3.7
% Children in poverty	11	11	9	10	10	14	16
Income inequality ratio, 80th to 20th percentile	4.2	4.1	4.5	4.5	4.7	4.4	4.9
% Children in single-parent households	18	10	12	12	15	21	25
Membership associations rate, per 10,000 population	12.8	12.8	12.7	12.8	12.7	13.2	9.1
Injury death rate, per 100,000 population <sup>(1)</sup>					87	82	80
Physical Environment							
Average daily density of fine particulate matter <sup>(3)</sup>	9.2	7.3	8.5	7.8	7.8	6.7	7.4
Drinking water violations?	No	Yes	No	No	Yes		
% Households with severe housing problems	8	8	9	8	8	12	17
% Driving alone to work	78	78	82	85	83	78	72
% Long commute - driving alone	16	15	14	12	11	22	36

**Empty cells:** Shaded cells indicate measures were omitted due to methodology change<sup>(1)</sup>, new additions<sup>(2)</sup>, or are unavailable due to low reliability.

<sup>(3)</sup>Source data have not been updated since the 2023 County Health Rankings Release.

# Nemaha County

The annual *County Health Rankings & Roadmaps* data release provides a snapshot of the health of each county in two summaries: **Health Factors** (which measure issues that can shape the health outcomes) and **Health Outcomes** (which measure length and quality of life). Each county is placed on a continuum from least healthy to healthiest in the nation and categorized into a group of counties with similar Health Outcomes or Health Factors. The following tables illustrate the "**drivers**" for health of this county.

#### What do these drivers mean?

The drivers indicate the measures with the greatest impact on the health of the county. Drivers labeled with a green plus sign are measures on which the county performed particularly well compared to all counties nationwide. Those labeled with a red minus sign are measures which could be improved and may warrant additional attention.

Health Factors: Drivers with the greatest impact on health, Nemaha County, KS - 2024

	Measure	Description	Factor Category	County Value	U.S. Value	Direction of Impact
1	Unemployment	Percentage of population ages 16 and older unemployed but seeking work.	Social and Economic Environment	1.8%	3.7%	+
2	Children in Poverty	Percentage of people under age 18 in poverty.	Social and Economic Environment	10%	16%	+
3	Some College	Percentage of adults ages 25-44 with some post-secondary education.	Social and Economic Environment	78%	68%	+
4	Adult Smoking	Percentage of adults who are current smokers (age-adjusted).	Health Behaviors	17%	15%	+
5	Primary Care Physicians	Ratio of population to primary care physicians.	Clinical Care	127	75	+

Health Outcomes: Drivers with the greatest impact on health, Nemaha County, KS - 2024

	Measure	Description	Factor Category	County Value	U.S. Value	Direction of Impact
1	Premature Death	Years of potential life lost before age 75 per 100,000 population (age-adjusted).	Length of Life	5022	7972	+
2	Low Birthweight	Percentage of live births with low birthweight (< 2,500 grams).	Quality of Life	5%	8%	+
3	Poor Physical Health Days	Average number of physically unhealthy days reported in past 30 days (age-adjusted).	Quality of Life	3.1	3.3	+
4	Poor Mental Health Days	Average number of mentally unhealthy days reported in past 30 days (ageadjusted).	Quality of Life	4.5	4.8	+
5	Poor or Fair Health	Percentage of adults reporting fair or poor health (age-adjusted).	Quality of Life	13%	14%	+

**N/A:** Not applicable due to insufficient data.

- + Green Plus: Measure with a positive impact on a county's health grouping.
- Red Minus: Measure with a negative impact on a county's health grouping.

Technical Note: The U.S. values are provided as a point of reference. However, the drivers and direction of impact are determined by using the county value and the average across counties in the U.S. and then applying measure weights. Drivers are provided in order of impact on health for this year. Values have been rounded according to how they are presented on the County Health Rankings and Roadmaps website. For more information on the derivation of health groups, please visit: <a href="https://doi.org/bit.ly/2024CHRzScores">bit.ly/2024CHRzScores</a>. For more information on data sources, year(s) of data and weights for measures, please visit <a href="https://doi.org/bit.ly/2024CHRmeasures">bit.ly/2024CHRmeasures</a>.



CONTINUE THE JOURNEY

Explore resources and strategies to move with data to action.



SCAN FOR MORE INFORMATION





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**VVV Consultants LLC** is an Olathe, KS-based "boutique" healthcare consulting firm specializing in Strategy; Research, and Business Development services. We partner with clients. Plan the Work; Work the Plan

	CHNA Health Areas of Need	Т	"Specific Actions" to Address Community Health Need	Identified "Lead"	Identified Partners	Timeframe	(Hours)	\$\$\$
1	Childcare (Affordable & Accessible)	а	Research and document current area childcare capacity with the idea of growth in mind. Report area vital community childcare capacity statistics. Recruit childcare providers to fulfill community needs; and assist local facilities.	Nemaha Co & PSA Cities	North Ridge Family Dev Ctr, HeadStart, Childcare Aware, Stepping Stones & PSA Employers			
	This health need is a community Social determinant, thus not part Hospital's Mission or Critical operations. Will partner with others as appropriate.	b	Collaborate with local schools, Wellness Center, churches, etc. to provide childcare services for community. Include before and afterschool programming. Visit local daycare facilities to understand delivery.					
		С	Conduct Childcare Support education i.e., teen babysitting classes, community options, etc. Continue to provide support for licensure i.e., CPR classes. Utilize advertising and media outlets to keep the community aware of childcare available.					\$1
		d	Provide training opportunities (work shop) for local firms to possibly consider offering onsite childcare services.					
		е	Continue to lobby KS State lawmakers to ease child care regulations to encourage more supply options.					\$1
2	Mental Health (Diagnosis, Placement, Aftercare, Access to Providers)	а	Continue to educate ER staff regarding mental health delivery issues. Specifically share available resources, offer education courses to keep staff current in terms of treating mental health.	NVCH & SCH	Kanza Mental Health & Guidance, Horizons, Brighter Dawn, Nemaha County Health Services			
		b	Recruit Mental Health provider(s) to meet specific MH capacity needs as identified. Explore potential space for additional MH services within local hospitals.					\$
		С	Continue to encourage primary care physicians to complete depression screenings at annual physicals. Continue to implement behavioral health services into primary care clinic deliver. (PQRS measure).					
		d	Collaborate with community elementary, middle, and high schools to educate students on mental health to begin designating mental health conditions. Continue Bullying prevention training. Continue onsite therapist services.					
		е	Continue/Launch hospital telehealth / develop relationships with key MH community partners for collective impact. Potentially expand tele psych delivery options.					
		f	Research / Investigate grants and grant writing to fund mental health. Use grant funding to support mental health care and mental health prevention.					
		g	Secure community resources to increase awareness for mental health services in the community. Support mental health awareness through local media resources. Investigate programming to reduce / eliminate MH stigma.					
		h	Promote and support new 988 24-hour crisis hotline. Promote toll free number on hospital websites.					
3	Housing (Affordable & Accessible)	а	Investigate grant writing to fund public / safe housing. If available, designate community lead to work to attain the necessary grant.	Nemaha Co & PSA Cities	State of KS, Federal Gov, Rural Development Assoc. of NE Kansas			

	CHNA Health Areas of Need	Т	"Specific Actions" to Address Community Health Need	Identified "Lead"	Identified Partners	Timeframe	(Hours)	\$\$\$
	This health need is a community Social determinant, thus not part Hospital's Mission or Critical operations. Will partner with others as appropriate.	b	Create a County Housing Development Plan that would address affordable and safe housing for community residents. Improve County housing code process. Recruit Builders to start housing development with TIF / county shared funding based on research.					
		С	Explore / launch "Habitat for Humanity" program. Teach technical skills (weekend workshops) to rehab houses for resell. Promote program.					\$1
		d	Offer housing coalition properties to enhance housing options in PSA. Explore safe rental inspection set-ups. Re-instate code officer.					
4	Substance Abuse (Drugs & Alcohol)	а	Continue to expand & develop meaningful community youth activities. Continue to explore prevalent issues leading to adolescent drug abuse. Expand Drug Education Programming at local Schools focusing on alcohol/tobacco/drug education (i.e. SADD). Apply for grants to help assist with growing these resources.	KANZA, PSA Law Enforcement	Nemaha Co, PSA Schools / Cities / Liquor Stores / Sabetha Ministerial Alliance / NVCH / SCH			\$1
	This health need is a community Social determinant, thus not part Hospital's Mission or Critical operations. Will partner with others as appropriate.	b	Continue to support community substance abuse counseling. Establish / maintain a resource list for addiction treatment. (Adult & Youth). Communicate Recovery support system partners. Create or refer programs to help addicts and their families.					
		С	Continue/Launch to offer Prescriptions Takeback Service at local police departments.					
		d	Continue with hospital Pain Clinic services; offering alternative treatment options. Encourage the use of alternative therapies to reduce prescriptions of opioids. If needed, maintain up to date provider education/training.					
		е	Explore starting a local advertisement / social media campaign to combat drinking and drug abuse (emphasize ramifications). Understand prevalent community issues leading to excessing during & drug abuse.					\$1
		f	Continue to monitor prescription drug abuse (Utilizing KTRACS). Create an alert system between physicians and pharmacies for drug abuse.					
		g	Explore options for recruiting additional substance abuse professionals to deliver care in PSA.					
		h	Continue to educate ED staff regarding substance abuse delivery. Continue to train law enforcement in crisis intervention. Continue to enforce drug education training through Narcan training for every officer.					
		i	Continue/Launch Recovery support system partners (local AA program). Create programs to help addicts and their families. Continue to provide counseling and support for drug abusers and their families. Promote patient treatment to emphasize health care instead of being labeled addicts.					

	CHNA Health Areas of Need	Т	"Specific Actions" to Address Community Health Need	Identified "Lead"	Identified Partners	Timeframe	(Hours)	\$\$\$
5	Chronic Disease Management (Cancer, Diabetes, In-Home Care)		Actively participate in the Medicare Chronic Disease Program. Invest in resources (manpower, capital, and Information systems) necessary to support the program.	NVCH & SCH	Amer Cancer Soc, PSA Visiting Specialists, Nemaha Co Home Health and Hospice, ONAGA, Metalark, Department of Aging, Area Agency on Aging			\$1
		b	Continue to develop processes to support primary care and other providers in efforts to refer patients to nutritionists and diabetic educators. Launch and promote support groups for diabetes, cancer, and cardiac rehab.					
		С	Investigate the further usage of telemedicine to help with chronic disease management.					
		d	Investigate/seek grant writing options to fund Chronic Disease Management / preventive health.					
		е	Provide health screenings and awareness activities. Utilize health portals to notify patients about appropriate screenings and reminders of upcoming screenings due based on age and/or history. Collaborate with PC providers to keep them engaged with their patients on the screening upkeeps.					\$1
		f	Increase education on importance of preventive health care visits to catch early cancer. Collaborate with women's health services to ensure the female population is receiving yearly mammograms. Continue to encourage routine cancer screening.					\$1
6	Obesity (Access to Healthy Foods / Exercise)	а	Maintain countywide activities inventory (hours/programs) of fitness centers etc. Continue to promote "free" fitness activities within the community - Zumba, water aerobics, family swim, local 5k's etc. Continue to promote/sponsor a community-wide "fitness challenge" i.e. Weight loss.	NVCH / SCH	Nemaha Dept. of Hith, K-State Extension, PSA Nutr Ctr / Schools / Hith Wellness Ctr / Rec Dept. / Parents as Teachers & Food Stores / Sabetha Hith & Wellness Ctr, Main Street Fitness in Seneca			
		С	Promote current free (low-cost) community fitness offerings (Walking trails, indoor and outdoor facilities). Continue cost-assistance programs to increase accessibility for community members.					
		d	Continue to promote/provide "free and/or low cost" school sports physicals / wellness examinations.					\$1
		е	Host Lunch & Learn educational series focusing on cooking demos, food labels, grocery store tours, restaurants healthy meals / portions options, health fairs, classes, speakers etc.					\$1
		f	Request for local youth groups to complete/ host county-wide wellness project (such as FFA,4-H).					\$1
		g	Collaborate with health plans, local cities and other groups focused on offering fitness & healthy eating opportunities. (Extension Office). Sponsor a program to teach people how to shop on a budget and eat healthy.					\$1
		h	Continue "Meals on Wheels" program to support healthy lifestyles for elderly, disabled, or confined to their homes.					

	CHNA Health Areas of Need	Т	"Specific Actions" to Address Community Health Need	Identified "Lead"	Identified Partners	Timeframe	(Hours)	\$\$\$
		i	Support Backpack school program. Continue to have access to healthy foods in schools. Ask PSA School Districts to present what they have done so far with improving the school lunches.					
		j	Create a formal Hospital Marketing Plan to promote existing healthcare services, facilities and specialists. Con't Community Health Education Activities, use both traditional & social media tools and develop website virtual tours.					\$1
		k	Support or explore grant writing services for fitness / nutrition services in Nemaha County.					
		I	Continue hospital(s) nutrition services. Encourage the utilization of dietician in primary care and specialty care settings.					\$1
7	Uninsured / Underinsured	а	Continue to educate public on payment options at the hospital. (Hope Fund / Patient Financial Asst.)	Dept. of Aging, KHA	NVCH, SCH, Nemaha Co, State of Kansas			
	This health need is a community Social determinant, thus not part Hospital's Mission or Critical operations. Will partner with others as appropriate.	b	Continue to partner with KHA to advocate for Medicaid Expansion. Serve on lobby state committees. Encourage all providers to accept Medicaid.					
		С	Expand marketplace enrollment assistance education. Assist residents in enrolling in Medicaid and ACA insurance plans. Explore the option of utilizing Library computers as a resource to get individuals enrolled.					\$1
		d	Provide education to public and community in regards to how to properly navigate your health insurance.					\$1
8	Youth Health Education (Addition)	а	Emphasize health education with focus on chronic health, smoking/tobacco/vaping, increased seat belt usage, exercise, nutrition, and sex education.	Nemaha Dept. of Hlth	NVCH & SCH, PSA Schools Nutr Ctr / 4H / Hlth & Wellness Ctr, K-State Extension and Highland College.			
		b	Continue to conduct or be involved with local 'health fairs' to educate local youth on the healthcare services offered. Partner with fitness and wellness centers.					\$1
		С	Host learning sessions to educate community on Health & Wellness practices / Social Service Programs. Collaborate with schools, churches, and DOH to offer health education opportunities, programs and/or health fairs.					\$1
		d	Continue expansion for Parks & Rec for youth physical activity programs.					
		е	Partner with DOH, schools, and EMS for local CPR education/certification for adults and infants along with babysitting courses/classes.					\$1
	Overall Total Contributions							\$19